

# From Pea To Pumpkin A Baby Journal

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## **Le Petit Baby Book** - Marabout 2016-06-21

This sweet-as-can-be baby book offers dozens of creative ways to capture the milestones and special memories from pregnancy through baby's first year: an envelope for ultrasound scans, a spin-wheel to display baby's astrological sign, a gatefold family tree, space for photos, mini envelopes to stash written notes, illustrated pop-ups, a pull-out growth chart to display in baby's room, and more. Packaged in a compact album with a fabric spine and foil-stamped cover, with whimsical color illustrations and thoughtful prompts throughout, this book is the ultimate keepsake for new parents.

## 1 2 3 - Alison Jay 2009-09

A little girl awakens to scenes from fairy tales in which she can count familiar characters or objects from one to ten and back again.

## **Swipe Up: A Better Way to Do Love, Sex and Relationships** - Jason Roach 2019-10

Join author Jason Roach as he reflects on how he discovered a different way of looking at sex, relationships and love. He found the true intimacy he was craving in God's perfect design for sex and sexuality--and you can too. Discover a better story than the one our culture tells, a story where respect, generosity and care for others abound and relationships can flourish.

## **Anne Geddes Little Blessings** - Anne Geddes 2014-05-06

ANNE GEDDES LITTLE BLESSINGS is a beautiful new gift book featuring the world of award winning photographer and New York Times bestseller Anne Geddes. Each spread features a unique photograph flanked with a thoughtful quote or blessing that highlights the joy, beauty, and wonder that new babies bring to every parent. Through the lens of Anne Geddes, LITTLE BLESSINGS captures the unparalleled relationship between child and caregiver.

## **Naked City, USA** - Brian Blank 2018-08-21

What began in the 1930's as a quiet nudist camp in rural Indiana became an international phenomenon by the late 1970's. From 1968 thru 1986 Naked City was not only the worlds largest nudist camp according to the Guinness World Book of Records, it was also home of the world famous Miss Nude America pageant. Naked City was run by Dick Drost, a self-made millionaire who built his sex-media empire from the confines of his wheelchair. He was a savvy self-promoter & hustler whose skills rivaled those of P.T. Barnum, Larry Flynt, and the infamous Reverend Jim Jones. Yet despite his incredible fame & wealth he was almost assassinated, kicked out of the state of Indiana for a decade, and died penniless & alone. Much mythology has built up around Drost and Naked City over the years. He was featured in countless newspaper & magazine articles, and even a documentary film but up until now no one has told the whole story about this unique part of 1970's Americana. I have researched every article available, and interviewed numerous witnesses to write a detailed account of this lost piece of history. I also have a personal perspective to tell the story from, as my family attended Naked City during its heyday.

## From Pea to Pumpkin - Geralyn Broder Murray 2013-03-05

Showcasing a baby-to-be's growth with delightful watercolors of like-size fruits and veggies My little pea. My little sweet potato. My little pumpkin. Before a mom-to-be has even met her baby, she has an idea of the size and shape of the life growing within. This charming journal helps express that idea with gorgeous watercolor illustrations and helps preserve the memories with easy, breezy fill-in prompts. With the perfect touch of whimsy and personality, this keepsake journal helps capture those few months of pregnancy—moments full of promise—that are worth cherishing forever. The journal also includes a ribbon bookmark for easy place-keeping.

## Miss Maple's Seeds - Eliza Wheeler 2017-04-18

This stunning New York Times Bestseller introduces the kind, nature-loving Miss Maple, who celebrates the miracle in each seed—perfect for

fans of Miss Rumphius! What happens to seeds that don't sprout?

Fortunately, they have Miss Maple to look after them. Every year, she rescues orphan seeds, taking them to her cozy maple tree house. All winter long, she nurtures them and teaches them the ways of seeds and the paths by which they might find their new homes. And come spring, she sends them off to take root out in the wide world and to sprout into the wonderful plants she knows they'll become. Celebrate every season with Miss Maple, from Earth Day to graduations to harvest festivals.

