

For Your Own Good Hidden Cruelty In Child Rearing And The Roots Of Violence

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The Institute - Stephen King 2019-09-10

From #1 New York Times bestselling author Stephen King whose "storytelling transcends genre" (Newsday) comes "another winner: creepy and touching and horrifyingly believable" (The Boston Globe) about a group of kids confronting evil. In the middle of the night, in a house on a quiet street in suburban Minneapolis, intruders silently murder Luke Ellis's parents and load him into a black SUV. The operation takes less than two minutes. Luke will wake up at The Institute, in a room that looks just like his own, except there's no window. And outside his door are other doors, behind which are other kids with special talents—telekinesis and telepathy—who got to this place the same way Luke did: Kalisha, Nick, George, Iris, and ten-year-old Avery Dixon. They are all in Front Half. Others, Luke learns, graduated to Back Half, "like the roach motel," Kalisha says. "You check in, but you don't check out." In this most sinister of institutions, the director, Mrs. Sigsby, and her staff are ruthlessly dedicated to extracting from these children the force of their extranormal gifts. There are no scruples here. If you go along, you get tokens for the vending machines. If you don't, punishment is brutal. As each new victim disappears to Back Half, Luke becomes more and more desperate to get out and get help. But no one has ever escaped from the Institute. As psychically terrifying as Firestarter, and with the spectacular kid power of It, The Institute is "first-rate entertainment that has something important to say. We all need to listen" (The Washington Post).

Banished Knowledge - Alice Miller 2012-03-21

In direct opposition to the Freudian drive theory, the author of the best-selling *The Drama Of The Gifted Child* believes that children, at birth, are inherently good, and she traces all forms of criminal deeds to past mistreatments.

In the Dream House - Carmen Maria Machado 2019-11-05

A revolutionary memoir about domestic abuse by the award-winning author of *Her Body and Other Parties* In the Dream House is Carmen Maria Machado's engrossing and wildly innovative account of a relationship gone bad, and a bold dissection of the mechanisms and cultural representations of psychological abuse. Tracing the full arc of a harrowing relationship with a charismatic but volatile woman, Machado struggles to make sense of how what happened to her shaped the person she was becoming. And it's that struggle that gives the book its original structure: each chapter is driven by its own narrative trope—the haunted house, erotica, the bildungsroman—through which Machado holds the events up to the light and examines them from different angles. She looks back at her religious adolescence, unpacks the stereotype of lesbian relationships as safe and utopian, and widens the view with essayistic explorations of the history and reality of abuse in queer relationships. Machado's dire narrative is leavened with her characteristic wit, playfulness, and openness to inquiry. She casts a critical eye over legal proceedings, fairy tales, Star Trek, and Disney villains, as well as iconic works of film and fiction. The result is a wrenching, riveting book that explodes our ideas about what a memoir can do and be.

Dirty Work - Eyal Press 2021-08-17

A groundbreaking, urgent report from the front lines of "dirty work"—the work that society considers essential but morally compromised. Drone pilots who carry out targeted assassinations. Undocumented

immigrants who man the "kill floors" of industrial slaughterhouses. Guards who patrol the wards of the United States' most violent and abusive prisons. In *Dirty Work*, Eyal Press offers a paradigm-shifting view of the moral landscape of contemporary America through the stories of people who perform society's most ethically troubling jobs. As Press shows, we are increasingly shielded and distanced from an array of morally questionable activities that other, less privileged people perform in our name. The COVID-19 pandemic has drawn unprecedented attention to essential workers, and to the health and safety risks to which workers in prisons and slaughterhouses are exposed. But *Dirty Work* examines a less familiar set of occupational hazards: psychological and emotional hardships such as stigma, shame, PTSD, and moral injury. These burdens fall disproportionately on low-income workers, undocumented immigrants, women, and people of color. Illuminating the moving, sometimes harrowing stories of the people doing society's dirty work, and incisively examining the structures of power and complicity that shape their lives, Press reveals fundamental truths about the moral dimensions of work and the hidden costs of inequality in America.

