

# Journey Souls Studies Between Lives

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## **Exploring the Eternal Soul - Insights from the Life Between Lives -**

Andy Tomlinson 2012-03

Follow the fascinating journey of a group of ordinary people who have been regressed though a past life and into the life between lives. And discover amazing insights that answer a host of universal questions of spiritual, historical and philosophical importance.

*Does the Soul Survive?* - Elie Kaplan Spitz 2001-12

The author look beyond the grave to explore Jewish beliefs about the afterlife, drawing on traditional Jewish texts to discuss numerous perspectives on this important topic.

**Landor's Cottage** - Edgar Allan Poe 2015-10-21

This vintage book contains Edgar Allen Poe's 1849 short story, "Landor's Cottage". Unlike the majority of Poe's work, this story is devoid of mystery, murder, and the macabre; instead, it is a detailed and masterful description of a lone cottage. A perfect example of Poe's famous descriptive prowess, "Landor's Cottage" will appeal to fans of his marvellous work, and is not to be missed by the discerning collector.

Edgar Allan Poe (1809-1849) was an American author, editor, poet, and critic. Most famous for his stories of mystery and horror, he was one of the first American short story writers, and is widely considered to be the inventor of the detective fiction genre. Many antiquarian books such as this are becoming increasingly rare and expensive. We are republishing this volume now in an affordable, high-quality edition complete with a specially commissioned new biography of the author.

**The Dark Night of the Soul** - Saint John of the Cross 1905

*Soul Agreements* - Dick Sutphen 2005-04-25

While in spirit, before you were born, you wrote a script for your life on earth that included soul agreements establishing your relationships with your parents, lovers, children, and others who would affect your life in meaningful ways. Your career directions were planned out, as well as the major challenges you would encounter. This karmic road map was programmed at a soul level and can be examined by psychic researchers like Dick and Tara Sutphen. In his best-selling book, *You Were Born Again to Be Together*, Dick explored the concept of destiny through romantic relationships. In *Soul Agreements* his investigations expand to a variety of cases: a woman born with a severe disability; a couple who came together to experience tragedy; and others who incarnated to be famous, or influential, or to become healers. Once you understand how soul agreements work, Dick teaches how to make the most of your destiny. The more self-actualized you are, the less likely you will be adversely affected by negative life experiences. This awareness shows you how to best override fate and create your own reality of love and success.

**Lost Soul, Wise Soul** - Karen Joy 2022-02-08

Drawing on her most compelling client cases, author Karen Joy shows you the natural arc of a soul's journey over many lifetimes—including violent or negative ones—until we finally come back to the light. This book reveals how souls begin, how they enter lives on earth, and how experiencing a diverse range of lives teaches them to be wiser and happier. Your soul's journey is sometimes burdened with difficult past lives, and they can cause your present self to replay or struggle with negative experiences. Through fascinating and inspiring case studies, *Lost Soul, Wise Soul* shows that you can overcome a history of bad or even criminal behavior and reconnect to your soul's source energy. This book helps you reclaim your power and step into joy.

*Adventures of Soul-Case Studies of Life Between Lives* - Michael Newton 2009-01-01

This Book Explores The Wonders Of The Spirit World. With The Help Of 67 Case Studies Of Afterlife, It Presents A Fascinating Account Of Spiritual Setting Where Souls Go After Death, The Soul-Brain Connection, Soul'S Travel Between Lives, Spirit Guides, And The Ways Spirits Connect With And Comfort The Living.

