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Zen and the Art of Happiness - Chris Prentiss 2006-10-01

The gentle wisdom of "Zen and the Art of Happiness" shows how to invite magnificent experiences into your life and create a philosophy that will sustain you through anything. The Zen of doing anything is to behave with a particular state of mind that brings the experience of enlightenment to even everyday facts -- and through that experience, happiness.

Mawlana Rumi Review - Leonard Lewisohn 2016-12-01

The Mawlana Rumi Review is an annual academic review devoted to the life, thought, poetry and legacy of Mawlana (Our master) Jalal al-Din Rumi (d.1273). It is a publication of the Rumi Institute, Near East University, Cyprus, and the Rumi Studies Group at the Centre for Persian and Iranian Studies, Institute of Arab & Islamic Studies, University of Exeter. The Mawlana Rumi Review publishes articles, translations, review articles, and book reviews including articles on Rumi's art of story-telling, poetic imagery, theology, spiritual psychology, ecumenism, erotic spirituality, pedagogy, hermeneutics, ethics, epistemology, prophetology, metaphysics and cosmology, the heritage of Rumi's thought in modern and medieval literary history, the interpretation and commentary on his works such as the Mathnawi and Divan-i Shams-i Tabrizi, and literary translations of his poetry."

Bulls And Bears - Soma Valliappan 2021-07-23

Earning money is important for sustenance and people resort to it by working at a job or starting a venture. But to meet the material aspirations of individuals, it is important to make money earn too instead of lying idle. Wealth creation is the buzzword, and being successful at it is no matter of chance. A proper understanding of the various instruments of investment, how they appreciate and depreciate, and when to buy and sell/invest in or withdraw are important for this. 'Bulls and Bears all about shares' by Soma Valliappan breaks this very myth. Unlike the popular belief, investing in the stock market is not like gambling. It works on certain basic principles and is well governed by rules and regulations, like all other legal modes of investments. What one requires is the eye to identify good companies to invest in, the right price and a certain watchfulness. 'Bulls and Bears all about shares' was first published in Tamil (by name Alla Alla Panam) and became a handbook for the several people who had always lingered on the sidelines, fearing to take the plunge into the uncertain world of stock markets. The English version is being published to reach out to a wider population across the country so that they may benefit too from Soma Valliappan's experience and insights.

Aaranya Kaandam - Jacob Rowlands 2020-12-26

Singam Perumal is old and useless for his wife, but he still is a mighty criminal. When he tries to beat his arch enemy Gajendran with a perfect

plan, a series of incidents expose a dog-eat-dog world.

A Magical Marriage (The Legend of Ponnivala [Series 1, Book 5]) -

It Only Takes A Minute To Change Your Life - Willie Jolley 1997-03-15

Your Life A motivational and inspirational revolution that will show you how to release the power within you.

Conversaciones escritas - Kim Potowski 2015-11-23

Deals with contemporary cultural and community topics with the help of engaging essays Provokes further thought through questions Includes writing activities based on the essays to help readers write in Spanish as they take a stand on an issue Contains a minimum of two readings in each chapter, each presenting different aspects of a particular debate on topics

Destined to Heal Within - Lamiya Siraj 2021-05-03

Have you ever sat by the window all lost and depressed, and suddenly a little bird comes, fills you up with hope, and flies away? Life always has something in its forte to teach us with every step taken. Emotions attached with 'Love' in any relationship either can make us or break us. In this book, 'Destined to Heal Within', Naira has some of the most touching and rarest moments of life: Lifelong friendship and the pain to see her friend on a death bed, breathing the air by the beach, embracing love in her life, liveliness to lead life along with happiness. Later facing consequences to choose between personal and professional life and much more. Would Naira be able to handle the things that life threw in her way? Would she be able to heal along the way? Read to know more about Naira's journey.