Downloadable Activity Sheets available at:

[wheelerstudio.com/2013/04/03/miss-maples-seeds-activity-sheets/](http://wheelerstudio.com/2013/04/03/miss-maples-seeds-activity-sheets/)

"Completely enchanting . . . Filled with broad vistas, warm breezes, woodland creatures, and other whimsical imagery . . . With its positive message about the value of nurturing even the tiniest bit of the natural world, this book is simply wonderful."—School Library Journal

## **The Name Book** - Dorothy Astoria 2008-11-01

Baby-naming has become an art form with parents today, but where do parents go to find names and their meanings? The Name Book offers particular inspiration to those who want more than just a list of popular names. From Aaron to Zoe, this useful book includes the cultural origin, the literal meaning, and the spiritual significance of more than 10,000 names. An appropriate verse of Scripture accompanies each name, offering parents a special way to bless their children.

## Kindness Starts With Me Journal - Lisa Barrickman 2018-01-09

This motivating journal includes suggestions for spreading kindness, as well as inspirational quotes and verses. You can record your ideas for random acts of kindness, write about the results of your kind acts, or document all your hopes and prayers for the world to become a kinder, gentler, and happier place.

## My Pregnancy Journal - Alison MacKonochie 2018-10-02

Celebrate the ups and downs of your pregnancy with this interactive journal, which invites you to record in detail this most extraordinary period of your life. With annotated prompts for you to fill in for each week of your pregnancy, storage wallets and sealable envelopes for keeping precious momentos, and photo spaces for you to capture the changing shape of your body, this journal will be a life-long keepsake of all your special memories. Each chapter offers guidance on what to expect, notes on your baby's development during each trimester, and reminders on what you need to be planning, thinking about and preparing for. Whether you are a first-time mother or want to commemorate a new addition to the family, Alison Mackonochie (author of the award-winning Emma's Diary) ensures that you will be comfortable every step of the way.

## My Baby Album with Sophie la girafe®, Second Edition - Sophie la girafe 2018-11-06

Featuring the wildly popular teether toy from France—Sophie la girafe—a charming album for capturing memories from birth through baby's second birthday. With designated pages for parents to record all the milestones and details of baby's life (first bath, first smile, first words, first lock of hair . . .) and plenty of space for precious photographs, this is a baby album made to be personalized and sure to be cherished.

## **The Everything Organic Cooking for Baby & Toddler Book** - Angela Buck 2008-10-17

Parents want the best for their children, starting with what they eat. This book includes both information and recipes so readers can educate themselves about organics and prepare all-natural meals for their children. Readers will discover how to know if foods are really organic, prepare natural baby and toddler meals at home, grow their own organic produce, make delicious dishes like Apple and Carrot Mash and Potato-Crusted Vegetable Quiche, and more! This book gives readers all the tools and know-how they need to shop economically, find the best organic foods, and prepare the perfect meals for their little ones.

**The Very Best Baby Name Book in the Whole Wide World** - Bruce Lansky 1996

Gives 30,001 baby names complete with meanings, origins and nicknames.

**Welcome Little One** - Kristin Rattini 2018-02-06

"This stunning keepsake baby journal is filled with beautiful National Geographic photography and inspiring prose, perfect for parents to record their infant's first year from birth to birthday--and all the memories in between. Welcome Little One is the perfect way for parents to capture the special moments before, during, and after the birth of their new child. A wonderful gift for the new parents-to-be, this beautiful book includes removable stickers for each monthly milestone, ensuring that every moment of baby's first year is celebrated with love. Bursting with color illustrations, heartwarming poems and sayings, and plenty of opportunities to personalize each page with your own memories, this special book introduces the new baby to a world of beauty, promise, and hope--and is sure to be treasured for years to come."--Provided by publisher.

*From Pea to Pumpkin: A Baby Journal* - Geralyn Broder Murray 2015-04-01

My little pea. My little pumpkin. My little baby. Gather your baby's moments and milestones from the first year inside this beautiful garden-inspired baby book. Place photos, document quick thoughts with easy-breezy prompts, chart your baby's day, and create a keepsake of loving moments that will last forever. This gorgeously illustrated book is perfect for busy moms and their growing wonders.

*Hap-Pea All Year* - Keith Baker 2016-11

In rhyming text, a group of happy green peas celebrates the special holidays of each month, and the passing seasons.