Breaking Down the Wall of Silence - Alice Miller 1991

After her work on the causes and effects on child abuse, in books such as *Banished Knowledge*, Dr Miller now aims to work towards demolishing the wall of silence which surrounds the sufferings of early childhood as they affect everyday life, politics, the media, psychiatry and psychotherapy.

The Body Never Lies: The Lingering Effects of Cruel Parenting - Alice Miller 2006-08-17

An examination of childhood trauma and its surreptitious, debilitating effects by one of the world's leading psychoanalysts. Never before has world-renowned psychoanalyst Alice Miller examined so persuasively the long-range consequences of childhood abuse on the body. Using the experiences of her patients along with the biographical stories of literary giants such as Virginia Woolf, Franz Kafka, and Marcel Proust, Miller shows how a child's humiliation, impotence, and bottled rage will manifest itself as adult illness—be it cancer, stroke, or other debilitating diseases. Never one to shy away from controversy, Miller urges society as a whole to jettison its belief in the Fourth Commandment and not to extend forgiveness to parents whose tyrannical childrearing methods have resulted in unhappy, and often ruined, adult lives. In this empowering work, writes Rutgers professor Philip Greven, "readers will learn how to confront the overt and covert traumas of their own childhoods with the enlightened guidance of Alice Miller."

Moby Dick (Complete Unabridged Edition) - Herman Melville 2017-10-16

"Moby-Dick" is considered to be one of the Great American Novels and a treasure of world literature, one of the great epics in all of literature. The story tells the adventures of wandering sailor Ishmael, and his voyage on the whaleship Pequod, commanded by Captain Ahab. Ishmael soon learns that Ahab has one purpose on this voyage: to seek out Moby Dick, a ferocious, enigmatic white sperm whale. In a previous encounter, the whale destroyed Ahab's boat and bit off his leg, which now drives Ahab to take revenge... Herman Melville (1819-1891) was an American novelist, short story writer, and poet of the American Renaissance period. His best known works include *Typee* (1846), a romantic account of his experiences in Polynesian life, and his whaling novel *Moby-Dick* (1851).

Soul Murder Revisited - Leonard Shengold 2000-09-10

Annotation A decade after the publication of his highly acclaimed book *Soul Murder*, Dr. Leonard Shengold reflects anew on the circumstances and the consequences of willful abuse and neglect of children. With compelling examples from literature and from clinical cases, Dr. Shengold describes techniques of adaptation and denial by victims, the psychopathology of soul murder, and therapy techniques for restoring the capacity to love.

Lord of the Flies - William Golding 2003-12-16

Golding's iconic 1954 novel, now with a new foreword by Lois Lowry, remains one of the greatest books ever written for young adults and an unforgettable classic for readers of any age. This edition includes a new *Suggestions for Further Reading* by Jennifer Buehler. At the dawn of the next world war, a plane crashes on an uncharted island, stranding a group of schoolboys. At first, with no adult supervision, their freedom is something to celebrate. This far from civilization they can do anything they want. Anything. But as order collapses, as strange howls echo in the night, as terror begins its reign, the hope of adventure seems as far removed from reality as the hope of being rescued.

The History of Childhood - Llyod deMause 1995-06

A survey of childhood that reveals startling views of life in Europe and America during the past 2000 years. This book documents the lives of former children who were abused. It places child abuse today into the context of what was routinely inflicted upon

The Book Thief - Markus Zusak 2007-12-18

#1 NEW YORK TIMES BESTSELLER • ONE OF TIME MAGAZINE'S 100 BEST YA BOOKS OF ALL TIME

The extraordinary, beloved novel about the ability of books to feed the soul even in the darkest of times. When Death has a story to tell, you listen. It is 1939. Nazi Germany. The country is holding its breath. Death has never been busier, and will become busier still. Liesel Meminger is a foster girl living outside of Munich, who scratches out a meager existence for herself by stealing when she encounters something she can't resist—books. With the help of her accordion-playing foster father, she learns to read and shares her stolen books with her neighbors during bombing raids as well as with the Jewish man hidden in her basement. In superbly crafted writing that burns with intensity, award-winning author Markus Zusak, author of *I Am the Messenger*, has given us one of the most enduring stories of our time. "The kind of book that can be life-changing." —The New York Times "Deserves a place on the same shelf with *The Diary of a Young Girl* by Anne Frank." —USA Today DON'T MISS BRIDGE OF CLAY, MARKUS ZUSAK'S FIRST NOVEL SINCE THE BOOK THIEF.