Applied EI - Tim Sparrow 2009-10-15

A decade on from its birth, emotional intelligence is attracting more attention than ever before. Why? Because of its proven connection to performance. Tomorrow's leaders will have to be facilitators who work collaboratively to help others develop their potential, and this will require emotionally intelligent skills and attitudes. Against this landscape, Applied EI provides the tools and advice needed to develop and manage a relationship with yourself and create positive relationships

with others - the twin cornerstones of emotional intelligence. We're all capable of acting with emotional intelligence. Most of us don't, because internal interferences - misguided beliefs and attitudes learnt in childhood - get in the way. Countering this, Applied EI attaches unique importance to the role of attitudes in developing and applying emotional intelligence. Tim Sparrow and Amanda Knight stress that EI isn't a synonym for personality; it's about managing personality. That's why knowing how to put EI into practice is essential. And that's why reducing EI to a single number or score misses the point, and serves only to give us another measure by which to judge ourselves and others. Anyone interested in performance improvement today needs to be interested in emotional intelligence. Applied EI shows how our attitudes underpin our EI, explores how to develop emotionally intelligence attitudes, and lays out tactics for applying them in practice. It discusses what is needed at individual, team and leadership development levels, and considers what it means to be an EI practitioner. Its practical approach and unique perspective make it a must-read for anyone involved in the field of personal development.

Grandparents' Bag of Stories - Sudha Murty 2021-04

It's 2020 and children are stuck indoors as the novel coronavirus finds its way into India. A nationwide lockdown is announced and amidst the growing crisis, Ajja and Ajji welcome their grandchildren and Kamlu Ajji into their house in Shiggaon. From stitching masks, sharing household chores, preparing food for workers to losing themselves in timeless tales, the lockdown turns into a memorable time for the children as they enter the enchanting world of goddesses, kings, princesses, serpents, magical beanstalks, thieves, kingdoms and palaces, among others. The myriad stories told by their grandparents become the biggest source of joy, making the children compassionate, worldly-wise and more resilient than ever. Following the trail of the best-selling Grandma's Bag of Stories, India's favourite author Sudha Murty brings to you this collection of immortal tales that she fondly created during the lockdown period for readers to seek comfort and find the magic in sharing and caring for others. Wonderfully woven in her inimitable style, this book is

unputdownable and perfect for every child's bookshelf!

The Story of Son - J. R. Ward 2015-04-14

First released in the anthology Dead After Dark, dive into this hot novella from #1 New York Times bestselling author J.R. Ward. Available for the first time ever as a standalone ebook, get lost in the sinful pleasures of a vampire so obsessed with one woman, he will relinquish her blood, if only he can have her heart... Held captive by a dark, seductive vampire with an unworldly hunger, the beautiful Claire Stroughton fears her life as a lawyer has irrevocably taken a turn for the worse. But when this deeply sensual-and highly dangerous-vampire convinces Claire that his desire for her is stronger than his lust for blood, she is compelled to give everything up to him, body and soul...in The Story of Son.

Emotional Intelligence: Idlyaga Irungal! - Soma. Valliappan 2006-09-01

Emotional Intelligence is a book that explores the concept of emotional intelligence and its impact on our lives. It is a book that is both informative and inspiring. The author, Soma Valliappan, is a leading expert in the field of emotional intelligence and has written several books on the subject. This book is a must-read for anyone who wants to improve their emotional intelligence and live a more fulfilling life. The book is divided into two parts: the first part discusses the concept of emotional intelligence and the second part discusses how to develop emotional intelligence. The book is written in a simple and easy-to-understand style and is suitable for readers of all ages. It is a book that is both practical and theoretical and is a valuable resource for anyone who wants to improve their emotional intelligence.

What Makes a Leader - Daniel Goleman 2014

This book is a collection of the author's writings, previously published in the Harvard Business Review and other business journals, on leadership

and emotional intelligence. The material has become essential reading for leaders, coaches and educators committed to fostering stellar management, increasing performance, and driving innovation. The collection reflects the evolution of Dr. Goleman's thinking about emotional intelligence, tracking the latest neuroscientific research on the dynamics of relationships, and the latest data on the impact emotional intelligence has on an organization's bottom-line. --

Poonachi, Or, the Story of a Black Goat - Perumāḷmurukan 2017

"Through a seeming act of providence, an old couple receives a day-old female goat kid as a gift from the cosmos. Thus begins the story of Poonachi, the little orphan goat, who survives against the odds and carries the burden of being different all her life long. As you follow her story from forest to habitation, independence to motherhood, you recognise in its significant moments the depth and magnitude of your own fears and longings, fuelled by instinct for survival that animates all life."--Provided by publisher.

