

Path Of Least Resistance Learning To Become The Creative Force In Your Own Life

Robert Fritz

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[Taming Your Gremlin \(Revised Edition\)](#) - Rick Carson 2009-10-06

This is a completely updated edition of the 1983 classic that introduced a powerful method for gaining freedom from self-defeating behaviors and beliefs. Rick Carson, creator of the renowned Gremlin-Taming™ Method, has revised the book to include fresh interactive activities, real-life vignettes we can all identify with, and new loathsome gremlins ripe for taming. Carson blends his laid-back style, Taoist wisdom, the Zen Theory of Change, and sound psychology in an easy-to-understand, unique, and practical system for banishing the nemesis within. Among the things you will learn are: Techniques for getting a sliver of light between the natural you and the monster of your mind. The extraordinary power of simply noticing and playing with options. Six keys to maintaining emotional balance amid upheaval.

David and Goliath - Malcolm Gladwell 2013-10-01

Explore the power of the underdog in Malcolm Gladwell's dazzling examination of success, motivation, and the role of adversity in shaping our lives, from the bestselling author of *The Bomber Mafia*. Three thousand years ago on a battlefield in ancient Palestine, a shepherd boy

felled a mighty warrior with nothing more than a stone and a sling, and ever since then the names of David and Goliath have stood for battles between underdogs and giants. David's victory was improbable and miraculous. He shouldn't have won. Or should he have? In *David and Goliath*, Malcolm Gladwell challenges how we think about obstacles and disadvantages, offering a new interpretation of what it means to be discriminated against, or cope with a disability, or lose a parent, or attend a mediocre school, or suffer from any number of other apparent setbacks. Gladwell begins with the real story of what happened between the giant and the shepherd boy those many years ago. From there, *David and Goliath* examines Northern Ireland's Troubles, the minds of cancer researchers and civil rights leaders, murder and the high costs of revenge, and the dynamics of successful and unsuccessful classrooms—all to demonstrate how much of what is beautiful and important in the world arises from what looks like suffering and adversity. In the tradition of Gladwell's previous bestsellers—*The Tipping Point*, *Blink*, *Outliers* and *What the Dog Saw*—*David and Goliath* draws upon history, psychology, and powerful storytelling to reshape the way we think of the world around us.

Make It Stick - Peter C. Brown 2014-04-14

Discusses the best methods of learning, describing how rereading and rote repetition are counterproductive and how such techniques as self-testing, spaced retrieval, and finding additional layers of information in new material can enhance learning.

Can't Hurt Me - David Goggins 2021-04-01

New York Times Bestseller Over 2.5 million copies sold For David Goggins, childhood was a nightmare - poverty, prejudice, and physical abuse colored his days and haunted his nights. But through self-discipline, mental toughness, and hard work, Goggins transformed himself from a depressed, overweight young man with no future into a U.S. Armed Forces icon and one of the world's top endurance athletes. The only man in history to complete elite training as a Navy SEAL, Army Ranger, and Air Force Tactical Air Controller, he went on to set records in numerous endurance events, inspiring Outside magazine to name him The Fittest (Real) Man in America. In this curse-word-free edition of *Can't Hurt Me*, he shares his astonishing life story and reveals that most of us tap into only 40% of our capabilities. Goggins calls this The 40% Rule, and his story illuminates a path that anyone can follow to push past pain, demolish fear, and reach their full potential.

The Evil of Banality - Elizabeth K. Minnich 2016-12-07

Asking, How could they do it? about the many ordinary people who have been perpetrators and those who resist extensive evils—genocide, human trafficking, endemic sexualized violations of females, economic exploitation—the book delves into historic, contemporary, national, and international examples. The author, a moral philosopher, draws also on literature, psychology, economics, journalism, pop culture. Reversing Arendt's banality of evil, she finds that mind-deadening banality, thoughtless conventionality, ambition, greed, status-seeking enable the evil of banality.