The Cruelty Is the Point - Adam Serwer 2021-06-29

NEW YORK TIMES BESTSELLER • From an award-winning journalist at The Atlantic, these searing essays make a powerful case that "real hope lies not in a sunny nostalgia for American greatness but in seeing this history plain—in all of its brutality, unadorned by euphemism" (The New York Times). NAMED ONE OF THE BEST BOOKS OF THE YEAR BY NPR • "No writer better demonstrates how American dreams are so often sabotaged by American history. Adam Serwer is essential." —Ta-Nehisi Coates To many, our most shocking political crises appear unprecedented—un-American, even. But they are not, writes The Atlantic's Adam Serwer in this prescient essay collection, which dissects the most devastating moments in recent memory to reveal deeply entrenched dynamics, patterns as old as the country itself. The January 6 insurrection, anti-immigrant sentiment, and American authoritarianism all have historic roots that explain their continued power with or without President Donald Trump—a fact borne out by what has happened since his departure from the White House. Serwer argues that Trump is not the cause, he is a symptom. Serwer's phrase "the cruelty is the point" became among the most-used descriptions of Trump's era, but as this book demonstrates, it resonates across centuries. The essays here combine revelatory reporting, searing analysis, and a clarity that's bracing. In this new, expanded version of his bestselling debut, Serwer elegantly dissects white supremacy's profound influence on our political system, looking at the persistence of the Lost Cause, the past and present of police unions, the mythology of migration, and the many faces of anti-Semitism. In so doing, he offers abundant proof that our past is present and demonstrates the devastating costs of continuing to pretend it's not. *The Cruelty Is the Point* dares us, the reader, to not look away.

Parenting for a Peaceful World - Robin Grille 2014-04-14

Parenting for a Peaceful World is a fascinating look at how child-rearing customs have shaped societies and major world events. It reveals how children adapt to and are influenced by different parenting styles and how safeguarding their emotional development is the key to creating a more peaceful, harmonious and sustainable world. Practical advice for raising a well-adjusted child includes tips on supporting your child's developing emotional intelligence, understanding how your childhood has influenced your own emotional make-up, and helping you achieve your full parenting potential. Drawing on leading edge brain research, child-development studies, psycho-history, and personal and clinical experience, this completely revised and updated edition of *Parenting for a Peaceful World* is a must-read for parents, child health professionals, teachers, and for adults seeking to heal and grow.

The Glass Castle - Jeannette Walls 2007-01-02

A triumphant tale of a young woman and her difficult childhood, *The Glass Castle* is a remarkable memoir of resilience, redemption, and a revelatory look into a family at once deeply dysfunctional and wonderfully vibrant. Jeannette Walls was the second of four children raised by anti-institutional parents in a household of extremes.

Rules of Civility - Amor Towles 2011-07-26

From the #1 New York Times bestselling author of *The Lincoln Highway* and *A Gentleman in Moscow*, a "sharply stylish" (Boston Globe) book about a young woman in post-Depression era New York who suddenly finds herself thrust into high society—now with over one million readers worldwide On the last night of 1937, twenty-five-year-old Katey Kontent is in a second-rate Greenwich Village jazz bar when Tinker Grey, a handsome banker, happens to sit down at the neighboring table. This chance encounter and its startling consequences propel Katey on a year-long journey into the upper echelons of New York society—where she will have little to rely upon other than a bracing wit and her own brand of cool nerve. With its sparkling depiction of New York's social strata, its intricate imagery and themes, and its immensely appealing characters, *Rules of Civility* won the hearts of readers and critics alike.

Paths of Life - Alice Miller 2009

Announcing an updated tenth anniversary edition of *Paths of Life* from the world-renowned psychoanalyst Alice Miller.

