

At The Plate Withken Griffey Jr Athlete Biographies

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Ken Griffey, Jr.: The Home Run Kid - Larry Stone 2012-01-12

An easy to read children's book chronicling the exciting career of Ken Griffey, JR.

Mind Gym : An Athlete's Guide to Inner Excellence - Gary Mack 2002-06-03

Drawing on his work with some of the top teams in professional sports, noted sport psychology consultant Gary Mack shares with you the same techniques and exercises he uses to help elite athletes build mental "muscle." These 40 accessible lessons and inspirational anecdotes will help you gain the "head edge" over the competition.

The Elementary School Library Collection - 1998

The Book - 2007

Baseball "by The Book."

Mind Gym - Gary Mack 2002-06-24

Praise for Mind Gym "Believing in yourself is paramount to success for any athlete. Gary's lessons and David's writing provide examples of the importance of the mental game." --Ben Crenshaw, two-time Masters champion and former Ryder Cup captain "Mind Gym hits a home run. If you want to build mental muscle for the major leagues, read this book." -- Ken Griffey Jr., Major League Baseball MVP "I read Mind Gym on my way

to the Sydney Olympics and really got a lot out of it. Gary has important lessons to teach, and you'll find the exercises fun and beneficial." --Jason Kidd, NBA All-Star and Olympic gold-medal winner In Mind Gym, noted sports psychology consultant Gary Mack explains how your mind influences your performance on the field or on the court as much as your physical skill does, if not more so. Through forty accessible lessons and inspirational anecdotes from prominent athletes--many of whom he has worked with--you will learn the same techniques and exercises Mack uses to help elite athletes build mental "muscle." Mind Gym will give you the "head edge" over the competition.

Albert Pujols - Matt Christopher 2009-12-19

Anyone who has ever had the privilege of watching Albert Pujols of the St. Louis Cardinals knows the sound of a hit. It's the sound his bat makes when it connects with the ball. It's a sound that's been heard countless times since his 2001 rookie season. That year, he took the league by storm by posting some of the most fantastic offensive stats of any rookie ever-and he's been doing the same ever since, shattering records and helping his team win games, including the 2006 World Series, with clutch hits and amazing home runs. This biography offers an up-close look at this superstar's life and the most memorable moments of his outstanding career to date.

Baseball - Edward J. Rielly 2005-01-01

Baseball: An Encyclopedia of Popular Culture looks at American society through the prism of its favorite pastime, discussing not only the game itself but a variety of topics with significance beyond the diamond. Its 269 entries, which vary in length from two hundred to twenty-five hundred words, explore the game's intersection with race, gender, art, drug abuse, entertainment, business, gambling, movies, and the shift from rural to urban society. ø Filled with larger-than-life characters, baseball legends, sports facts and firsts, important milestones, and observations about daily life and popular culture, this encyclopedia is not only an excellent reference source but also an enjoyable book to browse.

ESPN Sports Almanac 1999 - Gerry Brown 1998-11-05

ESPN has taken the original Information Please Sports Almanac, known for its thorough stats, compelling facts, and commentary, and added ESPN's unique voice, point of view, and contributions of network personalities. Taking on the witty "quick-hits" tone ESPN is famous for, the new ESPN almanac includes "Inside the Numbers" statistics, expanded quotes, rule changes, ESPN coverage of the top 40 stories and personalities of the year--with continued annual coverage of college, pro, international and Olympic Sports, bizarre sports occurrences, Hall of Fame awards, Who's Who, parks and arenas, business and media, plus much, much more.

Encyclopedia of African-American Culture and History - Jack Salzman 2001

Presents coverage of the history of African American culture.