**The Heartfulness Way** - Kamlesh D. Patel 2018-06-01

"A must-read for anyone interested in incorporating meditation into their lifestyle." --Sanjay Gupta, MD, chief medical correspondent for CNN  
Heartfulness is an ideal, a spiritual way of living by and from the heart that is inclusive of all ideologies, beliefs, and religions. In this heart-centered book, a student in conversation with his teacher, Kamlesh D. Patel—affectionately known as Daaji, the fourth and current spiritual guide of the century-old Heartfulness tradition—present a unique method of meditation with the power to facilitate an immediate, tangible spiritual experience, irrespective of a person's faith. Our modern, fast-paced world can be an overwhelming place. Every day, we're bombarded with messages telling us that in order to be happy, fulfilled, and worthy, we must be better, do more, and accumulate as much material wealth as possible. Most of us move through our busy lives with our minds full of these ideas, multitasking as we strive to navigate the responsibilities and expectations we must meet just to make it through the day. But what if there is another way? What if, rather than letting the busyness of life overtake our minds, we learn to be heartfelt instead? Based on Daaji's own combination of approaches and practices for the modern seeker—which draws from the teachings of Sahaj Marg, meaning "Natural Path"—Heartfulness is a contemporized version of the ancient Indian practice of Raja Yoga, a tradition that enables the practitioner to realize the higher Self within. While many books describe refined states of being, The Heartfulness Way goes further, providing a pragmatic course to experience those states for oneself, which, per the book's guiding principle, is "greater than knowledge." Heartfulness meditation consists of four elements—relaxation, meditation, cleaning, and prayer—and illuminates the ancient, defining feature of yogic transmission (or pranahuti), the utilization of divine energy for spiritual growth and transformation. Using the method, detailed practices, tips, and practical philosophy offered in this book, you'll reach new levels of attainment and learn to live a life more deeply connected to the values of the Heartfulness way—with acceptance, humility, compassion, empathy, and love.

*The Journey Of The Soul* - Olivia And Raf Ocaña 2020-12-14

For All who have Loved and lost someone and want to Know For All who Fear Death and what happens next For All who Understand there is more, that Life must go on after Death, but want to Know how For All who Feel there is more within them and want to Access it For All who want to Know why their Life matters and how it matters For All that want to Move forward after the loss of a Loved One For All that want to Know in order to Live Now in the Beauty of Life This Book Is For You  
[Summary of Michael Newton's Journey of Souls](#) - Slingshot Books 2021-06-03

No time to read? Get the main key insights from this Summary of Michael Newton's Journey of Souls in 23 minutes or less. A few key insights from Chapter 1: #1 Hypnotherapist Dr. Michael Newton gathered information from 29 cases that he believes encompass universal truths about the spirit world. Each case contains described experiences that reveal elaborate features of the soul's journey after it leaves Earth. #2 Case one involves a man who relived a death experience in deep hypnosis. He had recreated past life scenes by returning to that life's childhood memories until reaching death. #3 Newton found that some clients take longer to reach the superconscious state. They might not be used to the birth, death, and rebirth cycles depending on how young the soul itself is. #4 A series of commands guide the client into moving deeper into the spirit world. The client sees a series of mental pictures, and can communicate it to the hypnotherapist with time.

**The Laws of the Spirit World** - Khorshed Bhavnagri 2009-01-01

WITH A BRAND NEW LOOK! ON FEBRUARY 22, 1980, KHORSHED AND RUMI BHAVNAGRI'S WORLD WAS SHATTERED. ONE MONTH LATER, A NEW ONE OPENED. Khorshed and Rumi Bhavnagri lost their sons, Vispi and Rato, in a tragic car crash. With both their sons gone, the couple felt they would not survive for long. They had lost all faith in God until a miraculous message from the Spirit World gave them hope

and sent them on an incredible journey.

The Daily Stoic - Ryan Holiday 2016-10-18

From the team that brought you *The Obstacle Is the Way* and *Ego Is the Enemy*, a beautiful daily devotional of Stoic meditations—an instant Wall Street Journal and USA Today Bestseller. Why have history's greatest minds—from George Washington to Frederick the Great to Ralph Waldo Emerson, along with today's top performers from Super Bowl-winning football coaches to CEOs and celebrities—embraced the wisdom of the ancient Stoics? Because they realize that the most valuable wisdom is timeless and that philosophy is for living a better life, not a classroom exercise. *The Daily Stoic* offers 366 days of Stoic insights and exercises, featuring all-new translations from the Emperor Marcus Aurelius, the playwright Seneca, or slave-turned-philosopher Epictetus, as well as lesser-known luminaries like Zeno, Cleanthes, and Musonius Rufus. Every day of the year you'll find one of their pithy, powerful quotations, as well as historical anecdotes, provocative commentary, and a helpful glossary of Greek terms. By following these teachings over the course of a year (and, indeed, for years to come) you'll find the serenity, self-knowledge, and resilience you need to live well.