**The First Forty Days** - Heng Ou 2016-04-26

The first 40 days after the birth of a child offer an essential and fleeting period of rest and recovery for the new mother. Based on author Heng Ou's own postpartum experience with *zuo yuezi*, a set period of "confinement," in which a woman remains at home focusing on healing and bonding with her baby, *The First Forty Days* revives the lost art of caring for the mother after birth. As modern mothers are pushed to prematurely "bounce back" after delivering their babies, and are often left alone to face the physical and emotional challenges of this new stage of their lives, the first forty days provide a lifeline—a source of connection, nourishment, and guidance. The book includes 60 simple recipes for healing soups; replenishing meals and snacks; and calming and lactation-boosting teas, all formulated to support the unique needs of the new mother. In addition to the recipes, this warm and encouraging guide offers advice on arranging a system of help during the postpartum period, navigating relationship challenges, and honoring the significance of pregnancy and birth. *The First Forty Days*, fully illustrated to feel both inspiring and soothing, is a practical guide and inspirational read for all new mothers and mothers-to-be—the perfect ally during the first weeks with a new baby.

*Around the Farm* - Mark Rader 2011-08

Put on your overalls and have a stroll Around The Farm in this amazing sound book! Your little one can press 30 different sound buttons while they read to bring the amazing art stylings of Eric Carle to life!

*Dear Sweet Pea* - Julie Murphy 2019-10-01

The first middle grade novel from Julie Murphy, #1 New York Times bestselling author of *Dumplin'* (now a popular Netflix film), is a funny, heartwarming story perfect for fans of Rebecca Stead, Ali Benjamin, and Holly Goldberg Sloan. Four starred reviews! Patricia "Sweet Pea" DiMarco wasn't sure what to expect when her parents announced they were getting a divorce. She never could have imagined that they would have the "brilliant" idea of living in nearly identical houses on the same street. In the one house between them lives their eccentric neighbor Miss Flora Mae, the famed local advice columnist behind "Miss Flora Mae I?" Dividing her time between two homes is not easy. And it doesn't help that at school, Sweet Pea is now sitting right next to her ex-best friend, Kiera, a daily reminder of the friendship that once was. Things might be unbearable if Sweet Pea didn't have Oscar—her new best friend—and her fifteen-pound cat, Cheese. Then one day Flora leaves for a trip and asks Sweet Pea to forward her the letters for the column. And Sweet Pea happens to recognize the handwriting on one of the envelopes. What she decides to do with that letter sets off a chain of events that will forever change the lives of Sweet Pea DiMarco, her family, and many of the readers of "Miss Flora Mae I?"

*Best Hindu Names* - Atina Amrahs 2018-12-18

It is a very difficult task for parents to keep children's name. They want

their child's name to be unique and extraordinary. For this, they start preparing even before the baby is born. They try to find new names from many sources. But now you do not have to wander around here. This book contains all the names that you are looking for. So what's the matter of late, find the simple, beautiful and best name for your child today.

*We Belong Together* - Joyce Wan 2016-06-28

Because some things are just better together. An ode to all the pairs that go together as perfectly as a parent and their child, this adorable board book is the perfect companion and follow-up title to *YOU ARE MY CUPCAKE*. With a bright palette, irresistible art by Joyce Wan, and spot gloss and embossing on every spread, this is a surprising and imaginative way to show the special bond between parent and child!

**100,000 + Baby Names** - Bruce Lansky 2015-09-01

The most helpful, complete, and yearly up-to-date name book What's new about names? The new edition of *100,000+ Baby Names* by Bruce Lansky features the most up-to-date lists of names, trends, advice, and fascinating facts about names, including: Hundreds of newly popular names and variations The latest list of top 100 names for boys and girls The latest naming trends: what's hot and what's not The most rapidly rising and falling top 1,000 names Updated lists of names to consider, including names of newly famous people and fictional characters The most popular gender-neutral names and their rates of use (more for boys, more for girls, or 50/50) New (and classic) celebrity baby names And our list of names from around the world keeps growing! Here you'll find more than 100,000 names--complete with origins, meanings, variations, and famous namesakes. You'll find names from major linguistic and ethnic groups of origin, including English (19,000 names), Latin (11,000 names), Greek (11,000 names), American (11,000 names), Hebrew (9,000 names), Hispanic (9,000 names), French (8,000 names), Irish (7,000 names), and German (6,000 names)--plus thousands of Scottish, Welsh, Italian, Russian, Japanese, Chinese, Scandinavian, Polish, Native American, Hawaiian, Korean, Thai, Vietnamese, Australian/Aboriginal, African, and Hindi names. The list features unique spellings of popular names that are catching on, plus newly popular names and variations not listed in other books and websites.

*First Nine Months of Life* - Geraldine Flanagan 1982-12-17

Offers a description of prenatal development explaining the technical aspects of conception and growth without losing the sense of wonder.