Opening Day - Jonathan Knight 2004

Opening Day is sportswriter Jonathan Knight's inning-by-inning look at the opening game at Jacobs Field on April 4, 1994. New home to the Cleveland Indians, The Jake was for fans symbolic of the team's turnaround. For the regional community this new ballpark marked the beginning of Cleveland's long awaited renaissance. and David, purchased the underfinanced and mismanaged franchise. And despite a devastating 1991 season, when the Tribe lost a record 105 games and finished in last place, 34 games behind the division-leading Toronto Blue jays, the team

and its fans persevered. The Jacobs' legacy culminated in the opening of Jacobs Field, variously described as a Jewel and Cleveland's field of dreams, in the spring of 1994. The Indians made more postseason appearances in the first five years at Jacobs Field than in the previous ninety-three seasons of franchise history. days of the past, creating this story that shows how the fortunes of the team and the city converged. On that day in early April, the Indians and the City of Cleveland together experienced a true opening day-one in which the past was forgotten and future was clear and bright.

Junior - Ken Griffey (Jr.) 1997

The popular baseball player for the Seattle Mariners shares his thoughts on family, baseball, and celebrity

Hairs Vs. Squares - Ed Gruver 2016-05-01

Hairs vs. Squares is an ode to an unforgettable season that began with the first major players' strike in the history of North American sports and ended with a record-setting World Series played by two of the game's greatest and most colorful dynasties. In a sign of the times it was Hippies vs. Hardhats, a clash of cultures with the hirsute, mod Mustache Gang colliding with the clean-cut, conservative Big Red Machine on the game's grandest stage. When the Oakland A's met the Cincinnati Reds in the 1972 Fall Classic, more than a championship was at stake. The more than two dozen interviews bring to life a time when controversy was commonplace, both inside and outside the national pastime. In baseball, Willie Mays was traded, Hank Aaron was chasing down Babe Ruth's home run record, and Dick Allen was helping to save the Chicago White Sox franchise while winning the American League's Most Valuable Player award. Outside the American pastime the war in Vietnam was raging, campus protests spread throughout the country, and Watergate and the Munich Olympics headlined the tumultuous year. The 1972 Major League Baseball season was marked by the rapid rise of rookies and young stars, the fall of established teams and veterans, courageous comebacks, and personal redemptions. Along with the many unforgettable and outrageous characters inside baseball, Hairs vs. Squares emphasizes the dramatic changes that took place on and off the field in the 1970s.

Owners' lockouts, on-field fights, maverick managers, controversial trades, artificial fields, the first full five-game League Championship Series, and the closest, most competitive World Series ever, combined to make the 1972 season as complex as the social and political unrest that marked the era.

The 1990 Elias Baseball Analyst - Seymour Siwoff 1990

Since its first edition in 1985, The Analyst has quickly become accepted as the authoritative source of the baseball world. Quoted widely by sportscasters everywhere and referred to constantly by baseball writers, The Elias Baseball Analyst is the best in the business.

At the Plate With... Ken Griffey Jr - Matt Christopher 1997-04-01

Discusses the professional and personal life of the baseball star who plays with the Seattle Mariners.

Baseball Biographies for Kids - Dean Burrell 2020-01-28

Grand slam! Inspiring baseball biographies for young fans It's the bottom of the ninth, bases are loaded, and your team is down by three--who do you want coming up to bat? Baseball Biographies for Kids answers this question and more! Bursting with statistics and impressive feats from the greatest players of the last 60 years, this lineup of inspirational baseball biographies shows you what it takes to be a real MVP. Discover the ultimate dream team as you explore the best pros for each position. You'll also get quick looks into some truly legendary baseball players and lots of fun facts! Baseball Biographies for Kids includes: Modern stars, real stories--From Cal Ripken Jr. to David Ortiz, you'll discover the players who truly defined the game. Tons of stats--Each biography includes critical info, including games played, ERA, hits, and more. Draft your own all-star team--Fill out the included starting lineup sheet with your picks for each position. These baseball biographies really knock it out of the park for big fans and aspiring players!