Life Between Lives - Michael Newton 2014-01-08

Dr. Michael Newton is world-famous for his spiritual regression techniques that take hypnotic subjects back to their time in the spirit world. His two best-selling books of client case studies, *Journey of Souls* and *Destiny of Souls*, have left thousands of readers eager to discover their own afterlife adventures, their soul companions and guides, and their purpose in this lifetime. Now, for the first time in print, Dr. Newton reveals his step-by-step methods. His experiential approach to the spiritual realms sheds light on the age-old questions of who we are, where we came from, and why we are here. This groundbreaking guidebook, designed for both hypnosis professionals and the general public, completes the afterlife trilogy by Dr. Newton.

Llewellyn's Little Book of Life Between Lives - The Newton Institute 2018-10-08

Explore exciting new case studies and research findings from the world-famous Newton Institute®. This handy pocket-size book provides an introduction to *Life Between Lives*, regression hypnotherapy, past life regression, and reincarnation. Discover simple exercises designed to help you make contact with a higher wisdom for answers to your questions and guidance in developing the life you were meant to live. In these pages, you will find expert advice, tips, and techniques for your own journey of spiritual self-discovery. *Llewellyn's Little Book of Life Between Lives* also explores soul groupings, the Council of Elders, the process of life selection, soul development, and much more. In a warm and wonderful way, this book confirms what many of us suspect—at the end of life, a home filled with everlasting, unconditional love awaits you.

Between Death and Life - Dolores Cannon 1993-08

Dolores has accumulated information about the Death experience and what lies beyond through 16 years of hypnotic research and past-life therapy. While retrieving past-life experiences, hundreds of subjects reported the same memories when experiencing their death, the spirit realm, and their rebirth. This book also explores: \* Guides and guardian angels\* Ghosts and poltergeists\* Planning your present lifetime and karmic relationships before your birth\* The significance of bad lifetimes\* Perceptions of God and the Devil\* And much more

A Soul's Journey - Peter Richelieu 1995-12

While in a state of despair after the death of his brother, the author is visited by Acharya, an Indian mystic. Using astral projection, Acharya takes him out of the physical world onto the astral planes of the 'afterlife'. Each astral plane teaches something new about life and death, karma and the ego. Through a series of meetings with the 'dead' - including his brother - the author comes to realise how irrational it is to fear death. Through his teaching, Acharya opens up a whole vision of life in the world that follows this, a world where anything is possible. Based on notes taken immediately following out-body experiences, this book is both enlightening and absorbing. It gives the reader a direct insight into the unknown mysteries of life and death.

Your Soul's Plan - Robert Schwartz 2010-05-18

Would you like to understand the deeper spiritual meaning of physical illness, parenting handicapped children, drug addiction, alcoholism, the death of a loved one, accidents, deafness, and blindness? *Your Soul's Plan* (which was originally published under the title *Courageous Souls: Do We Plan Our Life Challenges Before Birth?*) explores the premise that we are all eternal souls who plan our lives, including our greatest challenges, before we are born for the purpose of spiritual growth. Through compelling profiles of people who knowingly planned the