The Book of Hidden Wonders - Polly Crosby 2020-09-01

A charming, deeply imaginative debut novel about a young girl who is immortalized in her father's illustrated books containing clues to their family secrets. Romilly Kemp and her eccentric painter father have happy but sheltered lives in a ramshackle mansion in the English countryside. When her father finds fame with a series of children's books starring Romilly as the main character, everything changes: exotic foods appear on the table, her father appears on TV and strangers appear at their door, convinced the books will lead them to a precious prize. But as time passes, Romilly's father becomes increasingly suspicious of the outside world until, before her eyes, he begins to disappear within himself. She returns to his illustrations, looking for a way to connect with her ailing father, and finds a series of clues he's left just for her. This treasure hunt doesn't lead her to gold or jewels, but something worth far more—a shocking secret that is crucial to understanding her family. Written with tremendous heart and charisma, *The Book of Hidden Wonders* is an unforgettable story about growing up, facing mortality and discovering the hidden wonders that make us who we are.

Washington Black - Esi Edugyan 2018-09-18

ONE OF THE NEW YORK TIMES BOOK REVIEW'S TEN BEST BOOKS OF THE YEAR • MAN BOOKER PRIZE FINALIST • "A gripping historical narrative exploring both the bounds of slavery and what it means to be truly free." —Vanity Fair Eleven-year-old George Washington Black—or Wash—a field slave on a Barbados sugar plantation, is initially terrified when he is chosen as the manservant of his master's brother. To his surprise, however, the eccentric Christopher Wilde turns out to be a naturalist, explorer, inventor, and abolitionist. Soon Wash is initiated into a world where a flying machine can carry a man across the sky, where even a boy born in chains may embrace a life of dignity and meaning, and where two people, separated by an impossible divide, can begin to see each other as human. But when a man is killed and a bounty is placed on Wash's head, they must abandon everything and flee together. Over the course of their

travels, what brings Wash and Christopher together will tear them apart, propelling Wash ever farther across the globe in search of his true self. Spanning the Caribbean to the frozen Far North, London to Morocco, Washington Black is a story of self-invention and betrayal, of love and redemption, and of a world destroyed and made whole again.

Confessions of a Sociopath - M.E. Thomas 2013-05-14

The memoir of a high-functioning, law-abiding (well, mostly) sociopath and a roadmap—right from the source—for dealing with the sociopath in your life. As M.E. Thomas says of her fellow sociopaths, “We are your neighbors, your coworkers, and quite possibly the people closest to you: lovers, family, friends. Our risk-seeking behavior and general fearlessness are thrilling, our glibness and charm alluring. Our often quick wit and outside-the-box thinking make us appear intelligent—even brilliant. We climb the corporate ladder faster than the rest, and appear to have limitless self-confidence. Who are we? We are highly successful, noncriminal sociopaths and we comprise 4 percent of the American population.” Confessions of a Sociopath—part confessional memoir, part primer for the curious—takes readers on a journey into the mind of a sociopath, revealing what makes them tick while debunking myths about sociopathy and offering a road map for dealing with the sociopaths in your life. M. E. Thomas draws from her own experiences as a diagnosed sociopath; her popular blog, Sociopathworld; and scientific literature to unveil for the very first time these men and women who are “hiding in plain sight.”

The Secret Chord - Geraldine Brooks 2015

Based on the story of King David, traces his journey from an obscure shepherd to a hero and king before his fall.

The 48 Laws of Power - Robert Greene 2000-09-01

Amoral, cunning, ruthless, and instructive, this multi-million-copy New York Times bestseller is the definitive manual for anyone interested in gaining, observing, or defending against ultimate control - from the author of *The Laws of Human Nature*. In the book that *People* magazine proclaimed “beguiling” and “fascinating,” Robert Greene and Joost Elffers have distilled three thousand years of the history of power into 48 essential laws by drawing from the philosophies of Machiavelli, Sun Tzu, and Carl Von Clausewitz and also from the lives of figures ranging from Henry Kissinger to P.T. Barnum. Some laws teach the need for prudence (“Law 1: Never Outshine the Master”), others teach the value of confidence (“Law 28: Enter Action with Boldness”), and many recommend absolute self-preservation (“Law 15: Crush Your Enemy Totally”). Every law, though, has one thing in common: an interest in total domination. In a bold and arresting two-color package, *The 48 Laws of Power* is ideal whether your aim is conquest, self-defense, or simply to understand the rules of the game.