1995 Cleveland Indians - Joseph Wancho 2019-01-05

After almost 40 years of sub-500 baseball, the Sleeping Giant woke in 1995, the first season in the Indians spent in their new home of Jacob's Field. The Indians ruled Cleveland from 1994 through 2001, winning two pennants and making five playoff appearances. In 1995, the Cleveland

Browns had left town and were putting down roots in Baltimore. The Cleveland Cavaliers, while competitive, were usually ousted in the first round of the NBA playoffs. The Indians were the best ticket in town, and 455 consecutive sellouts--from June 12, 1995 through April 2, 2001--are a testament to their popularity. While the Indians made it to the brink of baseball nirvana in both 1997 and 2016, losing in Game Seven of both those World Series, it is the 1995 team that fans remember the most fondly. Perhaps this is because they were the first to break through since 1954 and make the postseason. Maybe it's because of the different characters and personalities who made up that team, which included Jim Thome, Bill Ripken, Manny Ramirez, Dave Winfield, Orel Hershisier, and Sandy Alomar Jr.. They had an All-Star seemingly at every position. As you leaf through the pages of this book, presented here by 40 SABR authors and editors, you will be transported back in time to 1995. The biographies of all the players, coaches, and broadcasters will evoke that glorious era once again for Tribe fans. The volume is also sprinkled with personal perspectives, as well as game stories from key matchups during the 1995 season, information about Jacob's Field, and other writing of interest on the historic season. Contents Introduction, Joseph Wancho The Fans of the 1995 Cleveland Indians, John McMurray Players Sandy Alomar Jr., Joseph Wancho Ruben Amaro, Rory Costello Paul Assenmacher, Nick Waddell Carlos Baerga, Joseph Wancho David Bell, Philip A. Cola Albert Belle, Tom Wancho Bud Black, Nick Waddell Jeromy Burnitz, Kelly Boyer Sagert Mark Clark, Bob LeMoine Dennis Cook, Alan Cohen Alan Embree, Bill Nowlin Alvaro Espinoza, Gregg Omoth John Farrell, Bill Nowlin Brian Giles, Mark Hodermarsky Jason Grimsley, Chip Greene Orel Hershisier, Joseph Wancho Ken Hill, Gregory H. Wolf Wayne Kirby, Ed Gruver Jesse Levis, Chip Greene Kenny Lofton, Richard Bogovich Albie Lopez, Harry Schoger Dennis Martinez, Rory Costello Jose Mesa, Joseph Wancho Eddie Murray, Alan Cohen Charles Nagy, Steve West Chad Ogea, David Skelton Gregg Olson, Wynn Montgomery Tony Pena, Blake Sherry Herbert Perry, Jay Hurd Eric Plunk, Ted Leavengood Jim Poole, Chip Greene Manny Ramirez, Bill Nowlin Billy Ripken, Jimmy Keenan Joe Roa, Clayton Trutor Paul Shuey, Charles

Faber Paul Sorrento, Alan Cohen Julian Tavaréz, Paul Hofmann Jim Thome, Joseph Wancho Eddie Tucker, Richard Cuicchi Omar Vizquel, Augusto Cardenas Dave Winfield, Doug Skipper The Coaching Staff Mike Hargrove, Gregory H. Wolf Buddy Bell, Joseph Wancho Luis Isaac, Richard Bogovich Charlie Manuel, Andy Sturgill Dave Nelson, Rick Schabowski Jeff Newman, Gary Livacari Mark Wiley, Joel Rippel Broadcasters Jack Corrigan, Joseph Wancho Tom Hamilton, Kelly Boyer Sagert Mike Hegan, Joseph Wancho Rick Manning, Kelly Boyer Sagert Herb Score, Joseph Wancho Front Office Dick Jacobs, Clayton Trutor John Hart, Rick Balazs Dan O'Dowd, Christopher Williamson Ballpark Jacobs Field, Stephanie Liscio Games May 7, 1995 Richard Cuicchi June 4, 1995 Joseph Wancho June 5, 1995 Gregory H. Wolf June 30, 1995 Joseph Wancho July 21, 1995 Richard Cuicchi September 8, 1995 Joseph Wancho September 13, 1995 Gregory H. Wolf