experiences mentioned above, *Your Soul's Plan* shows that suffering is not purposeless, but rather imbued with deep meaning. Working with four gifted mediums, author Robert Schwartz reveals the significance of each person's life plan and allows us a fascinating look into the "other side." Each personal story focuses on a specific life challenge, organized by type for easy reference. Accessible both to those familiar with the metaphysical aspects of spirituality and to the general reader, the moving narratives that comprise *Your Soul's Plan* help readers awaken to the reality that they are transcendent, eternal souls. With this stirring book as a guide, feelings of anger, resentment, guilt, and victimization are healed and transformed into acceptance, forgiveness, gratitude, and peace. Robert Schwartz is also the author of *Your Soul's Gift: The Healing Power of the Life You Planned Before You Were Born*, which explores the pre-birth planning of spiritual awakening, miscarriage, abortion, caregiving, abusive relationships, sexuality, incest, adoption, poverty, suicide, rape, and mental illness. There's also a chapter about the pre-birth planning we do with our future pets. Robert Schwartz is a hypnotherapist who offers general Spiritual Guidance Sessions, Past Life Soul Regressions, and Between Lives Soul Regressions. Visit Robert online at [www.yoursoulsplan.com](http://www.yoursoulsplan.com).

Souls on Earth - Linda Backman 2018-08-08

"It would be naive to suppose that intelligent life exists only on Earth. Dr. Linda Backman's groundbreaking book offers credible evidence of evolved interplanetary souls incarnate in human bodies. *Souls on Earth* presents a critical understanding of the gifts and challenges of such advanced beings."—Larry Dossey, MD, author of *One Mind* Discover the profound truth about interplanetary souls—people whose previous lives were experienced on distant planets or in other dimensions. In her work as a regression hypnotherapist, Dr. Linda Backman frequently meets with individuals who have had past lives on planets and realms beyond Earth. These individuals—called interplanetary souls—have agreed to come to Earth to help support the evolution of the planet as well as to develop themselves and learn lessons for spiritual advancement. In *Souls on Earth*, Dr. Backman shares her fascinating work with interplanetary souls. This book explores the characteristics of interplanetary souls so that if you are one, you will be able to understand more about your life purpose and cope with the special challenges that come with an incarnation on Earth. Learn how to identify IP souls and discover how they can assist humanity's evolution. Explore ways to support yourself or loved ones who may be IP souls. For many people struggling with difficult lessons or trying to find meaning, this book opens the door to new understandings and the potential for peace. Praise: "Based upon data from case studies gathered across decades in more than ten thousand soul regressions, Dr. Backman describes our soul energy as a light frequency, as our luminous body, and reveals that from our first incarnation, our divine soul light initiates a long-term and profound climb toward higher wisdom. In this book, we discover that each of us arrives on Earth with a two-fold evolutionary purpose: To progress our individual soul and to holistically advance life on Earth."—Hank Wesselman, PhD, author of *The Spiritwalker Trilogy* and the award-winning *Awakening to the Spirit World* (with Sandra Ingerman) "*Souls on Earth* by Linda Backman is a fascinating book filled with a grounded presentation and case studies that share a wealth of information and insights into the different dimensions of reality and wisdom brought to Earth by incarnate interplanetary souls. This is a wonderfully written and thought-provoking book!"—Sandra Ingerman, MA, author of *Soul Retrieval and Walking in Light* "Nothing clears the mind and body as well as Past Life Therapy. Wherever you are on your soul evolution path, this is the way to integration of everything."—C. Norman Shealy, MD, PhD, founder and CEO of International Institute of Holistic Medicine, president of Shealy Wellness, cofounder of the American Board of Scientific Medical Intuition, and author of *Conversations with G: A Physician's Encounter with Heaven* "As someone who has extensive experience studying the evolution of the soul, I highly applaud Linda Backman for her dedication and courage in taking us on a fantastic voyage through time and space in her groundbreaking book *Souls on Earth*."—Kim Russo, psychic medium, intuitive counselor, and host of *Psychic Intervention* and *The Haunting Of...*