Our Kind of Cruelty - Araminta Hall 2019-05-07

“A searing, chilling sliver of perfection . . . May well turn out to be the year’s best thriller.” —Charles Finch, *The New York Times* Book Review “This is simply one of the nastiest and most disturbing thrillers I’ve read in years. I loved it, right down to the utterly chilling final line.” —Gillian Flynn A spellbinding, darkly twisted novel about desire and obsession, and the complicated lines between truth and perception, *Our Kind of Cruelty* introduces Araminta Hall, a chilling new voice in psychological suspense. This is a love story. Mike’s love story. Mike Hayes fought his way out of a brutal childhood and into a quiet, if lonely, life before he met Verity Metcalf. V taught him about love, and in return, Mike has dedicated his life to making her happy. He’s found the perfect home, the perfect job; he’s sculpted himself into the physical ideal V has always wanted. He knows they’ll be blissfully happy together. It doesn’t matter that she hasn’t been returning his e-mails or phone calls. It doesn’t matter that she says she’s marrying Angus. It’s all just part of the secret game they used to play. If Mike watches V closely, he’ll see the signs. If he keeps track of her every move, he’ll know just when to come to her rescue . . .

The Secret History of Wonder Woman - Jill Lepore 2015-07-07

Within the origin of one of the world’s most iconic superheroes hides a fascinating family story—and a crucial history of feminism in the twentieth-century. “Everything you might want in a page-turner . . . skeletons in the closet, a believe-it-or-not weirdness in its biographical details, and something else that secretly powers even the most “serious” feminist history—fun.” —Entertainment Weekly *The Secret History of Wonder Woman* is a tour de force of intellectual and cultural history. *Wonder Woman*, Jill Lepore argues,

is the missing link in the history of the struggle for women’s rights—a chain of events that begins with the women’s suffrage campaigns of the early 1900s and ends with the troubled place of feminism a century later. Lepore, a Harvard historian and *New Yorker* staff writer, has uncovered an astonishing trove of documents, including the never-before-seen private papers of *Wonder Woman*’s creator, William Moulton Marston. The Marston family story is a tale of drama, intrigue, and irony. In the 1920s, Marston and his wife brought into their home Olive Byrne, the niece of Margaret Sanger, one of the most influential feminists of the twentieth century. Even while celebrating conventional family life in a regular column that Marston and Byrne wrote for *Family Circle*, they themselves pursued lives of extraordinary nonconformity. Marston, internationally known as an expert on truth—he invented the lie detector test—lived a life of secrets, only to spill them on the pages of *Wonder Woman*. Includes a new afterword with fresh revelations based on never before seen letters and photographs from the Marston family’s papers, and 161 illustrations and 16 pages in full color.

Free from Lies: Discovering Your True Needs - Alice Miller 2010-06-07

"A clarion call from one of the great psychological minds of our time." Saybrook Graduate School and Research Center, San Francisco --

The Drama of the Gifted Child - Alice Miller 2008-12-15

The bestselling book on childhood trauma and the enduring effects of repressed anger and pain Why are many of the most successful people plagued by feelings of emptiness and alienation? This wise and profound book has provided millions of readers with an answer--and has helped them to apply it to their own lives. Far too many of us had to learn as children to hide our own feelings, needs, and memories skillfully in order to meet our parents' expectations and win their "love." Alice Miller writes, "When I used the word 'gifted' in the title, I had in mind neither children who receive high grades in school nor children talented in a special way. I simply meant all of us who have survived an abusive childhood thanks to an ability to adapt even to unspeakable cruelty by becoming numb.... Without this 'gift' offered us by nature, we would not have survived." But merely surviving is not enough. *The Drama of the Gifted Child* helps us to reclaim our life by discovering our own crucial needs and our own truth.