Unknown MIR Title - Ronald B. Adler 2020-03-02

In its fifth Canadian edition, Interplay: The Process of Interpersonal Communication offers an immersive approach to the study of communication that foregrounds usefulness, readability, and student engagement. With up-to-date scholarship, case studies, and real-world examples, Interplay emphasizes the shifting dimensions of interaction made possible by social media and changing communication norms. Interplay is attentive to the ways in which communication practices shape and are shaped by culture, gender, and context; with extensive pedagogy integrated into its chapters, the book encourages readers to apply its insights to their own lives and relationships both within and beyond the classroom.

Leadership - Brian Tracy 2019-12-17

Great leadership isn't a mystery, but a skill that can be learned. Throughout your life, you've always recognized "it" when you saw it--that indescribable, appealing quality that tells you loud and clear this person is a leader, someone you should trust, follow, and learn from. And you've always told yourself, if only you had that "it factor" inside you that could

inspire, motivate, and lead others in the same way. Well, you do . . . and you can! Nobody--not even the greatest you have ever seen--comes into the world a natural leader. But somewhere along the way, these people who entered the world in the same you did transformed into the kind of magnetic individuals who inspire others to follow their lead. Success expert Brian Tracy has spent years studying the world's greatest leaders and believes that everyone has it inside them to: Inspire trust, confidence, and loyalty Instill a sense of meaning and purpose in your organization Tap into the motivation and enthusiasm that compels others to commit to your vision Clearly communicate goals and strategies and gain buy-in Build winning teams Elicit extraordinary performance from ordinary people Become the person seen as most likely to lead the organization to victory And more Don't fall for the lie that says some are born leaders and the rest of us are simply their followers. You are just as capable as anyone! Packed with practical, proven methods, Leadership, a indispensable little guide will help you unlock your leadership potential. The 5 Second Rule Transform Your Life, Work, and Confidence - Paul MCCUSKER 2020-09-11

How to enrich your life and destroy doubt in five seconds. Throughout your life, you've had parents, coaches, teachers, friends, and mentors who have pushed you to be better than your excuses and bigger than your fears. What if the secret to having the confidence and courage to enrich your life and work is simply knowing how to push yourself? Using the science of habits, riveting stories, and surprising facts from some of the most famous moments in history, art, and business, Mel Robbins will explain the power of a "push moment". Then, she'll give you one simple tool you can use to become your greatest self. It takes just five seconds to use this tool, and every time you do you'll be in great company. More than eight million people have watched Mel's TEDx Talk, and executives inside of the world's largest brands are using the tool to increase productivity, collaboration, and engagement. In The 5 Second Rule, you'll discover it takes just five seconds to: Become confident Break the habit of procrastination and self-doubt Beat fear and uncertainty Stop worrying and feel happier Share your ideas with courage The 5 Second

Rule is a simple, one-size-fits-all solution for the one problem we all face - we hold ourselves back. The secret isn't knowing what to do - it's knowing how to make yourself do it.

Emotional Intelligence - Daniel Goleman 2020-12-08

A 25th anniversary edition of the number one, multi-million copy international bestseller that taught us how emotional intelligence is more important than IQ - 'a revolutionary, paradigm-shattering idea' (Harvard Business Review) Featuring a new introduction from the author Does IQ define our destiny? In his groundbreaking bestseller, Daniel Goleman argues that our view of human intelligence is far too narrow. It is not our IQ, but our emotional intelligence that plays a major role in thought, decision-making and individual success. Self-awareness, impulse control, persistence, motivation, empathy and social deftness: all are qualities that mark people who excel, whose relationships flourish, who can navigate difficult conversations, who become stars in the workplace. With new insights into the brain architecture underlying emotion and rationality, Goleman shows precisely how emotional intelligence can be nurtured and strengthened in all of us.