The Journeyman Life - Tony C. Daloisio 2022-01-18

The Path to Being a Better Man Many modern men are consumed by anger, frustration, aggression, and fear. We are unable to connect effectively as a spouse, a father, a friend, and even a leader. We push people away, lash out at

those we love the most, and keep our inner struggles to ourselves. This disjunction from the outside world poisons our relationships and threatens our ability to find true fulfillment. But there is a path to a better version of the modern man. By confronting the inner challenges that inform our outward behaviors, we can reshape ourselves. With help and courage, we can set off on a new journey toward better relationships, more honest and effective communication, and an overall better life. Tony C. Daloisio harnesses over thirty years of professional experience as a practicing psychologist and researcher, as well as his own personal journey, to illuminate the road to a well lived life. The path—and the journeyman—will never be perfect, but the journey itself will lead to lasting positive change for ourselves and for our loved ones.

Getting Things Done - David Allen 2001 ALLEN/GETTING THINGS DONE

The Resilience Breakthrough - Christian Moore 2014-07-22

A Guide to Resilience: The Second-Greatest Principle in the World Christian Moore is convinced that each of us has a power hidden within, something that can get us through any kind of adversity. That power is resilience. In *The Resilience Breakthrough*, Moore delivers a practical primer on how you can become more resilient in a world of instability and narrowing opportunity, whether you're facing financial troubles, health setbacks, challenges on the job, or any other problem. We can all have our own resilience breakthrough, Moore argues, and can each learn how to use adverse circumstances as potent fuel for overcoming life's hardships. As he shares engaging real-life stories and brutally honest analysis of his own experiences, Moore equips you with twenty-seven resilience-building tools that you can start using today—in your personal life or in your organization.

The Path of Least Resistance - Robert Fritz 1989-04-22

A revolutionary program for creating anything, from a functional kitchen to a computer program, to a work of art, Robert Fritz demonstrates that any of us has the innate power to create. Discover the steps of creating; the importance of creating what you truly love, how to focus on the creative process to move from where you are to where you want to be,

and much more.

The Path of No Resistance - Garret Kramer
2015-07-07

A FRESH TAKE ON THE INBORN CHARACTERISTIC OF RESILIENCE Most people are convinced that the key to rising above a perceived problem is to think about it, analyze all angles, and try hard to solve it. But the fact is: Problems in the world are mounting. War, famine, and strife exist at alarming rates. Not to mention that the level of respect within our families and communities seems to be fraying. Simply put, our behavior is not up to par these days; it is spiraling downward. Why? We're not connecting the dots. In the arenas of psychology, teaching, coaching, and parenting, we're using behavioral strategies to boost inner levels of clarity and consciousness—to no avail. So, if focusing on behavior isn't working, what will? The Path of No Resistance provides a brand-new look at how human beings really overcome adversity. Along the way, Garret Kramer reveals the astonishing truth about what creates our troubles in the first place. And what we already know, deep down, that allows us to prosper in spite of any circumstance or situation. Offering an array of examples, Kramer demonstrates that resilience and contentment are—in principle—innate to everyone. He insists that calculated self-help methods are not the answer, and explains why insight, not intellect, is what fuels our ability to excel and give back to others.

The Last Shaman - William Whitecloud
2018-04-01

The Last Shaman is a captivating ride through the jungles of war-torn Africa. Mark Vale, who represents any of us struggling to take consistent ownership of our personal power, takes an unwanted journey to find the last shaman who is responsible for ending the war and saving thousands of lives. All throughout, Mark learns from a colourful array of characters - including a Doctor of Philosophy exiled in the swamps, a shape-shifting sorceress, and the widow of a tribal scout - who teach him to commit completely to the desires of his soul. We see how that commitment enables him to create in a way that uplifts not only himself, but also the whole world that he is a part of. 'Like The Alchemist and The Celestine Prophecy, The Last

Shaman is poised to take its rightful place among the spiritual classics of our time'. - Doreen Banaszak, author of 'Excuse Me, Your Life is Now'. Click the play button below the book image, and watch William Whitecloud talk about this book, "The Last Shaman".

Gradual failure : the air war over North Vietnam 1965-1966 -

The Path of Least Resistance for Managers - Robert Fritz 1999

Explains the structural causes of success and failure and how to redesign the organization or team for success.