**Good and Cheap** - Leanne Brown 2015-07-14

A perfect and irresistible idea: A cookbook filled with delicious, healthful recipes created for everyone on a tight budget. While studying food policy as a master's candidate at NYU, Leanne Brown asked a simple yet critical question: How well can a person eat on the \$4 a day given by SNAP, the U.S. government's Supplemental Nutrition Assistance Program informally known as food stamps? The answer is surprisingly well: Broiled Tilapia with Lime, Spicy Pulled Pork, Green Chile and Cheddar Quesadillas, Vegetable Jambalaya, Beet and Chickpea Salad—even desserts like Coconut Chocolate Cookies and Peach Coffee Cake. In addition to creating nutritious recipes that maximize every ingredient and use economical cooking methods, Ms. Brown gives tips on shopping; on creating pantry basics; on mastering certain staples—pizza dough, flour tortillas—and saucy extras that make everything taste better, like spice oil and tzatziki; and how to make fundamentally smart, healthful food choices. The idea for *Good and Cheap* is already proving itself. The author launched a Kickstarter campaign to self-publish and fund the buy one/give one model. Hundreds of thousands of viewers watched her video and donated \$145,000, and national media are paying attention. Even high-profile chefs and food writers have taken note—like Mark Bittman, who retweeted the link to the campaign; Francis Lam, who called it "Terrific!"; and Michael Pollan, who cited it as a "cool kickstarter." In the same way that TOMS turned inexpensive, stylish shoes into a larger do-good movement, *Good and Cheap* is poised to become a cookbook that every food lover with a conscience will embrace.

*Bump to Birthday, Pregnancy & First Year Journal* - Helen Stephens 2012-03

*Bump to Birthday* - a beautifully designed, colour illustrated, combined pregnancy and first year baby journal - will inspire any parent-to-be to capture the unique story of the journey of pregnancy and baby's precious first year.

**Mother Hen** - J. Christene 2017-10-15

*Mother Hen* is a delightful story of a hen that lives on a farm. Each time she lays her eggs they are taken away and sold. She gets tired of losing her eggs and chicks and decided to find a way to protect her eggs. *Mother Hen* came up with a great plan to hide her eggs until they are hatched. Because she went about it in such a smart way, the farmer

decided to let her keep her chicks. She and her chicks laid many eggs that the farmer could sell. There is a moral to the story for children and adults.

**Eating for Autism** - Elizabeth Strickland 2009-04-28

A breakthrough guide to the nutrition-autism connection: the foods, meals, and supplements to feed your child to improve an autism spectrum condition

*The Pregnancy Journal* - A. Christine Harris 2016-08-16

An updated edition of the million-selling guide that accompanies you through the days, weeks, and months of your pregnancy. A modern classic translated into a dozen languages, *The Pregnancy Journal* provides daily entries that update you on your baby's development—as well as guiding you through the best health and nutrition decisions for both of you. With more than a million-and-half copies sold worldwide, this one-of-a-kind guide is the ultimate resource for today's expecting mother, now in its updated fourth edition.

*The Belly Book* - Amy Krouse Rosenthal 2006-03

A gorgeous 9-month journal for a mother-to-be.

*From Pea to Pumpkin: A Baby Journal* - Geralyn Broder Murray 2015-04-01

My little pea. My little pumpkin. My little baby. Gather your baby's moments and milestones from the first year inside this beautiful garden-inspired baby book. Place photos, document quick thoughts with easy-breezy prompts, chart your baby's day, and create a keepsake of loving moments that will last forever. This gorgeously illustrated book is perfect for busy moms and their growing wonders.

*The First-Time Parent's Childbirth Handbook* - Stephanie Mitchell 2021-05-18

Create the childbirth plan that's right for you Welcoming a new baby is an exciting and joyous time, but it's natural to be nervous about getting everything ready. *The First-Time Parent's Childbirth Handbook* empowers you with answers for all your burning questions about giving birth and the days before and after, with space to build a custom birth plan that matches your values and comfort level. Know your options-- Explore the pros and cons of giving birth at a birthing center, at home, or in a hospital, so you can make the decision that fits your needs. Be prepared--Find checklists and questions to help you choose your care providers and make sure everyone around you is ready to follow your chosen birth plan. Stay confident--Feel more in control as you learn what to expect during the stages of childbirth and which medical interventions might arise. Make your childbirth journey the one you imagine with *The First-Time Parent's Childbirth Handbook*.