F*cking History - The Captain 2020-08-11

History that doesn't suck: Smart, crude, and hilariously relevant to modern life. Those who don't know history are doomed to repeat it. Too bad it's usually boring as sh*t. Enter The Captain, the ultimate storyteller who brings history to life (and to your life) in this hilarious, intelligent, brutally honest, and crude compendium to events that happened before any of us were born. The entries in this compulsively readable book bridge past and present with topics like getting ghosted, handling haters, and why dog owners rule (sorry, cat people). Along the way you'll get a glimpse of Edith Wharton's sex life, dating rituals in Ancient Greece, catfishing in 500 BC, medieval flirting techniques, and squad goals from Catherine the Great. You'll learn why losing yourself in a relationship will make you crazy--like Joanna of Castile, who went from accomplished badass to Joanna the Mad after obsessing over a guy known as Philip the Handsome. You'll discover how Resting Bitch Face has been embraced throughout history (so wear it proudly). And you'll see why it's never a

good idea to f*ck with powerful women--from pirate queens to diehard suffragettes to Cleo-f*cking-patra. People in the past were just like us--so learn from life's losers and emulate the badasses. The Captain shows you how.

Boost Emotional Intelligence in Students - Maurice J. Elias 2019-01-28

Develop and strengthen essential emotional intelligence skills in adolescents with this practical, hands-on resource. Developing emotional intelligence (EQ) in students is essential to preparing them for success in college, careers, and adult life. This practical resource for educators explains what emotional intelligence is and why it's important for all students. The book lays out detailed yet flexible guidelines for teaching fundamental EQ in an intentional and focused way. The core of the book is a series of thirty hands-on lessons, each focusing on critical EQ concepts and centered around productive and respectful discussion.

These research-based lessons are designed to take approximately thirty-five minutes each, but they can easily be adapted to meet the specific needs of a school or group. Digital content includes reproducible forms.

Science Focus - Rochelle Manners 2010

The Science Focus Second Edition is the complete science package for the teaching of the New South Wales Stage 4 and 5 Science Syllabus. The Science Focus Second Edition package retains the identified strengths of the highly successful First Edition and includes a number of new and exciting features, improvements and components. The innovative Teacher Edition with CD allows a teacher to approach the teaching and learning of Science with confidence as it includes pages from the student book with wrap around teacher notes including answers, hints, strategies and teaching and assessment advice.

Unposted Letter (English) - Mahatria Ra

'Unposted Letters' by Mahtria Ra is one of those books that aims to transcend all religions and castes, and touch the core of the readers in a profound way irrespective of their social position, status and the likes. 'Unposted Letters' is a spiritual and inspirational book that urges the readers to find happiness in every small things and feel the presence of God Almighty everywhere. By illustrating the simple with the powerful,

this is a book that deals with knowledge and enlightenment and talks about Life as it is, about how it should be led that is bereft of any jealousy and wrath. Published by Manjul Publishing House, this book is available in hardcover.

Chanakya Neeti - B. K. Chaturvedi 2017-08-30

One of the greatest figures of wisdom and knowledge in the Indian history is Chanakya. Chanakya is regarded as a great thinker and diplomat in India who is traditionally identified as Kautilya or Vishnu Gupta. Originally a professor of economics and political science at the ancient Takshashila University, Chanakya managed the first Maurya Emperor Chandragupta's rise to power at a young age. Instead of acquiring the seat of kingdom for himself, he crowned Chandragupta Maurya as the emperor and served as his chief advisor. Chanakya Neeti is a treatise on the ideal way of life, and shows Chanakya's deep study of the Indian way of life. These practical and powerful strategies provide a path to live an orderly and planned life. If these strategies are followed in any sphere of life, victory is certain. Chanakya also developed Neeti-Sutras (aphorisms ? pithy sentences) that tell people how they should behave. Chanakya used these sutras to groom Chandragupta and other selected disciples in the art of ruling a kingdom. But these sutras are also relevant in this modern age and are very useful for us. For the first time, Chanakya Neeti and Chanakya Sutras are compiled in this book to make Chanakya's invaluable wisdom easily available to the common readers. This book presents Chanakya's powerful strategies and principles in a very lucid manner for the benefit of our valuable readers.

Highland Knits - Interweave Editors 2016-04-28

Be Transported with These Timeless Knits! Inspired by Outlander, the romantic tale of time travel and adventure, Highland Knits is a rustic, yet sophisticated collection of quick-to-knit projects. These 16 simple, enduring designs will have you stylishly covered no matter what place, or time, you call home. From Claire's "Rent Collection Shawl" to the "Sassenach Cowl," all your favorite pieces worn by the series' beloved heroine, and then some, are here, waiting to be knit. You'll find each piece relevant to your wardrobe, whether dressing for today or

eighteenth century Scotland.