Adventuring with Books: A Booklist for Pre-K - National Council of Teachers of English, Urbana, IL. 2000

Books that expand children's horizons and stimulate their imaginations are the focus of this 12th edition, an annotated bibliography of selected children's books published between 1996 and 1998. The 20 chapters in the book contain traditional and nontraditional categories of literature: Stories of the Universe: From Questions and Observations to Discoveries and Inventions; Our Changing World; Exploring Our Past; Families; Struggle and Survival; School Life; Literacy; Picture Books; Mathematics; Poetry; Fine Arts; Sports, Games, and Hobbies; The Craft of Language: Passages, Profiles, and Puzzles; Fantasy Literature: Making the Impossible Possible; African and African American Voices and Experiences; Asian, Asian American, and Hawaii Pacific Voices and Experiences; Hispanic/Latino, Hispanic American, and Latino American Voices and Experiences; Native American Voices and Experiences; Gender Issues: Spunky, Clever, Caring, and Endearing Girls and Boys in Children's Literature; and Supporting Critical Conversations in Classrooms. New to this edition are extensive reviews of selected books, giving additional information on children's comments and reactions, ways the books have been used in the classroom, and other ideas about

sharing the books with children. Introductions to each chapter (by the teachers, librarians, university faculty, school-age and university students, and parents who collaborated in choosing the books) share their processes, the issues they dealt with, and the decisions they made about the books in their section. Books are indexed by author, illustrator, subject, and title. (RS)

The Elementary School Library Collection, Phases 1-2-3 - 2000

American Book Publishing Record - 1997

Paterno - Joe Posnanski 2013-08-06

A biography of the legendary college football coach, written with the cooperation of the subject and his family, traces his distinguished career over sixty-two football seasons and his enduring legacy.

The Great Book of Seattle Sports Lists - Mike Gastineau 2010-10

With loyal fans supporting their major sports teams in the Seahawks (NFL), Mariners (MLB) - plus a rabid fan base for University of Washington jocks - Seattle is a great place for a sports debate. Local sports-radio talker Mike Gastineau teams up with longtime sportswriters Steve Rudman and Art Thiel to bring Seattle sports history to life with this provocative and enjoyable - not to mention debatable - book of lists. They also enlist list contributions by famous players, coaches, and Seattle celebrities including Mike Holmgren, Matt Hasselbeck, Ichiro Suzuki, George Karl, Pearl Jam, Kevin Calabro, Sir Mix-a-Lot, and more.

Aaron Judge: the Inspiring Story of One of Baseball's Rising All-Stars - Clayton Geoffreys 2020-02-23

Learn the Inspiring Story of the New York Yankees' Star, Aaron Judge! Read on your PC, Mac, smartphone, tablet or Kindle device! One of many riveting reads in the Baseball Biography Books series by Clayton Geoffreys. In Aaron Judge: The Inspiring Story of One of Baseball's Rising All-Stars, you will learn the story of one of baseball's new stars. Since entering Major League Baseball in 2016, Judge has quickly emerged as one of the best hitters to watch for years to come. So far in his young career, Judge has already won the American League's Rookie