Destiny of Souls - Michael Newton 2010-09-08

"*Journey of Souls* and *Destiny of Souls* are two of the most fascinating books I have ever read."—Academy Award-Winning Actress and Author Shirley MacLaine A pioneer in uncovering the secrets of life, internationally recognized spiritual hypnotherapist Dr. Michael Newton takes you once again into the heart of the spirit world. His groundbreaking research was first published in the bestselling *Journey of*

Souls, the definitive study on the afterlife. Now, in *Destiny of Souls*, the saga continues with 70 case histories of real people who were regressed into their lives between lives. Dr. Newton answers the requests of the thousands of readers of the first book who wanted more details about various aspects of life on the other side. *Destiny of Souls* is also designed for the enjoyment of first-time readers who haven't read *Journey of Souls*. Explore the meaning behind your own spiritual memories as you read the stories of people in deep hypnosis, and learn fascinating details about: Our purpose on Earth Soul mates and spirit guides Spiritual settings and where souls go after death Soul travel between lives Ways spirits connect with and comfort the living The soul-brain connection Why we choose certain bodies

*Reaching to Heaven* - James Van Praagh 1999

Praagh gives a guide to becoming true spiritual beings, taking the reader on a journey to show what happens at death, what the spirit world is like, how a soul chooses to be reborn, and how the actual process of reincarnation works.

*The Seven Stages of The Soul: The Ultimate Guide for All Souls on the Journey of Life* - Joe St Clair 2020-09-02

"The Seven Stages of The Soul" is a must-read for those seeking answers to our deepest questions about who we are and why we are here.

Weaving together mythology, the tarot, the chakras, spiritual wisdom and eastern mysticism, the book examines our purpose as immortal spiritual beings on a quest to find truth, contentment and fulfilment.

***The Journey of the Soul and the Ethereal World*** - Emma Ruder Drollinger 1919

***Journey of the Soul*** - Bill Gaultiere 2021-02-16

The healthy Christian life is one of continuing spiritual, emotional, and relational growth. But so many of us feel stuck or stagnated at one stage of the journey. It's not always clear to us where or why we are stuck, making it difficult to take the next step on our journey of the soul. That's where Bill and Kristi Gaultiere come in. After decades in private practice as counselors and therapists, they have developed a unique model for growing in grace. In *Journey of the Soul*, they draw on more than 70,000 hours of providing therapy and spiritual direction to show you how to identify your current stage of faith and the next steps to take based on your unique needs and struggles. With Scripture, self-assessments, and soul care practices to support your progress along the way, this insightful and inspiring book will be a treasured companion on your journey no matter where you are or how long you've been following Jesus.

***Human Souls Journey After Death In Islam*** - Muhammad Vandestra 2019-05-22

Imagine yourself at the moment of your death. What thoughts cross your mind? Memories of family and friends? Panic? Regrets? Remembrance of Allah? What is death? What happens to us after we die? What is life in the Hereafter like, this new and strange world after death? Do we lose consciousness of this life? Where does our soul go? Do we feel and think the same? The ineffable feeling of crossing the boundary between this world and the next cannot be described in words, nor imagined in the mind, but can be understood only through divine revelation and inspiration. Let us for the next few moments seek an understanding of this, death, the only certainty in life. Sometimes we may not want to know about the processes that occur after we die because we are afraid or don't want to think about it. However, this is not the attitude of a Muslim. We should be foremost in learning and understanding death, so we can live our lives accordingly. The prophet (saw) said, "Live in this world as though you are a stranger or a traveler (passing through it)." [Muslim] We are on a journey and should know about the whole journey's itinerary, not just one part. Death is inevitable. It is the one thing that we can be certain about in life. We are born to die. Every soul shall have a taste of death no matter who they are. This is confirmed for us many times in the Quran: "Every soul shall have a taste of death: and only on the Day of Judgement shall you be paid your full recompense." (Quran 3:185) "Every soul shall have a taste of death: and We test you by evil and by good, by way of trial. To Us must you return." (21:35) "Every soul shall have a taste of death: In the end to Us shall you be brought back." (29:57) Death is not pure annihilation, but rather both the living and dead are aware, but there is a difference that can't be compared. Death is merely movement from one world to another. It can be described as a journey through a wormhole to a separate dimension of existence.