*Elsa's Wholesome Life* - Ellie Bullen 2017-07-25

Ellie Bullen's hugely popular blog *Elsa's Wholesome Life* is a veritable explosion of colour, sunshine, coastal living and delicious plant-based recipes. Her first cookbook features more than 100 of her go-to dishes, from nutritious granolas and powerhouse smoothies to flavour-packed salads and soups, hearty curries and burgers, and drop-dead delicious sweets. A qualified dietitian and nutritionist, Ellie explains everything you need to know about adopting a plant-based diet, including how to: - get enough iron, vitamin B12 and calcium - achieve the right balance of carbs, proteins and good fats - shop smarter and get more organised in the kitchen - enjoy a lifestyle that is better for you and the environment Ellie's food is fresh, flavoursome, nutrient-dense and - above all - fun. If you ever needed a reason to eat less from a box and more from the earth, this is it! This is a specially formatted fixed-layout ebook that retains the look and feel of the print book.

*Why Did No One Tell Me This?* - Natalia Hailes 2020-04-07

Full of honest advice and inclusive options, *Why Did No One Tell Me This?* is the funny, personality-filled, illustrated guide to pregnancy, birth, and beyond that modern parents have been waiting for. Pregnancy and childbirth are full of big questions -- what if my baby is enormous? Will my water break naturally? What even goes into a 'birth plan'? How on earth am I going to keep this child alive once it's here? And where do I turn for advice that will really work for me and my life? In *Why Did No One Tell Me This?* doulas and reproductive health experts Natalia Hailes and Ash Spivak answer these questions and more for today's wellness-focused, intersectional parents-to-be. Drawing on years of experience in their birth doula practice *Brilliant Bodies*, Natalia and Ash guide readers through the entire process, from the earliest stages of pregnancy to the jungle of postpartum feelings and responsibilities. Bite-sized pieces of advice are interspersed with vibrant illustrations by artist Louise Reimer to break down the doubts and fears that often surround childbirth, empowering readers to explore their own individual needs, know their rights, and find their voice both during and after pregnancy. By

addressing common fears, incorporating regular tips for partners, and providing information on a wide array of birth and parents styles, this unique and inclusive guide is the perfect tool for a new generation of parents.

**I Love You Rituals** - Becky A. Bailey 2009-10-13

*I Love You Rituals* offers more than seventy delightful rhymes and games that send the message of unconditional love and enhance children's social, emotional, and school success. Winner of a 1999 Parent's Guide Children's Media Award, these positive nursery rhymes, interactive finger plays, soothing games, and physically active can be played with children from infancy through age eight. In only minutes a day, these powerful rituals: Prime a child's brain for learning Help children cope with change Enhance attention, cooperation, and self-esteem Help busy families stay close Affirm the parent-child bond that insulates children from violence, peer pressure, and drugs, and much more. Easy to learn and especially effective in stressful situations, *I Love You Rituals* gives parents, grandparents, caregivers, and teachers inspiring tools to help children thrive.

*The Inappropriate Baby Book* - Jennifer Stinson 2002-09-02

A real book for real parents, this title offers a unique and hysterical way to commemorate those decidedly "non"-Kodak moments that compose the better part of the newborn experience.

*Peanuts Baby Book* - Charles M. Schulz 2018-01-09

A timeless keepsake for Baby and parents, the *Peanuts Baby Book* is the perfect way to record all of life's big firsts -- from pregnancy through the child's fifth birthday -- with the help of Charles M. Schulz's beloved *Peanuts* characters. More than just a journal for Mom and Dad, the padded cover, bright design, and friendly art of the *Peanuts Baby Book* guarantee that it will appeal equally to Baby, making it a true memento for generations. Incorporating the cheerful art and classic look of the *Peanuts* gang, this book offers simple guided prompts for busy parents, alongside pages to fill with important dates and events, treasured photographs, and even Baby's hand and foot prints. With the help of beloved characters, from Charlie Brown and Snoopy to Linus and Lucy, parents will find space to record pregnancy and baby preparations, monthly updates on their child's first year, and summary pages for years two through five. A secure back pocket, decorated with charming *Peanuts* art, offers a place to store precious reminders of a child's early years.

*Priceless Thoughts* - Deez Thoughts 2018-10-12

6x9 journal, lined pages Priceless thoughts are those thoughts that you are so eager to get out of your head. Use this journal to write down those thoughts so that they won't become a distant memory.