The Plays & Poems of Shakespeare - William Shakespeare 1857

50 Activities for Developing Emotional Intelligence - Adele B. Lynn 2000

A collection of reproducible activities perfect for skill-building on self-awareness, emotional control, empathy, social expertness, personal influence, mastery of vision and more. Emotional Intelligence explains why, despite equal intellectual capacity, training, or experience, some people excel while others of the same caliber do not do as well.

21 Days of Effective Communication - Ian Tuhovsky

Discover how unlocking the hidden secrets to successful communication can create powerful, changes across all areas of your life. As we travel on our journey through life, many of us pick up poor communication habits, but could these habits be holding you back from enjoying all the health, happiness, love and freedom you truly deserve? In 21 Days of Effective Communication, you'll learn not only why the way you communicate makes all the difference to your success, but also just how easy it is to eliminate bad communication habits, overcome your limitations and build better relationships. The best part? You can achieve all this - and more - within just three short weeks. Enjoy immediate improvements to the way you communicate, right from day 1 Packed full of fast, efficient methods for developing better communication skills, this highly practical, step-by-step guide is designed to start producing the results you need

IMMEDIATELY. ● There are NO long-winded explanations ● NO complicated processes ● NO psychobabble and absolutely NO jargon... ..Just clear, simple, and powerful exercise you can use right away to: ● Breeze through any social situation feeling cool, calm, and confident at all times. ● Build meaningful, rewarding relationships at work, at home, and in your love life. ● Become a better listener and offer effective emotional support to those you care about. Accelerate your success and start achieving your biggest goals today with just a few, simple techniques Improving your communications skills is about much more than getting on better with those around you. By taking the easy-to-follow, actionable steps outlined in this book, you'll discover how

effective communication can make an enormous difference in all areas of your life. Over the course of just 21 days, you'll learn: ● How changing one small word can make a huge difference in the way you approach challenges, overcome obstacles, and achieve your biggest goals. ● How the awesome power of gratitude can work miracles on your mood, your mindset, and your well-being. ● How to successfully persuade, engage, and ask the questions that get you the results you truly want, every single time. ● And MUCH more! Unlock the hidden secrets to better communication and start transforming your life for the better today. Click the BUY NOW button above to order your copy of 21 Days of Effective Communication and you'll also receive a complete, 120 e-book, Mindfulness-Based Stress and Anxiety Management Techniques absolutely free.

Tasty Fall Cooking - Gooseberry Patch 2017-06-01

Autumn is filled to the brim with reasons to get together with family & friends. Scrumptious tried & true recipes to suit every occasion...shared by home cooks from across the country. Both new recipes and old favorites with a twist.

Hockey ABC - 2020-09

Now the youngest fans can learn their ABC's with Canada's favourite game! Two teams of Canadian animals, the Woodland Wapitis and the Forest Flyers, face off in an action-packed ABC hockey game. You'll be cheering for your favourite players as they illustrate the alphabet and the game, from A is for Arena to Z is for Zamboni machine! Find more fun ways to learn by identifying the odd versus even jersey numbers. This oversize board book is perfect for little learners -- and hockey fans of all ages!

[How to Use Your Healing Power](#) - Dr. Joseph Murphy 2021-01-01

How to Use Your Healing Power in the Dr. Joseph Murphy Live! series is the only authorized edition in print. Dr. Joseph Murphy has been acclaimed as a major figure in the human potential movement, the spiritual heir to writers like James Allen, Dale Carnegie, Napoleon Hill, and Norman Vincent Peale, and a precursor and inspirer of contemporary motivational writers and speakers like Tony Robbins, Zig

Ziglar, and Earl Nightingale. He changed the lives of people all over the world and was one of the best-selling authors of the mid-20th century. Dr. Murphy wrote, taught, counseled, and lectured to thousands every Sunday as Minister-Director of the Church of Divine Science in Los Angeles. Over the years, Dr. Murphy has given lectures and radio talks to audiences all over the world. Millions of people tuned in his daily radio program and have read the over 30 books that he has written. His books have sold over 15 million copies. In his lectures he points out how real people have radically improved their lives by applying specific aspects of his concepts, and gives the listener guidelines on how they too can enrich their lives. Never say, "I can't." Overcome that fear by substituting the following, "I can do all things through the power of my own subconscious mind." Make his teachings a part of your life with Dr. Joseph Murphy Live!