On Earth We're Briefly Gorgeous - Ocean Vuong 2021-06-01

An instant New York Times Bestseller! Longlisted for the 2019 National Book Award for Fiction, the Carnegie Medal in Fiction, the 2019 Aspen Words Literacy Prize, and the PEN/Hemingway Debut Novel Award Shortlisted for the 2019 Center for Fiction First Novel Prize Winner of the 2019 New England Book Award for Fiction! Named one of the most anticipated books of 2019 by *Vulture*, *Entertainment Weekly*, *Buzzfeed*, *Los Angeles Times*, *Boston Globe*, *Oprah.com*, *Huffington Post*, *The A.V. Club*, *Nylon*, *The Week*, *The Rumpus*, *The Millions*, *The Guardian*, *Publishers Weekly*, and more. “A lyrical work of self-discovery that’s shockingly intimate and insistently universal...Not so much briefly gorgeous as permanently stunning.” —Ron Charles, *The Washington Post* *Poet* Ocean Vuong’s debut novel is a shattering portrait of a family, a first love, and the redemptive power of storytelling *On Earth We’re Briefly Gorgeous* is a letter from a son to a mother who cannot read. Written when the speaker, Little Dog, is in his late twenties, the letter unearths a family’s history that began before he was born — a history whose epicenter is rooted in Vietnam — and serves as a doorway into parts of his life his mother has never known, all of it leading to an unforgettable revelation. At once a witness to the fraught yet undeniable love between a single mother and her son, it is also a brutally honest exploration of race, class, and masculinity. Asking questions central to our American moment, immersed as we are in addiction, violence, and trauma, but undergirded by compassion and tenderness, *On Earth We’re Briefly Gorgeous* is as much about the power of telling one’s own story as it is about the obliterating silence of not being heard. With stunning urgency and grace, Ocean Vuong writes of people caught between disparate worlds, and asks how we heal and rescue one another without forsaking who we are. The question of how to survive, and how to make of it a kind of joy, powers the most important debut novel of many years. Named a Best Book of the Year by: *GQ*, *Kirkus Reviews*, *Booklist*, *Library Journal*, *TIME*, *Esquire*, *The Washington Post*, *Apple*, *Good Housekeeping*, *The New Yorker*, *The New York Public Library*, *Elle.com*, *The Guardian*, *The A.V. Club*, *NPR*, *Lithub*, *Entertainment Weekly*, *Vogue.com*, *The San Francisco Chronicle*, *Mother Jones*, *Vanity Fair*, *The Wall Street Journal Magazine* and more!

The Untouched Key - Alice Miller 2012-05-09

As in her former books, Alice Miller again focusses on facts. She is as determined as ever to cut through the veil that, for thousands of years now, has been so meticulously woven to shroud the truth. And when she lifts that veil and brushes it aside, the results are astonishing, as is amply demonstrated by her analyses of the works of Nietzsche, Picasso, Kollwitz, Keaton and others. With the key shunned by so many for so long - childhood - she opens rusty looks and offers her readers a wealth of unexpected perspectives. What did Picasso express in "Guernica"? Why did Buster Keaton never smile? Why did Nietzsche heap so much opprobrium on women and religion, and lose his mind for eleven years? Why did Hitler and Stalin become tyrannical mass murderers? Alice Miller investigates these and other questions thoroughly in this book. She draws from her discoveries the conclusion that human beings are not "innately" destructive, that they are made that way by ignorance, abuse, and neglect, particularly if no sympathetic witness comes to their aid. She also shows why some mistreated children do not become criminals but instead bear witness as artists to the truth about their childhoods, even though in purely intuitive and unconscious ways.

Making Sense of Suffering - J. Konrad Stettbacher 1994-12

Stettbacher describes the revolutionary form of therapy known as primal therapy—a four-step program that teaches adults how to be the caring, conscious protector of the hurt inner child.

For Your Own Good - Alice Miller 2002-11-14

For Your Own Good, the contemporary classic exploring the serious if not gravely dangerous consequences parental cruelty can bring to bear on children everywhere, is one of the central works by Alice Miller, the celebrated Swiss psychoanalyst. With her typically lucid, strong, and poetic language, Miller investigates the personal stories and case histories of various self-destructive and/or violent individuals to expand on her theories about the long-term affects of abusive child-rearing. Her conclusions—on what sort of parenting can create a drug addict, or a murderer, or a Hitler—offer much insight, and make a good deal of sense, while also straying far from psychoanalytic dogma about human nature, which Miller vehemently rejects. This important study paints a shocking picture of the violent world—indeed, of the ever-more-violent world—that each generation helps to create when traditional upbringing, with its hidden cruelty, is perpetuated. The book also presents readers with useful solutions in this regard—namely, to resensitize the victimized child who has been trapped within the adult, and to unlock the emotional life that has been frozen in repression.