***Journey of Souls*** - Michael Newton 1994

When reincarnating, do we have a short spell in a disembodied phase? Hypnosis reveals what goes on.

*The Immortal Soul* - David Rippy 2018-09-13

Not since Dr. Michael Newton, Edgar Cayce, Dr. Byron Weiss, and Dolores Cannon has there been a book that combines past lives, lives between lives, and actual soul council meetings shared in startling detail by hypnotically-induced subjects. These eight individuals recount not only the circumstances of their past lives but where they went after death and the soul lessons they reviewed with their council of elders and spirit guides. Use these pages to travel with prolific author, hypnotist, and researcher David Rippy to the shores of the New World through the eyes of a British first mate in the Royal Navy facing danger and the World War II battlefields as a lieutenant in a Nazi tank battalion. These subjects will learn about the nature of their current lives in relation to the past, such as the woman who discovered she had been in the same ill-fated romantic pairing in this life as when she was a settler on the U.S. prairie. Rippy covers the Universal Laws in detail and how all of our individual lives from birth to death and beyond are impacted by them. Regardless of your religious persuasion, the book offers insight for everyone and its common themes resonate throughout.

*The Journey to Find Me* - Sean Horshaw 2014-12-08

*The Journey to Find Me* is designed to show teenagers and young men and women how to tap into the greatness inside of them. The author uses his own experiences to pour knowledge into the readers so that they can find their purpose earlier and use it to reach their goals and dreams.

*Adventures of the Soul* - James Van Praagh 2016-03-08

*Adventures of the Soul* is a manual for anyone who has ever questioned where they come from, why they are here, and where they go after they die. Sharing his intuitive experiences of communicating with the Spirit World for the past 30 years, internationally renowned medium James Van Praagh takes you on a spiritual sojourn to discover the unique design of your very own soul and explore its various adventures as it travels between worlds. You'll learn to open up your mind to your soul's unbounded wisdom and gain a bigger perspective of life and a better grasp of your significant part in it. This book will further assist you in understanding and recognizing various soul lessons you came back to Earth to learn, such as sorrow, forgiveness, grief, love, and joy. By utilizing this knowledge, you will come to identify your soul's intricacies and start to live a life that truly fulfills your soul's destiny: following the path to love. This is one journey that will force you to look at life and death in a completely different light!

*Journey of Souls* - Michael Newton 2010-09-08

Learn the latest details and most recent groundbreaking discoveries that reveal, for the first time, the mystery of life in the spirit world after death on Earth—proof that our consciousness survives—in *Journey of Souls* by Michael Newton, PhD. Using a special hypnosis technique to reach the hidden memories of subjects, Dr. Newton discovered some amazing insights into what happens to us between lives. *Journey of Souls* is the record of 29 people who recalled their experiences between physical deaths. Through their extraordinary stories, you will learn specifics about: How it feels to die What you see and feel right after death The truth about "spiritual guides" What happens to "disturbed" souls Why you are assigned to certain soul groups in the spirit world and what you do there How you choose another body to return to Earth The different levels of souls: beginning, intermediate, and advanced When and where you first learn to recognize soulmates on Earth The purpose of life *Journey of Souls* is a graphic record or "travel log" by these people of what happens between lives on Earth. They give specific details as they movingly describe their astounding experiences. After reading *Journey of Souls*, you will gain a better understanding of the immortality of the human soul. You will meet day-to-day challenges with a greater sense of purpose. You will begin to understand the reasons behind events in your own life. *Journey of Souls* is a life-changing book. Already, over 600,000 people have taken *Journey of Souls* to heart, giving them hope in trying times.