The Art of Simple Living - Shunmyo Masuno 2019-04-02

"Does for mental clutter what Marie Kondo has done for household clutter." --Publishers Weekly Relax and find happiness amid the swirl of the modern world with this internationally bestselling guide to simplifying your life by the renowned Zen Buddhist author of Don't Worry. In clear, practical, easily adopted lessons--one a day for 100 days--renowned Buddhist monk Shunmyo Masuno draws on centuries of wisdom to teach you to Zen your life. Discover how . . . Lesson #4: lining up your shoes after you take them off can bring order to your mind; Lesson #11: putting down your fork after every bite can help you feel more grateful for what you have; Lesson #18: immersing yourself in zazen can sweep the clutter from your mind; Lesson #23: joining your hands together in gassho can soothe irritation and conflict; Lesson #27: going outside to watch the sunset can make every day feel celebratory; Lesson #42: planting a flower and watching it grow can teach you to embrace change; Lesson #67: understanding the concept of ichi-go ichi-e can make everyday interactions more meaningful; Lesson #85: practicing chisoku can help you feel more fulfilled. A minimalist line drawing appears opposite each lesson on an otherwise blank page, giving you an opportunity to relax with a deep breath between lessons. With

each daily practice, you will learn to find happiness not by seeking out extraordinary experiences but by making small changes to your life, opening yourself up to a renewed sense of peace and inner calm. A PENGUIN LIFE TITLE

Attitude Is Everything - Jeff Keller 2007-02-01

The author discovered the power of a positive attitude! Jeff Keller began an intensive study of personal growth principles. You, too, have the ability to transform your own life and soar to new heights of success and fulfillment.

Ikigai - Héctor García 2017-08-29

INTERNATIONAL BESTSELLER • 1.5 MILLION+ COPIES SOLD WORLDWIDE "Workers looking for more fulfilling positions should start by identifying their ikigai." —Business Insider "One of the unintended—yet positive—consequences of the [pandemic] is that it is forcing people to reevaluate their jobs, careers, and lives. Use this time wisely, find your personal ikigai, and live your best life." —Forbes Find your ikigai (pronounced ee-key-guy) to live longer and bring more meaning and joy to all your days. "Only staying active will make you want to live a hundred years." —Japanese proverb According to the Japanese, everyone has an ikigai—a reason for living. And according to the residents of the Japanese village with the world's longest-living people, finding it is the key to a happier and longer life. Having a strong sense of ikigai—where what you love, what you're good at, what you can get paid for, and what the world needs all overlap—means that each day is infused with meaning. It's the reason we get up in the morning. It's also the reason many Japanese never really retire (in fact there's no word in Japanese that means retire in the sense it does in English): They remain active and work at what they enjoy, because they've found a real purpose in life—the happiness of always being busy. In researching this book, the authors interviewed the residents of the Japanese village with the highest percentage of 100-year-olds—one of the world's Blue Zones. Ikigai reveals the secrets to their longevity and happiness: how they eat, how they move, how they work, how they foster collaboration and community, and—their best-kept secret—how they find the ikigai that

brings satisfaction to their lives. And it provides practical tools to help you discover your own ikigai. Because who doesn't want to find happiness in every day?

Understanding Emotional Intelligence - John T. Lanthem 2021

"This book looks at the topic of emotional intelligence from a variety of perspectives, including adolescence, bullying, intimate relationships, and more. Chapter One describes the origin of the concept of emotional intelligence, the change and evolution of emotional intelligence throughout childhood and adolescence, and reviews published findings on the relationship of emotional intelligence with socio-emotional adjustment and bullying behavior. Chapter Two analyzes the role that emotional intelligence might play in establishing effective, stable, healthy, and happy intimate relationships. The third chapter provides a synthesized historical overview of the notion of emotions and the nature of their relationship to the rational mind and analyzes how concepts of "rational" and "emotional" can co-exist. Following this, the fourth chapter explores how the research area of emotional intelligence can be leveraged to prevent bullying victimization and peer aggression. Chapter Five deals with the practical implications of emotional intelligence for work and health. Chapter Six details how levels of physical activity correlate with emotional intelligence in adolescents. Lastly, the final chapter addresses the question of whether self-compassion can predict future anxiety and depression"--