of the Year award in 2017 and a Silver Slugger Award. Both of these are not easy feats. Pick up this unauthorized biography today to learn the inspiring story behind baseball star, Aaron Judge! This is the perfect baseball chapter book for sports fans of all ages. Here is a preview of what is inside this Aaron Judge biography book: Childhood and Early Life High School Career College Career Professional Career Getting Drafted, Minor League Years, Yankees Debut and Injury Second Season and the Third Fastest to 100 Home Runs Judge's Personal Life Judge's Impact on Football Legacy and Future An excerpt from this Aaron Judge biography: Some of the most beloved stories in sports are usually the ones that recount the journeys of those who did not look like they could make it in the big leagues at first but eventually rose to become some of the best athletes in their respective professions and roles. After all, everyone loves a story wherein someone was considered an underdog but continued to work his way up to become one of the best. Underdogs are much more relatable to the general public because many people know what it feels like to be looked at like someone who does not have the talent and the physical capabilities to become one of the greats in their respective fields. We cheered for the underdog athletes who became some of the best at their craft even though the odds were against them. Jeremy Lin, a Harvard graduate, suddenly became a global sensation in the NBA even though Ivy League players are not known to excel in professional sports. Tom Brady, who was drafted in the sixth round of the NFL, is arguably the greatest quarterback in the history of the sport. You might even consider global football celebrity Odell Beckham Jr. as an underdog since nobody back in 2014 considered him to be the best athlete at his position during the NFL draft, but he quickly rose to prominence to achieve a level of stardom no one had thought possible. In recent years in the MLB, there seems to be one particular underdog story that has captured all of us because of how unlikely it was for him to become one of the best baseball players in all of America today. And this story really is not difficult to miss because of how literally large the man is. This is the story of Aaron Judge, an underdog in terms of his journey, but certainly not someone you would consider an underdog if you just

looked at his size. Standing 6'7" and well over 280 pounds, Aaron Judge is considered to be the largest player at the outfielder position in terms of body mass in the history of MLB. He has the size that would allow him to hold his own against professional wrestlers, is bigger than LeBron James, and has the powerful body strength that would enable him to stand his ground against offensive linemen in the NFL. But just because he is huge, it does not mean that Aaron Judge was always figuratively one of the biggest players in MLB. Hope you liked this excerpt! If you did, be sure to pick up a copy of this Aaron Judge bio today.

On the Court with ... Kobe Bryant - Matt Christopher 2001-10-01
Kobe Bryant may be one of the youngest basketball players in the NBA, but no one would dare call him inexperienced. The son of Joe "Jellybean" Bryant, a former NBA player and star of various European teams, Kobe spent his childhood watching professional basketball. From the moment he could pick up a ball, he was learning to dribble and shoot. His basketball education was unique - a combination of lessons on basic fundamentals, one-on-one games against his dad, and keen observation and analysis of the world's best players. Kobe learned his lessons well, and at age eighteen was given the chance to prove it when he was drafted into the NBA. Fresh out of high school, Kobe showed that he had the talent and the heart to make it in the pros. This exciting biography traces Bryant's life from childhood to his part in the Lakers' 2000 NBA championship. For more information on the Matt Christopher Sports Bio Bookshelf, please turn to the last pages of this book.

Randy Johnson - Matt Christopher 2009-12-19
Even before Tiger Woods stunned the world with his amazing victory at Augusta, he was impressing the golfing community with his perfect swing and pleasing crowds with his mile-wide smile and enthusiasm for the game. Readers will relish learning the details of this superstar's life and career.

Books Out Loud - 2007

Forthcoming Books - Rose Army 2001

100 Most Popular Children's Authors - Sharron L. McElmeel 1999

A guide based on a 1997 survey of popular children's book authors provides biographical sketches and selected bibliographies for such writers as Beverly Cleary, Lois Lawry, Lewis Carroll, Mary Downing Hahn, and C.S. Lewis.

Contemporary Authors New Revision Series - Scot Peacock 2002-05

Ken Griffey Sr. and Ken Griffey Jr. - J. Elizabeth Mills 2010-01-15

Traces the lives and athletic careers of the first father and son to play Major League Baseball for the same team at the same time.

Sandy Koufax - Jane Leavy 2009-10-13

"Leavy has hit it out of the park...A lot more than a biography. It's a consideration of how we create our heroes, and how this hero's self perception distinguishes him from nearly every other great athlete in living memory... a remarkably rich portrait." — Time The New York Times bestseller about the baseball legend and famously reclusive Dodgers' pitcher Sandy Koufax, from award-winning former Washington Post sportswriter Jane Leavy. Sandy Koufax reveals, for the first time, what drove the three-time Cy Young award winner to the pinnacle of baseball and then—just as quickly—into self-imposed exile.