The Fountainhead - Ayn Rand 2005-04-26
The revolutionary literary vision that sowed the seeds of Objectivism, Ayn Rand's groundbreaking philosophy, and brought her immediate worldwide acclaim. This modern classic is the story of intransigent young architect Howard Roark, whose integrity was as unyielding as granite...of Dominique Francon, the exquisitely beautiful woman who loved Roark passionately, but married his worst enemy...and of the fanatic denunciation unleashed by an enraged society against a great creator. As fresh today as it was then, Rand's provocative novel presents one of the most challenging ideas in all of fiction—that man's ego is the fountainhead of human progress... "A writer of great power. She has a subtle and ingenious mind and the capacity of writing brilliantly, beautifully, bitterly...This is the only novel of ideas written by an American woman that I can recall."—The New York Times

Love Will Show You the Way - Steve Leasock
2020-05-31

Have you been looking for love in all the wrong places? Do emotional feelings often cause you doubt and anxiety? Does life seem unfair and you don't know why? Don't worry, if you have answered with yes. You are not alone. Countless people around the world live with uncertainty about love and life. Everyone seeks love. Everybody wants a healthy and prosperous life. But, something has happened along the way. We have become distracted and attach ourselves to temporary details of little significance during our journey. It seems that we are on the wrong path. However, the way is always permanent. But, how we walk this footpath determines

everything. Steve Leasock offers ideas, insight, and guidelines to loving and living more consciously in a world that seems so complex. The book discusses existentialism, metaphysics, and spirituality. He dives deep into topics relating to how we love and live on this marvelously mysterious path called life.

Adult Children of Emotionally Immature Parents - Lindsay C. Gibson 2015-06-01

If you grew up with an emotionally immature, unavailable, or selfish parent, you may have lingering feelings of anger, loneliness, betrayal, or abandonment. You may recall your childhood as a time when your emotional needs were not met, when your feelings were dismissed, or when you took on adult levels of responsibility in an effort to compensate for your parent's behavior. These wounds can be healed, and you can move forward in your life. In this breakthrough book, clinical psychologist Lindsay Gibson exposes the destructive nature of parents who are emotionally immature or unavailable.

You will see how these parents create a sense of neglect, and discover ways to heal from the pain and confusion caused by your childhood. By freeing yourself from your parents' emotional immaturity, you can recover your true nature, control how you react to them, and avoid disappointment. Finally, you'll learn how to create positive, new relationships so you can build a better life. Discover the four types of difficult parents: The emotional parent instills feelings of instability and anxiety The driven parent stays busy trying to perfect everything and everyone The passive parent avoids dealing with anything upsetting The rejecting parent is withdrawn, dismissive, and derogatory

Just Blow It Up - Dixie Gillaspie 2013-04-02

Just Blow it Up: Firepower for Living an Unlimited Life will provide the reader with: A dependable, repeatable process for eliminating barriers Authentic life-expanding tools while demolishing cliches How to recognize the symptoms, causes, and types of brick walls How to pursue a life where "nothing is impossible" Ways to refuse the bricks life offers and reclaim their power Pulling together her experiences from years of coaching entrepreneurs and consulting in hundreds of small businesses across America, along with stories shared with her by mentors and teachers such as Richard

Bach, Bob Burg, Mitch Matthews and John David Mann, Dixie builds a credible case for taking on the "impossible" dream and blowing up any barrier that stands in the way. *Just Blow It Up* gives a step-by-step process for challenging those barriers, weakening those walls, and finally applying the "real dynamite" and powering right on through.