Working With Emotional Intelligence - Daniel Goleman 2011-12-07

Do you have what it takes to succeed in your career? The secret of success is not what they taught you in school. What matters most is not IQ, not a business school degree, not even technical know-how or years of expertise. The single most important factor in job performance and advancement is emotional intelligence. Emotional intelligence is actually a set of skills that anyone can acquire, and in this practical guide, Daniel Goleman identifies them, explains their importance, and shows how they can be fostered. For leaders, emotional intelligence is almost 90 percent of what sets stars apart from the mediocre. As Goleman documents, it's the essential ingredient for reaching and staying at the top in any field,

even in high-tech careers. And organizations that learn to operate in emotionally intelligent ways are the companies that will remain vital and dynamic in the competitive marketplace of today—and the future.

Biology 12 - 2011

Solve Your Problems The Birbal Way - Luis S.R.Vas 2002-08-27

The authors have retold some of the Birbal stories that they gathered, and at the end of each they have pointed out the management moral of the narrative, whose wisdom stays as fresh as ever. Each story has been divided into two parts: first contains the problem; second provides Birbal's solution.

The Emotional Intelligence Activity Kit - Adele Lynn 2015-10-21

Know-it-all bosses, overcompetitive colleagues, and leaders who rarely leave their offices--common EQ problems such as these damage not just camaraderie, but also results. Because of this, managers are discovering now more than ever that emotional intelligence (EI)--knowing how to manage emotions, empathize, build relationships, and more--is a vital contributor to a company's success. But how does one go about persuading others to improve their EI? The Emotional Intelligence Activity Kit shows the way with 50 practical exercises to:

- Promote introspection
- Increase empathy
- Improve social skills
- Boost influence
- Inspire purpose
- Bring everyone on board

• And more Studies have proven that emotional intelligence drives performance. But the problem has always been how to utilize this knowledge and inspire new ways of thinking among individuals. But with this must-have kit, trainers, coaches, and organizational development professionals can now break through and trigger lasting EQ improvements in order to create thriving, successful organizations.

Prosperity Thinking - Ryuho Okawa 2022-09

"Prosperity Thinking -Developing the Mindset for Attracting Infinite Riches" Today, we can find many books introducing various ways of thinking that claim to attract abundance, wealth or success. Among them, Prosperity Thinking: Developing the Mindset for Attracting Infinite Riches is unique because the author, Ryuho Okawa, has achieved great

results using such a way of thinking. Since establishing Happy Science in 1986, he has made it an international religious organization with 12 million members in more than 100 countries, given more than 2,300 lectures in 12 countries and published over 1,900 books to date. The author reveals in this book, the mindset that enabled him to write so many books, raise funds, expand the organization and lead its worldwide activities. The mindset will also encourage businesses and governments to get out of the red, benefit many people, create wealth and prosper. You, too, can achieve prosperity in your business and life with Prosperity Thinking □CONTENTS□ □Chapter 1□Let's Achieve Success □Chapter 2□How to Keep Away Spirits of Poverty □Chapter 3□Prosperity Thinking □Chapter 4□Become Closer toward the God of Prosperity

They Came They Conquered - Madhan 2019-12

Beginning with Timur, Sultan Ghazni who invaded India seventeen times at the head of a large army, plundering the country of its great wealth, to the last Mughal Emperor Bahadur Shah, banished from the country by the British - details and descriptions of every incident and each king astonish and exhilarate us. The approach is direct, simple and unambiguous. From Timur to Bahadur Shah it is one engaging account. The book should find a place in every household, as an authentic account of ourselves. A flawless portrait. -THE HINDU Madhan while explaining historical events uses modern similes... In spite of being a cartoonist in his previous avatar Madhan did not caricature the Moghul Emperors and their subjects. I am so pleased he did not sit on judgement as a south Indian non-Muslim writer. -KAMAL HAASAN