

Regression Therapy Handbook Professionals Volume

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Regression Therapy - Winafred Blake Lucas 2001-06-01

The Big Book of Reincarnation - Roy Stemman 2012-05-01

Is DEATH the FINAL CHAPTER? In The Big Book of Reincarnation, Roy Stemman attempts to answer one of the big questions of existence: Is death the end? Or, is it the merely the end of a chapter in the book of existence? A self-described "skeptical believer," Stemman uses his skills as a professional journalist to perform an in-depth exploration of reincarnation. Using case studies, anecdotes, and physical evidence from the best-documented cases from around the world, Stemman shines a bright light on this subject, inviting readers to decide for themselves on the basis of facts, rather than on the basis of hearsay, speculation, and superstition. Stemman finds fascinating examples of evidence of reincarnation in the nightmares of a Louisiana bayou boy, the past-life recall of a renowned neurosurgeon, the research of a highly respected university professor, and the unique system of governance in the mountains of Tibet, to name just a few. He examines the lives of those affected by reincarnation, such as children who can actually remember their previous lives. Instead of shying away from the skeptics, Stemman evaluates their leading theories and compares them to the findings that he has accumulated throughout his global research. The Big Book of Reincarnation is thorough, well researched, engaging, and the most comprehensive book ever published on this fascinating subject. Readers who love Brian Weiss's *Many Lives, Many Masters* and *Only Love is Real* will appreciate the depth of study that the author brings to this work. Topics that have long been scoffed by skeptics, past lives and reincarnation are enjoying a revival of mainstream interest after prominent medical professionals and scientists have added their personal experiences and research to a growing chorus of proof that the afterlife is no myth for the weak minded. Neurosurgeon Dr. Eben Alexander's book, *Proof of Heaven*, is one such example. The truth is, a deeper exploration of the human psyche and transpersonal psychology offers a frontier for the brightest minds of our day. Other popular books that explore these and related topics include: *The Wheel of Life* by Elisabeth Kübler-Ross *Life After Death* - *The Burden of Proof* by Deepak Chopra *Life After Life: The Bestselling Original Investigation That Revealed "Near-Death Experiences"* by Raymond Moody And many others

Regression Therapy - Winafred Blake-Lucas 2007-04-01

This literary masterpiece is a collection of several well-known regression therapists who share their clinical insights into the field of Regression Therapy. Volume One includes the process of past life regression, reframing, and cathartic methodologies. Volume Two explores several other areas benefited by the use of regression therapy.

Spirits, Angels, Demons, and Gods - Don Little 2010-02-16

ABC Chinese-English Dictionary - John DeFrancis 1999-01-01

Translates from Chinese to English, and is arranged based on the Chinese pronunciation.

EXPLORING REINCARNATION - Hans TenDam 2012-12-31

Exploring Reincarnation examines the full range of explanations for past-life recall. This definitive study includes case histories from around the world, as well as intriguing theories about the relationship between body and soul - from general social beliefs about past lives to detailed questions about karma and past-life regression therapy. An outstanding introduction to reincarnation from a historical, scientific, and philosophical point of view. Exploring Reincarnation is the now classic panorama on reincarnation ideas and experiences.

Signs of Reincarnation - James G. Matlock 2019-06-15

This book provides a systematic, inter-disciplinary examination of beliefs in as well as evidence for reincarnation that will appeal to students of anthropology, religious studies, philosophy, and the psychology of consciousness and memory, as well as parapsychology.

Suicide - Jon Klimo 2006-06-12

This provocative study explores what happens to those who commit suicide. Drawing on communications from the spirits of more than 100 'successful' suicides, it offers an intriguing look at what the dead themselves say about suicide, its repercussions, and their experiences in the afterlife. Bringing together the channeled messages of three types of suicide—traditional suicide, assisted suicide, and the suicide mass murder adopted by terrorists—the book covers a wide range of topics, including why people commit suicide, what it is like to cross over, adjustment problems, what suicides would say to those left behind, and what they would tell others thinking of taking their own lives. Additionally, the book conveys powerful messages from suicide bombers, warning potential terrorists of the serious karmic consequences that await them. For anyone contemplating suicide or euthanasia, the book offers profound, sometimes unsettling, insight into the ramifications of these acts.