William Whitecloud's Secrets of Natural Success - William Whitecloud 2020-04-01

William Whitecloud's 'Secrets Of Natural Success; Five Steps to Unlocking Your Genius' is unlike any self-transformation book you have ever read. Best selling author and Creative Development trainer William Whitecloud dispenses with the usual approaches of fixing, self-manipulation or relying on mystical forces to get ahead in life. Instead, he offers a highly original insight into how your level of creativity determines your level of natural success in life, and a step-by-step guide to unlocking and applying the dormant genius within each of us. With the same natural storytelling style of his best sellers, *The Magician's Way* and *The Last Shaman*, Whitecloud transports you on an astonishing journey through the realms of consciousness responsible for the realities and outcomes you experience in life, and explains how to align yourself with those aspects guaranteed to deliver the end results you prefer. Traversing themes as diverse as the creative nature of consciousness, unconscious belief systems, personality types, perception vs. intuition, imagination, conscious choice and the role of conflict and emotion in creative awareness and follow through, you will acquire a phenomenally thorough and effective model for accessing your latent power and directing it in creating a life beyond belief. Based on a deep appreciation of human nature and potential, the premises within these pages serve as a creative master key, putting other learnings in perspective, and further empowering you with a masterful approach to everything you care about and undertake.

Non-Invasive Data Governance - Robert S. Seiner 2014-09-01

Data-governance programs focus on authority and accountability for the management of data as a valued organizational asset. Data Governance should not be about command-and-

control, yet at times could become invasive or threatening to the work, people and culture of an organization. Non-Invasive Data Governance™ focuses on formalizing existing accountability for the management of data and improving formal communications, protection, and quality efforts through effective stewarding of data resources. Non-Invasive Data Governance will provide you with a complete set of tools to help you deliver a successful data governance program. Learn how:

- Steward responsibilities can be identified and recognized, formalized, and engaged according to their existing responsibility rather than being assigned or handed to people as more work.
- Governance of information can be applied to existing policies, standard operating procedures, practices, and methodologies, rather than being introduced or emphasized as new processes or methods.
- Governance of information can support all data integration, risk management, business intelligence and master data management activities rather than imposing inconsistent rigor to these initiatives.
- A practical and non-threatening approach can be applied to governing information and promoting stewardship of data as a cross-organization asset.
- Best practices and key concepts of this non-threatening approach can be communicated effectively to leverage strengths and address opportunities to improve.

Emotions and the Enneagram - Margaret Frings Keyes 1992

Synthesizes the Enneagram, an ancient system of psychological typology, with Jung's concept of the Shadow and modern psychological theory and practice. Unburdens the Enneagram of its metaphysical connotations and demonstrates its value as a tool for psychic growth.

The Intellect of the Mind, Body, and Spirit - Annahita Z Van Den Berghe 2021-02-19

In this comprehensive book, Dr. Van den Berghe breaks down the steps to achieving optimal health, but not just from a physical point of view. Yes, she covers the topics of musculoskeletal well-being, sports performance, the dangers of sedentary lifestyles, diet and nutrition, what to eat to stay healthy, how to lose weight, and how to have a healthy pregnancy. But her holistic approach goes much further, discussing the importance of the mind and body connection, as

well as spirituality for a life that can bring you inner peace and happiness.

The Art of War - Sun-Tzu 2010-02-01

The 48 Laws of Power - Robert Greene 2000-09-01

Amoral, cunning, ruthless, and instructive, this multi-million-copy New York Times bestseller is the definitive manual for anyone interested in gaining, observing, or defending against ultimate control - from the author of *The Laws of Human Nature*. In the book that *People* magazine proclaimed "beguiling" and "fascinating," Robert Greene and Joost Elffers have distilled three thousand years of the history of power into 48 essential laws by drawing from the philosophies of Machiavelli, Sun Tzu, and Carl Von Clausewitz and also from the lives of figures ranging from Henry Kissinger to P.T. Barnum. Some laws teach the need for prudence ("Law 1: Never Outshine the Master"), others teach the value of confidence ("Law 28: Enter Action with Boldness"), and many recommend absolute self-preservation ("Law 15: Crush Your Enemy Totally"). Every law, though, has one thing in common: an interest in total domination. In a bold and arresting two-color package, *The 48 Laws of Power* is ideal whether your aim is conquest, self-defense, or simply to understand the rules of the game.

No Excuses! - Brian Tracy 2010-05-25

Includes sections on self-discipline and personal success; business, sales and finances; and the good life.