**My Bump to Birth Diary** - Little Gems 2019-12-10

Life is truly a miracle and "My Bump to Birth Diary" is the perfect Journal to celebrate and remember this special time before your baby is born. Whether you've just received the happy news, you're waiting to meet your bundle of joy any day now, it's important that you set the time aside to record your journey through pregnancy and parenthood. It's a story that you're definitely going to want to share with your little one someday! Don't forget to mark the best moments that take your breath away of every week of pregnancy: the first reactions to the new, the first kick, listening to your child's heartbeat or finding out the baby's gender! The best part? This planner becomes a memory book to look back on long after your baby is grown. This Journal is the place to keep your treasured memories and all the fleeting little moments for the future - all in the delicate, beautifully cute design where you'll be able to record all the important things that happen during pregnancy and all the information that will interest your child in future like:  The first moment where you knew that you'll become a mother.  All important information about the parents.  The Baby Bump progression photos.  Motivational and beautifully designed quotes that you can meditate every trimester of your pregnancy.  Keep a list of all the cute (and embarrassing) baby names you had in mind.  Customizable checklist of your packing to your hospital for the Mom and Baby.  All important information and first memories of the NewBorn Baby just after giving Birth. Pregnancy just happens to be a time when women are faced with physical and emotional stress, forgetfulness, anxiety... therefore journaling can have a positive impact on this period of your life. "My Bump to Birth Diary" Journal is designed in a way that requires a very low commitment from the pregnant women but still efficient to record all the concise information in one place without unnecessary and repetitive questions and exaggerated number of pages that make the journal look bigger and heavier and that can easily boring and discouraging the new mom to keep writing her diaries. Here are some benefits of "My Bump to Birth Diary" Journal: ♥

Journaling can be a stress management tool. ♥ Journaling can boost your memory. ♥ Journaling can be helpful in managing anxiety or depression. ♥ Journal is a bonding mom to her baby for a lifetime, it will be a witness of the sacred connexion of motherhood with all strong feelings throughout the memories you recorded. ♥ Journal is simply a memory 'time-capsule' of your favourite pregnancy and birth moments. pregnancy gifts for first time moms, gifts for mom, new mom gifts, pregnant mom gifts, mom to be gifts, gifts for new mom, best gifts for new mom, best gifts for new moms, pregnancy gifts for first time moms, gifts for new moms, new mom gifts ideas, first time mom gift, first time mom gift, gift for new mom, new mom gift, mom gift ideas, praying through your pregnancy, newf mom gift ideas, gifts for busy moms, gifts for new mom's, best gifts for new moms, best new mom gifts, best gifts for busy moms, christmas gifts for new moms, single mom gift, gifts for new moms relaxation, gag gifts for mom, pregnancy journal book, from pea to pumpkin a pregnancy journal, pea to pumpkin baby journal, pregnancy planner and organizer, pregnancy calendar of baby development

Understanding Genetics - Genetic Alliance 2009

The purpose of this manual is to provide an educational genetics resource for individuals, families, and health professionals in the New York - Mid-Atlantic region and increase awareness of specialty care in genetics. The manual begins with a basic introduction to genetics concepts, followed by a description of the different types and

applications of genetic tests. It also provides information about diagnosis of genetic disease, family history, newborn screening, and genetic counseling. Resources are included to assist in patient care, patient and professional education, and identification of specialty genetics services within the New York - Mid-Atlantic region. At the end of each section, a list of references is provided for additional information. Appendices can be copied for reference and offered to patients. These take-home resources are critical to helping both providers and patients understand some of the basic concepts and applications of genetics and genomics.

*Rehab My Life The Blueprint* - Jae Green 2019-04-23

Write the Vision and make it plain. So that when the readers read it they can run with it. You cannot build anything without a plan. God has created you for some purposeful things in the kingdom of God. However, too many of us are building lives, making connections, filtering, structuring, and standing on things that are not in the original plan. The Blueprint gives us a fresh look as it metaphorically walks you through the floorplan of your life. As the temple that God resides in, he has created you to be exactly what is needed here in the earthly realm. However, you cannot understand that if you do not read and then run with the plan. Jae challenges you to face hard truths and make life changing decisions while provoking you into the will of God for your life. She helps you to narrow down the fundamentals of the plan while helping to bring you into a complete state within oneself for the fulfillment of purpose.