Mind Probe Hypnosis - Irene Hickman 1998-08-01

Illustrates the adventures that are possible while exploring the human mind, and further illustrates how ghosts from the past may be laid to rest.

Framework of Reality: Understanding Our Subtle Spiritual Nature

- Douglas Kinney 2014-06-06

Framework of Reality highlights unfolding developments that are revolutionizing our understanding of ourselves and our place in the universe. Scientists and scientifically trained researchers are providing us with a rich and expanding base of knowledge about strange and unusual phenomena observed in quantum physics, cosmology, biology, psychology, disease and healing, death, and reincarnation investigations. It is a companion book to Frontiers of Knowledge, which is a large research book with all the details and all the references. Framework provides all the same information in a summary form. (It can be considered the "Cliffs Notes" for Frontiers of Knowledge.) Insights from quantum physics suggest that the basis of our physical universe is mental—conscious thought. Other discoveries are causing us to redefine our concepts of mind and this elusive thing we call consciousness. The verified near-death out-of-body experiences (OBEs) show that consciousness can exist in a nonphysical form—indicating that mind is not tied to the physical brain. New concepts of reality are also needed to explain the incredibly fine-tuned characteristics of our physical universe. The mysterious nature of dark energy and dark matter suggests that their source resides in subtle-energy dimensions. Strong hints of subtle dimensions are also provided in near-death OBEs, subtle-energy healings, and documented accounts of very unusual mind-body effects. Thousands of between-lives spiritual regression cases and the deeper near-death experiences provide us with fairly consistent descriptions of a nonphysical realm populated by souls living in a highly developed culture that is interacting with humans. This revolutionary information demands a revised and expanded view of reality—one in which spirituality is the underlying source of reality. Highlights on all of the above and more are presented in Framework of Reality, and they provide readers with the outline of this new revolution in knowledge.

Handbook to the Afterlife - Pamela Rae Heath 2011-07-05

In Handbook to the Afterlife, two seasoned experts with decades of experience working with channeled material describe the stages that spirits go through, focusing on the details that these accounts have in common. Just as life itself has different stages of growth and development, so most accounts of the afterlife are consistent with the authors' view that dying and rebirth are also continuous processes. Beginning with the moment of death itself, progressing through different transitional stages, and ending with the return of spirits to the physical plane, authors Pamela Heath and Jon Klimo define the purposes and pitfalls of each stage. They look at the kinds of adjustment problems that

occur in each phase, and how spirits can be helped to move forward. Questions of pain and emotional state at the time of death, karma, and reincarnation are sensitively addressed. The book includes practical techniques for opening up communication with those who have passed on to the other side. While of interest to anyone seeking a general overview of the subject, Handbook to the Afterlife is particularly useful for those dealing with spirits who have not moved on, such as ghosts.

Foundations of Clinical Hypnosis - Edwin K. Yager 2008-09-01

This comprehensive volume is certain to become an invaluable textbook in the burgeoning field of clinical hypnosis. In it Dr. Yager covers everything there is to know about how to translate theory into practice across the range of clinical settings. His clear and thoughtful perspective will inform those who are new to the field and expand the understanding of those who have more experience. The level of depth and detail is unparalleled, providing readers with a full education on the subject.

Reaching Higher and Deeper Workbook for Healing Research, Volume 3 - Personal Spirituality: Science, Spirit and the Eternal Soul - Daniel J. Benor, M.D. 2009

The Art of Hypnosis - C. Roy Hunter 2004-09

Medical Hypnotherapy: Principles and methods of practice - Tim Simmerman 2007

This book is an instructional manual for physicians, nurses, workers, emergency medical technicians, dentists, counselors and hypnotherapists seeking to use the resources of the mind to control or eliminate pain and accelerate healing from disease and illness.