Rest - Alex Soojung-Kim Pang 2016-12-06

Sit back and relax and learn about why overworking and under resting can be harmful to yourself and your career. "Rest is such a valuable book. If work is our national religion, Pang is the philosopher reintegrating our bifurcated selves."---Arianna Huffington, *New York Times Book Review* Overwork is the new normal. Rest is something to do when the important things are done-but they are never done. Looking at different forms of rest, from sleep to vacation, Silicon Valley futurist and business consultant Alex Soojung-Kim Pang dispels the myth that the harder we work the better the outcome. He combines rigorous scientific research with a rich array of examples of writers, painters, and thinkers---from Darwin

to Stephen King---to challenge our tendency to see work and relaxation as antithetical.

"Deliberate rest," as Pang calls it, is the true key to productivity, and will give us more energy, sharper ideas, and a better life. Rest offers a roadmap to rediscovering the importance of rest in our lives, and a convincing argument that we need to relax more if we actually want to get more done.

The Laws of Human Nature - Robert Greene
2019-10-01

From the #1 New York Times-bestselling author of *The 48 Laws of Power* comes the definitive new book on decoding the behavior of the people around you. Robert Greene is a master guide for millions of readers, distilling ancient wisdom and philosophy into essential texts for seekers of power, understanding and mastery. Now he turns to the most important subject of all - understanding people's drives and motivations, even when they are unconscious of them themselves. We are social animals. Our very lives depend on our relationships with people. Knowing why people do what they do is the most important tool we can possess, without which our other talents can only take us so far. Drawing from the ideas and examples of Pericles, Queen Elizabeth I, Martin Luther King Jr, and many others, Greene teaches us how to detach ourselves from our own emotions and master self-control, how to develop the empathy that leads to insight, how to look behind people's masks, and how to resist conformity to develop your singular sense of purpose. Whether at work, in relationships, or in shaping the world around you, *The Laws of Human Nature* offers brilliant tactics for success, self-improvement, and self-defense.

A Short Course in Creating What You Always Wanted to But Couldn't Before Because Nobody Ever Told You How Because They Didn't Know Either - Robert Fritz
1985-06-01

Mastery - Robert Greene
2012-11-13

From the bestselling author of *The 48 Laws of Power* and *The Laws of Human Nature*, a vital work revealing that the secret to mastery is already within you. Each one of us has within us the potential to be a Master. Learn the secrets of the field you have chosen, submit to a rigorous

apprenticeship, absorb the hidden knowledge possessed by those with years of experience, surge past competitors to surpass them in brilliance, and explode established patterns from within. Study the behaviors of Albert Einstein, Charles Darwin, Leonardo da Vinci and the nine contemporary Masters interviewed for this book. The bestseller author of *The 48 Laws of Power*, *The Art of Seduction*, and *The 33 Strategies of War*, Robert Greene has spent a lifetime studying the laws of power. Now, he shares the secret path to greatness. With this seminal text as a guide, readers will learn how to unlock the passion within and become masters.

[How People Learn](#) - National Research Council
2000-08-11

First released in the Spring of 1999, *How People Learn* has been expanded to show how the theories and insights from the original book can translate into actions and practice, now making a real connection between classroom activities and learning behavior. This edition includes far-reaching suggestions for research that could increase the impact that classroom teaching has on actual learning. Like the original edition, this book offers exciting new research about the mind and the brain that provides answers to a number of compelling questions. When do infants begin to learn? How do experts learn and how is this different from non-experts? What can teachers and schools do-with curricula, classroom settings, and teaching methods--to help children learn most effectively? New evidence from many branches of science has significantly added to our understanding of what it means to know, from the neural processes that occur during learning to the influence of culture on what people see and absorb. *How People Learn* examines these findings and their implications for what we teach, how we teach it, and how we assess what our children learn. The book uses exemplary teaching to illustrate how approaches based on what we now know result in in-depth learning. This new knowledge calls into question concepts and practices firmly entrenched in our current education system. Topics include: How learning actually changes the physical structure of the brain. How existing knowledge affects what people notice and how they learn. What the thought processes of experts tell us about how to teach. The amazing

learning potential of infants. The relationship of classroom learning and everyday settings of community and workplace. Learning needs and opportunities for teachers. A realistic look at the role of technology in education.