*My Soul's Journey to Redefine Leadership* - Virginia Swain 2016-12-29

The story of an ordinary woman with extraordinary experiences, Virginia Swain's soul journey takes her from the devastating loss of her brother to moments of peace, visions of a new future, and after a harrowing day in New York City on September 11, a vivid dream of a phoenix rising from a city's ashes, calling her to a new definition of leadership, one of empowerment, reconciliation and peace.

***Religion and Spirituality*** - Eliot Deutsch 1995-01-01

Through the skillful use of a great variety of literary genres, this book explores the intimate relation and tension between religion and spirituality, evoking a wide range of responses that may awaken one to various possibilities of spiritual experience.

*The Soul's Journey After Death* - Muḥammad ibn Abī Bakr Ibn Qayyim al-Jawzīyah 1987

*Teen Witch* - Silver Ravenwolf 2008-09-18

Explains what being a witch is and isn't, covering the basic principles of the religion, rituals, traditions, and history, and offers advice on getting started as a witch and casting spells

*Your Soul's Gift* - Robert Schwartz 2012-04-11

In his groundbreaking first book, *Your Soul's Plan*, Robert Schwartz brought the idea of pre-birth planning into the mainstream. Now, his brilliant sequel *Your Soul's Gift* delves even deeper by exploring the pre-birth planning of spiritual awakening, miscarriage and abortion, caregiving, abusive relationships, sexuality, incest, adoption, poverty, suicide, rape, and mental illness. Working with a team of gifted mediums, Schwartz brings forth great love and wisdom from the other side to explain why such experiences are planned and the deep, soul-level healing they can create. Through the stories in *Your Soul's Gift* you can: - Develop greater self-love as you become aware of the tremendous courage it takes for you to plan a life on Earth and to live the life you planned -Emerge from victim consciousness to know yourself as the powerful creator of your life -Forgive those who have hurt you and create a lasting inner peace -Understand the qualities you came into this lifetime to cultivate and express -See profound purpose in experiences that once appeared to be meaningless suffering -Develop a heartfelt knowing of your infinite worth, beauty, magnificence, and sacredness as an eternal soul.

*The Gene Keys* - Richard Rudd 2013-05-09

The book begins by introducing the reader to a fantastic possibility - that humanity may be on the verge of a major shift in consciousness rooted in a new understanding of how our DNA operates - namely that it is programmed directly by the way we think and feel. This is a highly ambitious and sophisticated system for shaping one's destiny. Based around 64 archetypes, it resembles the I Ching in its vast scope and profound importance, and in the resonant character of its symbolism. The author shows how there are two ways to approach the Gene Keys - the analogue (holistic) way and the digital (detailed) way. It is the combining of both analogue and digital that results in contemplation - the primary pathway into the Gene Keys. Since our beliefs shape our genes, when we change our beliefs, we change the chemistry of our body. The Gene Keys are an inner language whose central purpose is to transform our core beliefs about ourselves, thus raising our lives onto a new level of awareness. The book works alongside state-of-the-art online profiling software. This software will provide instantaneous free profiles known as 'Hologenetic Profiles', which uses astrological data (time, date and place of birth) to generate a unique sequence of Gene Keys that relate to many aspects of your life, including the underlying genetic patterns governing your relationships, your finances, your health and your life purpose. As the reader contemplates the 64 Gene Keys over time and applies their insights in his or her own life, so one's belief system will begin to change and our DNA will actually start to transform the way we think and feel.

*The Limitless Soul* - Bryn Blankinship 2019-06-08

Access the Soul Level of Your Mind to Resolve Current Life Issues  
Featuring numerous past life, afterlife, and future life case studies, *The Limitless Soul* invites you to explore the many aspects of a soul's existence. These narratives show that life is not a random series of events, and they can be used to gain insight into your soul's future while exploring earthly lessons for your current incarnation. Using her hypno-regression technique, *Soul Expression Spiritual Regression (SESR)*, author Bryn Blankinship explains how revisiting certain times in your soul's history can bring resolution to long-standing issues and shift energies that are affecting your current life incarnation. This enlightening book carries universal messages and offers hands-on exercises, meditations, and practices for awakening your soul's guidance. With it, you'll discover your personal gifts and a deeper understanding of your place in this world.