The True Drama of the Gifted Child - Martin Miller 2018-04-13

The „true" Drama of the Gifted Child is a biography of the famous childhood researcher Alice Miller. As her son and as an experienced psychotherapist I discovered the secret who Alice Miller really was. My mother always cared that nothing of her private life got public. She created a fictional character in her books and in mine she gets a real person, a man of flesh and blood. It's also my history because I describe, how it is when you are faced, as a child and in second generation, with the not coped post-war trauma of your parents. Alice Miller created a mother image in her books she never complied. My book shows what happens when you do not overcome your traumas and you pass them on the next generation. The book is also a concrete application of Alice Miller's theory. It shows how you can overcome the terrible legacy of your parents in a therapeutical way. I can release myself of the filial involvement with my parents by having elaborated my own biography.

Parable of the Sower - Octavia E. Butler 2012-07-24

A New York Times Notable Book: In 2025, with the world descending into madness and anarchy, one woman begins a fateful journey toward a better future. "A stunner." —Flea, musician and actor, The Wall Street Journal Lauren Olamina and her family live in one of the only safe neighborhoods remaining on the outskirts of Los Angeles. Behind the walls of their defended enclave, Lauren's father, a preacher, and a handful of other citizens try to salvage what remains of a culture that has been destroyed by drugs, disease, war, and chronic water shortages. While her father tries to lead people on the righteous path, Lauren struggles with hyperempathy, a condition that makes her extraordinarily sensitive to the pain of others. When fire destroys their compound, Lauren's family is killed and she is forced out into a world that is fraught with danger. With a handful of other refugees, Lauren must make her way north to safety, along the way conceiving a revolutionary idea that may mean salvation for all mankind. This ebook features an

illustrated biography of Octavia E. Butler including rare images from the author's estate.

The Truth Will Set You Free - Alice Miller 2007-03-21

More than twenty years ago, a little-known Swiss psychoanalyst wrote a book that changed the way many people viewed themselves and their world. In simple but powerful prose, the deeply moving Drama of the Gifted Child showed how parents unconsciously form and deform the emotional lives of their children. Alice Miller's stories about the roots of suffering in childhood resonated with readers, and her book soon became a backlist best seller. In The Truth Will Set You Free Miller returns to the intensely personal tone and themes of her best-loved work. Only by embracing the truth of our past histories can any of us hope to be free of pain in the present, she argues. Miller uses vivid true stories to reveal the perils of early-childhood mistreatment and the dangers of mindless obedience to parental will. Drawing on the latest research on brain development, she shows how spanking and humiliation produce dangerous levels of denial, which leads in turn to emotional blindness and to mental barriers that cut off awareness and the ability to learn new ways of acting. If this cycle repeats itself, the grown child will perpetrate the same abuse on later generations—a message vitally important, especially given the increasing popularity of programs like Tough Love and of "child disciplinarians" like James Dobson. The Truth Will Set You Free will provoke and inform all readers who want to know Alice Miller's latest thinking on this important subject.

I Know Who You Are - Alice Feeney 2019-04-23

From the New York Times and international bestselling author of Sometimes I Lie comes a brand new, highly anticipated, dark and twisted thriller: I Know Who You Are. Meet Aimee Sinclair: the actress everyone thinks they know but can't remember where from. Except one person. Someone knows Aimee very well. They know who she is and they know what she did. When Aimee comes home and discovers her husband is missing, she doesn't seem to know what to do or how to act. The police think she's hiding something and they're right, she is—but perhaps not what they thought. Aimee has a secret she's never shared, and yet, she suspects that someone knows. As she struggles to keep her career and sanity intact, her past comes back to haunt her in ways more dangerous than she could have ever imagined. In I Know Who You Are, Alice Feeney proves that she is a master of brilliantly complicated plots and killer twists that will keep you guessing until the final page.