Identity - Robert Fritz 2016-11-18

This groundbreaking book explores how identity issues thwart the ability to create the life you want. This book demonstrates how the modern trend to promote self-esteem training, positive thinking, and the tenets of the self-help movement encourages self-obsession, which backfires and makes it harder for people to create success. Authors Andersen and Fritz make the ultimate case that what you think about yourself doesn't matter, nor does it determine your prospects of accomplishment. In fact, the more you focus on yourself, the less you are able to learn, grow, develop needed skills, and create what matters most to you. This book will ruffle many feathers in the self-help world by revealing how some of the most common concepts are simply not true and even harmful. On the other side of these concepts is freedom from illusions, dogma, and belief. The ideas in *Identity* will give you the opportunity to truly become the dominant force and author of your life building process.

Switch - Chip Heath 2010-02-16

Why is it so hard to make lasting changes in our companies, in our communities, and in our own lives? The primary obstacle is a conflict that's built into our brains, say Chip and Dan Heath, authors of the critically acclaimed bestseller *Made to Stick*. Psychologists have discovered that our minds are ruled by two different systems - the rational mind and the emotional mind—that compete for control. The rational mind wants a great beach body; the emotional mind wants that Oreo cookie. The rational mind wants to change something at work; the emotional mind loves the comfort of the existing routine. This tension can doom a change effort - but if it is overcome, change can come quickly. In *Switch*, the Heaths show how everyday people - employees and managers, parents and nurses - have united both minds and, as a result, achieved dramatic results: • The lowly medical interns who managed to defeat an entrenched, decades-old medical practice that was endangering patients • The home-organizing

guru who developed a simple technique for overcoming the dread of housekeeping • The manager who transformed a lackadaisical customer-support team into service zealots by removing a standard tool of customer service In a compelling, story-driven narrative, the Heaths bring together decades of counterintuitive research in psychology, sociology, and other fields to shed new light on how we can effect transformative change. *Switch* shows that successful changes follow a pattern, a pattern you can use to make the changes that matter to you, whether your interest is in changing the world or changing your waistline.

The Happiness Advantage - Shawn Achor 2010-09-14

INTERNATIONAL BESTSELLER • The happy secret to greater success and fulfillment in work and life—a must-read for everyone trying to flourish in a world of increasing stress and negativity “Thoughtfully lays out the steps to increasing workplace positivity.”—Forbes In the book that inspired one of the most popular TED Talks of all time, New York Times bestselling author Shawn Achor reveals how rewiring our brain for happiness helps us achieve more in our careers and our relationships and as students, leaders, and parents. Conventional wisdom holds that once we succeed, we'll be happy; that once we get that great job, win that next promotion, lose those five pounds, happiness will follow. But the science reveals this formula to be backward: Happiness fuels success, not the other way around. Research shows that happy employees are more productive, more creative, and better problem solvers than their unhappy peers. And positive people are significantly healthier and less stressed and enjoy deeper social interaction than the less positive people around them. Drawing on his original research—including one of the largest studies of happiness ever conducted—and work in boardrooms and classrooms across forty-two countries, Achor shows us how to rewire our brains for positivity and optimism to reap the happiness advantage in our lives, our careers, and even our health. His strategies include: • The Tetris Effect: how to retrain our brains to spot patterns of possibility so we can see and seize opportunities all around us • Social Investment: how to earn the dividends of a strong social support network

- The Ripple Effect: how to spread positive change within our teams, companies, and families By turns fascinating, hopeful, and timely, The Happiness Advantage reveals how small shifts in our mind-set and habits can produce big gains at work, at home, and elsewhere.

The Path of Least Resistance - Robert Fritz
2014-05-16

The Path of Least Resistance: Learning to Become the Creative Force in Your Own Life, Revised and Expanded discusses how humans can find inspiration in their own lives to drive creative process. This book discusses that by understanding the concept of structure, we can reorder the structural make-up of our lives; this idea helps clear the way to the path of least resistance that will lead to the manifestation of our most deeply held desires. This text will be of great use to individuals who seek to use their own lives as the driving force of their creative process.