The Dickson Baseball Dictionary (Third Edition) - Paul Dickson 2011-06-13

The definitive work on the language of baseball—one of the "Five Best Baseball Books" (Wall Street Journal). Hailed as "a staggering piece of scholarship" (Wall Street Journal) and "an indispensable guide to the language of baseball" (San Diego Union-Tribune), The Dickson Baseball Dictionary has become an invaluable resource for those who love the game. Drawing on dozens of nineteenth- and early twentieth-century periodicals, as well as contemporary sources, Dickson's brilliant, illuminating definitions trace the earliest appearances of terms both well known and obscure. This edition includes more than 10,000 terms with 18,000 individual entries, and more than 250 photos. This "impressively comprehensive" (The Nation) book will delight everyone from the youngest fan to the hard-core aficionado.

Keeping Score - Linda Sue Park 2010-03-08

Both Maggie Fortini and her brother, Joey-Mick, were named for baseball great Joe DiMaggio. Unlike Joey-Mick, Maggie doesn't play baseball—but at almost ten years old, she is a dyed-in-the-wool fan of the Brooklyn Dodgers. Maggie can recite all the players' statistics and understands the subtleties of the game. Unfortunately, Jim Maine is a Giants fan, but it's Jim who teaches Maggie the fine art of scoring a baseball game. Not only can she revisit every play of every inning, but by keeping score she feels she's more than just a fan: she's helping her team. Jim is drafted into the army and sent to Korea, and although Maggie writes to him often, his silence is just one of a string of disappointments—being a Brooklyn Dodgers fan in the early 1950s meant season after season of near misses and year after year of dashed hopes. But Maggie goes on trying to help the Dodgers, and when she finds out that Jim needs help, too, she's determined to provide it. Against a background of major league baseball and the Korean War on the home front, Maggie looks for, and finds, a way to make a difference. Even those readers who think they don't care about baseball will be drawn into the world of the true and ardent fan. Linda Sue Park's captivating story will, of course, delight those who are already keeping score.

Children's Book Review Index - Gary C. Tarbert 2004

Out of the Ballpark - Alex Rodriguez 2010-12-07

Before he hit 400 home runs... Before he was named American League MVP... Before he was AROD to millions of fans... He was Alex. Just a kid who wanted to play baseball more than anything else in the world. Baseball superstar Alex Rodriguez has drawn on his own childhood experiences to create this exciting picture book. It's the story of a boy named Alex who knows what it's like to swing at a wild pitch or have a ball bounce right between his legs. Alex is determined not to let his mistakes set him back—even if it means getting up at the crack of dawn to work on his hitting and fielding before school each day! Full of the spirit of determination and joy in the game that put AROD in a league of his own, *Out of the Ballpark* is a gift from a great sports hero to every

young player who dreams of becoming a star.