*Echoes of the Soul* - Echo Bodine 2010-09-24

One Palm Sunday, Echo Bodine prayed to be granted a better understanding of worlds beyond this one, and three days later she found herself on an amazing voyage. Leaving her body behind, she traveled through life, death, and then beyond in a breath-taking vision of what awaits us all after this life. *Echoes of the Soul* is heartwarming and enlightening. In simple prose, Echo Bodine gently leads readers through realms of existence we all have yet to experience. Her inspiring images leave us with a hopeful vision of life after death — or, as Echo calls it, graduation, when we go to our real home. This inspiring and positive vision of the afterlife leaves the reader filled with hope, and even awe.

*Soul Dog* - Elena Mannes 2018-11-13

An exploration of animal spirituality and the ability of animals to communicate with humans even in the afterlife • Chronicles the author's profound relationship with her dog, Brio, his ability to read her mind and emotions, and the messages she received from him after his death • Shares the author's research with animal communicators, psychics, and scientists specializing in animal intelligence such as Rupert Sheldrake • Explores animals' thoughts and feelings, interspecies communication and telepathy, animal souls and the afterlife, and animal reincarnation • Paper with French flaps  
Looking for companionship after a near-fatal car crash, Elena Mannes, an award-winning television journalist and producer, decided to get her first dog. But what she found with her dog Brio shook the foundations of her physical and spiritual worlds, sending her on a quest to discover the nature of his spiritual origins and to contemplate and seek out the possibility of interspecies communication—even after death. Soon after bringing her puppy home, Mannes realized that the master-companion relationship would not be possible with Brio, who quickly showed that he had a mind—and a spirit—of his own. A healer Mannes visited immediately focused on Brio, exclaiming that he was an old soul. Mannes's growing curiosity about the intelligence, emotions, and consciousness of Brio and other dogs led her to contact an animal psychic in California who described, with amazing accuracy, Brio's favorite walks and the author's apartment from the dog's point of view. Motivated by her experience, Mannes produced a filmed segment with Diane Sawyer featuring the same psychic, who described Sawyer's country house and her dog's favorite spots in the yard. Mannes's skeptical journalist background compelled her to investigate further. She delved into the world of animal communicators, psychics, and scientists studying animal intelligence, including Rupert Sheldrake, to find answers to her multiplying questions: Do animals have thoughts and feelings? Consciousness? Souls? Is interspecies communication possible? Can animals reincarnate? Spanning the entire life and afterlife of Brio, including his last days and his messages to the author after he passed on, this book also explores Mannes' investigations into the spiritual life of animals, offering a new understanding of the unbreakable bond between humans and animals. Mannes invites readers to move beyond the owner-pet relationship and shows us how to see animals as thinking, feeling, spiritual beings whose connections with us extend far beyond life and death.

*Memories of the Afterlife* - Michael Newton 2010-09-08

Dr. Michael Newton, best-selling author of *Journey of Souls* and *Destiny of Souls*, returns with a series of case studies that highlight the profound impact of spiritual regression on people's everyday lives. Edited by Dr. Newton, these fascinating true accounts from around the world are handpicked and presented by Life Between Lives hypnotherapists certified by the Newton Institute. After recalling memories of their afterlife, the people in these studies embarked on life-changing spiritual journeys—reuniting with soul mates and spirit guides, and discovering the ramifications of life and body choices, love relationships, and dreams by communing with their immortal souls. As gems of self-knowledge are revealed, dramatic epiphanies result, enabling these ordinary people to understand adversity in their lives, find emotional healing, realize their true purpose, and forever enrich their lives with new meaning.

*Life, Death, and Immortality* - Terrill G. Hayes 2006

Explains the purpose of material and spiritual existence. Begins and ends by examining the purpose of life and death, achieving happiness, and developing loving relationships.