From Rage to Courage: Answers to Readers' Letters - Alice Miller 2009-10-12

Collects therapeutic answers to hundreds of reader letters, in a volume that explores the controversial connection between childhood trauma and physical illness, drug use, crime, and future cycles of abuse.

Thou Shalt Not Be Aware - Alice Miller 1998-10-15

Originally published in 1984, Thou Shalt Not Be Aware explodes Freud's notions of "infantile sexuality" and helps to bring to the world's attention the brutal reality of child abuse, changing forever our thoughts of "traditional" methods of child-rearing. Dr. Miller exposes the harsh truths behind children's "fantasies" by examining case histories, works of literature, dreams, and the lives of such people as Franz Kafka, Virginia Woolf, Gustave Flaubert, and Samuel Beckett. Now with a new preface by Lloyd de Mause and a new introduction by the author, Thou Shalt Not Be Aware continues to bring an essential understanding to the confrontation and treatment of the devastating effects of child abuse.

Punished: A mother's cruelty. A daughter's survival. A secret that couldn't be told. - Vanessa Steel 2009-02-02

'Punished' is the inspiring true story of an unusual little girl, Vanessa, whose childhood was devastated by torture and abuse at the hands of her sadistic mother. Vanessa was nearly destroyed until she discovered a secret that ultimately saved her life.

Mothers - Jacqueline Rose 2018-05-01

A simple argument guides this book: motherhood is the place in our culture where we lodge, or rather bury, the reality of our own conflicts. By making mothers the objects of both licensed idealization and cruelty, we blind ourselves to the world's iniquities and shut down the portals of the heart. Mothers are the ultimate scapegoat for our personal and political failings, for everything that is wrong with the world, which becomes their task (unrealizable, of course) to repair. Moving commandingly between pop cultural references such as Roald Dahl's Matilda to insights on motherhood in the ancient world and the contemporary stigmatization of single mothers, Jacqueline Rose delivers a groundbreaking report into

something so prevalent we hardly notice. Mothers is an incisive, rousing call to action from one of our most important contemporary thinkers.

Spare the Child - Philip J. Greven 1991

Religious roots of punishment and psychological impact of physical abuse.

The Body Never Lies - Alice Miller 2005

The renowned Swiss psychoanalyst and author of *The Drama of the Gifted Child* and *Prisoners of Childhood* investigates the long-term consequences of childhood abuse on the body, drawing on patient experiences as well as the biographical stories of famous figures to demonstrate how negative elements from a childhood can manifest into adult illness. 20,000 first printing.

[The Grace Year](#) - Kim Liggett 2019-10-08

The Instant New York Times Bestseller! A speculative thriller in the vein of *The Handmaid's Tale* and *The Power*. Optioned by Universal and Elizabeth Banks to be a major motion picture! "A visceral, darkly haunting fever dream of a novel and an absolute page-turner. Liggett's deeply suspenseful book brilliantly

explores the high cost of a misogynistic world that denies women power and does it with a heart-in-your-throat, action-driven story that's equal parts horror-laden fairy tale, survival story, romance, and resistance manifesto. I couldn't stop reading." - Libba Bray, New York Times bestselling author *Survive the Year*. No one speaks of the grace year. It's forbidden. In Garner County, girls are told they have the power to lure grown men from their beds, to drive women mad with jealousy. They believe their very skin emits a powerful aphrodisiac, the potent essence of youth, of a girl on the edge of womanhood. That's why they're banished for their sixteenth year, to release their magic into the wild so they can return purified and ready for marriage. But not all of them will make it home alive. Sixteen-year-old Tierney James dreams of a better life—a society that doesn't pit friend against friend or woman against woman, but as her own grace year draws near, she quickly realizes that it's not just the brutal elements they must fear. It's not even the poachers in the woods, men who are waiting for a chance to grab one of the girls in order to make a fortune on the black market. Their greatest threat may very well be each other. With sharp prose and gritty realism, *The Grace Year* examines the complex and sometimes twisted relationships between girls, the women they eventually become, and the difficult decisions they make in-between.