Your Life as Art - Robert Fritz 2003

This book is about creating your life just as the artist creates a painting, a composer writes a symphony, or the poet writes a poem. Robert Fritz further develops his special insights that he introduced in his best selling book The Path of Least Resistance. In Your Life As Art, Fritz shows the relationship among the mechanics, the orientation, and the depth of the human spirit within the creative process, and how your life itself can be made like a work of art. Your Life As Art breaks new ground, shakes up the status quo, and, at once, is common sense and revolutionary insight that can change the way you understand the dynamics of your life-building process.

Lift - Ryan W. Quinn 2015-07-31

Just as the Wright Brothers combined science and practice to finally realize the dream of flight, Ryan and Robert Quinn combine research and personal experience to demonstrate how to reach a psychological state that elevates us and those around us to greater heights of achievement, integrity, openness, and empathy. It's the psychological equivalent of aerodynamic lift, and it is the fundamental state of leadership. This book draws on recent advances in positive psychology and organizational science to describe four questions that, when asked in any

situation, will help us experience the fundamental state of leadership. Engaging personal stories illustrate how the Quinns and others have applied these concepts at work, at home, and in the community. --

The Path of Least Resistance - Robert Fritz 1984

Creativity Is Forever - Gary A. Davis
1999-08-01

Why Students Resist Learning - Anton O. Tolman
2016-11-30

However personally committed faculty may be to helping students learn, their students are not always as eager to participate in this endeavor, and may react with both active and passive resistant behaviors, including poor faculty evaluations. The purpose of this book is to help faculty develop a coherent and integrated understanding of the various causes of student resistance to learning, providing them with a rationale for responding constructively, and enabling them to create conditions conducive to implementing effective learning strategies. In this book readers will discover an innovative integrated model that accounts for student behaviors and creates a foundation for intentional and informed discussion, evaluation, and the development of effective counter strategies. The model takes into account institutional context, environmental forces, students' prior negative classroom experiences, their cognitive development, readiness to change, and metacognition. The various chapters take the reader through the model's elements, exploring their practical implications for teaching, whether relating to course design, assessments, assignments, or interactions with students. The book includes a chapter written entirely by students, offering their insights into the causes of resistance, and their reflections on how participating on this project has affected them. While of great value for faculty, this book is also useful to faculty developers advising future and current faculty, as well as to administrators, offering insight into how institutional values impact teaching practice and student attitudes.

The Marriage Checkup - James V. Córdova
2009-05-11

The Marriage Checkup is designed to help

couples assess the strengths and weaknesses of their relationship and to develop strategies for strengthening its health. Like physical health, the health of a relationship can be developed to greater levels of fitness and resilience to illness. Thus, even healthy couples can benefit from a marital health perspective by developing exercises for optimizing their health and fitness. This book primarily serves couples interested in improving the health of their relationship. Counselors and therapists may recommend that their couples-patients use the book. Additionally, the book may be of interest to professors of marriage and family counseling.

Connected Teaching - Harriet L. Schwartz
2019-06-30

At a time when many aspects of the faculty role are in question, Harriet Schwartz, the author of *Connected Teaching*, argues that the role of teachers is as important as ever and is evolving profoundly. She believes the relationships faculty have with individual students and with classes and cohorts are the essential driver of teaching and learning. This book explores teaching as a relational practice - a practice

wherein connection and disconnection with students, power, identity, and emotion shape the teaching and learning endeavor. The author describes moments of energetic deep learning and what makes these powerful moments happen. She calls on readers to be open to and seek relationship, understand their own socio-cultural identity (and how this shapes internal experience and the ways in which they are met in the world), and vigilantly explore and recognize emotion in the teaching endeavor. *Connected Teaching* is informed and inspired by Relational Cultural Theory (RCT). The premise of RCT is that the experience of engaging in growth-fostering interactions and relationships is essential to human development. RCT's founding scholars believed the theory would be relevant in many different settings, but this is the first book to apply them to teaching and learning in higher education. In this book, the author shows that RCT has much to offer those devoted to student learning and development, providing a foundation from which to understand the transformative potential of teaching as a relational practice.