Tales from the Seattle Mariners Dugout - Kirby Arnold 2019-05-07

Larry Andersen, Richie Zisk, and Joe Simpson made sure that everywhere bewildered manager Rene Lachemann went during the 1982 season, some Jell-O was sure to follow—from his hotel bathroom sink, tub, and toilet (filled to the brim) to a postgame can of beer. Jay Buhner, one of the stars in the Seattle Mariners' 1995 "Refuse to Lose" season, maintained the team's proud, prank-filled history well into the '90s with his "blurping"—vomiting on command. It's a good thing Mariners players had senses of humor, because for many years the play on the field wasn't going to keep their spirits high, as the team lost a combined 202 games over their first two seasons. Twelve consecutive losing campaigns later, they finally posted a winning record in 1991. Four years later, they won their first division title and then their first playoff series. This reissue of *Tales from the Seattle Mariners Dugout*, now newly revised, chronicles Seattle's rise from a hopeless and hapless franchise in the 1970s and '80s to a proud team in the 1990s that went on to capture three division championships and earn four playoff appearances. It's a must-read walk down memory lane for every fan of the team. Skyhorse Publishing, as well as our Sports Publishing imprint, are proud to publish a broad range of books for readers interested in sports—books about baseball, pro football, college football, pro and college basketball, hockey, or soccer, we have a book about your sport or your team. Whether you are a New York Yankees fan or hail from Red Sox nation; whether you are a die-hard Green Bay Packers or Dallas Cowboys fan; whether you root for the Kentucky Wildcats, Louisville Cardinals, UCLA Bruins, or Kansas Jayhawks; whether you route for the Boston Bruins, Toronto Maple Leafs, Montreal Canadiens, or Los Angeles Kings; we have a book for you. While not every title we publish becomes a New York Times bestseller or a national bestseller, we are committed to publishing books on subjects that are sometimes overlooked by other publishers and to authors whose work might not otherwise find a home.

Elementary School Library Collection - Linda L. Homa 1998

At the Plate with...Ichiro - Matt Christopher 2009-12-19

After playing the sport he loved in his home country of Japan for 17 years, Ichiro left in 2000 and joined the Seattle Mariners. Would Ichiro succeed in the world's most challenging baseball league? Includes black-and-white photos and players' statistics.

El-Hi Textbooks & Serials in Print, 2005 - 2005

What the Great Ate - Matthew Jacob 2010-07-13

What was eating them? And vice versa. In *What the Great Ate*, Matthew and Mark Jacob have cooked up a bountiful sampling of the peculiar culinary likes, dislikes, habits, and attitudes of famous—and often notorious—figures throughout history. Here is food • As code: Benito Mussolini used the phrase "we're making spaghetti" to inform his wife if he'd be (illegally) dueling later that day. • As superstition: Baseball star Wade Boggs credited his on-field success to eating chicken before nearly every game. • In service to country: President Thomas Jefferson, America's original foodie, introduced eggplant to the United States and wrote down the nation's first recipe for ice cream. From Emperor Nero to Bette Davis, Babe Ruth to Barack Obama, the bite-size tidbits in *What the Great Ate* will whet your appetite for tantalizing trivia.

Coaching Football For Dummies - The National Alliance of Youth Sports 2011-03-03

Few experiences are more rewarding than coaching a youth football team. Your journey through the season will be packed with moments that make you smile and that you and your players will remember for the rest of your lives. But what if you've never coached before? No worries! *Coaching Football For Dummies* is the fun and easy way to tackle the basics of coaching youth football. This friendly guide shows you how to teach your players effectively, regardless of their age or skill level, and lead your team to victory—even if you're a first-time coach. You'll discover how to: Develop a coaching philosophy Teach football fundamentals Encourage good sportsmanship Improve your team's skills Ensure safety on the field Communicate effectively with parents Packed with valuable information on preparing your game plan before you even

step on the field, this hands-on resource gives you expert guidance in building your coaching skills, from evaluating your players and running enjoyable, productive practices to working with all types of kids—uncoordinated, shy, highly talented—at once. You'll find a variety of fun-filled drills for teaching everything from tackling and blocking to running and catching, as well as advanced drills to take your players' skills up a notch. You'll also see how to: Conduct a preseason parents' meeting—an often overlooked aspect of coaching Gather the necessary

gear and fit the equipment to your players Raise the level of play on offense, defense, and special teams Take steps to avoid injuries Deal with discipline issues and problem parents Make critical half-time adjustments Transition to coaching an All-Star Team Complete with tips for working with parents, keeping your players healthy, and leading your team effectively on game days, Coaching Football For Dummies is all you need—besides a whistle and a clipboard—to navigate your players through a safe, fun, rewarding season!