Ancient Teachings for Beginners - Douglas De Long 2000

Ancient Teachings for Beginners by Douglas De Long reveals the mysteries from the distant past and how they can lead to a brighter future in the New Age. It begins with a brief history of spiritual development from before ancient Egypt right up to the present. It continues by explaining the secrets of the aura and the chakras. In this section you'll learn about the importance of the third eye chakra. It is related to the pineal gland and the third eye. Opening the third eye aids intuition, creativity, and psychic abilities. You can do this easily by "toning," "doing vibrational work" or chanting Thoh (rhymes with "toe") at a middle or high "C" note. This triggers a vibration in the pineal which cause the third eye and its chakra to open. The exact techniques are included in the book. If you open the crown chakra (associated with the pituitary gland) you can improve some of your natural psychic abilities, including clairaudience, clairvoyance, and clairsentience. Vibrational work for this chakra uses the sound May. Breathing techniques and the exact way of toning to open the chakra are fully explained. You'll also learn how to see the aura and interpret its colors, as well as how to open all of the chakras. The book also explains techniques to send the mysterious kundalini energy through the chakras. But this book has more! It includes the secrets of channeling, such as working with angels and spirit guides. It goes on to share methods of astral projection and then reveals the secrets of reincarnation. Ancient Teachings for Beginners is easy to understand and the techniques are a snap to use. If you are looking for an introduction to the secrets of the teachings of the ancient mystery schools, this book is for you!

Rebirth in Early Buddhism and Current Research - Analayo 2018-04-23

Join a rigorous scholar and Buddhist monk on a brisk tour of rebirth from ancient doctrine to contemporary debates. German Buddhist monk and university professor Bhikkhu Analayo had not given much attention to the topic of rebirth before some friends asked him to explore the treatment of the issue in early Buddhist texts. This succinct volume presents his findings, approaching the topic from four directions. The first chapter examines the doctrine of rebirth as it is presented in the earliest Buddhist sources and the way it relates to core doctrinal principles. The second chapter reviews debates about rebirth throughout Buddhist history and up to modern times, noting the role of confirmation bias in evaluation of evidence. Chapter 3 reviews the merits of current research on rebirth, including near-death experience, past-life regression, and children who recall previous lives. The chapter concludes with an examination of xenoglossy, the ability to speak languages one has not learned previously, and chapter 4 examines the particular case of Dhammaruwan, a Sri Lankan boy who chants Pali texts that he does not appear to have learned in his present life. Rebirth in Early Buddhism and Current Research brings together the many strands of the debate on rebirth in one place, making it both comprehensive and compact. It is not a polemic but an interrogation of the evidence, and it leaves readers to

come to their own conclusions.

Life Changing Moments in Inner Healing - Peter Mack 2012

This book is a delightful read and describes how a medical doctor used regression therapy to explore and transform the past lives of four of his patients to assist in their rapid healing. The patients came with a variety of symptoms including insomnia, fearful dreams, water and snake phobia, deja vu, procrastination, rage, loss of memory, fear of success, fear of public speaking and unexplainable pain. Through reliving and reframing their past life stories under trance, all four patients were able to gain rapid insight into their spiritual self and achieve healing. The book is written for the general reader and will also interest medical professionals and their patients.

Discovering the Life Plan - Ann Merivale 2012-04-27

This book goes through the WHOLE of life in stages, but it begins not at birth, or even conception, but in the planning stage, in what is known by Tibetans as the Bardo - the inter-life stage - when important decisions are made re ones chief purpose(s) in the forthcoming life, the main lessons that need to be learnt, the karmic debts to be paid, and the main cast of characters. (Some people choose a happy life living with a soul mate, while others realise that they will learn more, overcome more important challenges and complete more of their karma by living a life on their own or one with more pain and difficulty.) And the book ends not at death, but rather shows how death is not the end, describing some fictional post-death scenarios. It includes numerous true case histories, many of which demonstrate the impact of previous lives on a persons present life, and each chapter is followed by useful self-help exercises. Above all it shows how there is a good reason for everything that happens in life.

Transforming the Eternal Soul - Further Insights from Regression Therapy - Andy Tomlinson 2011-06

This practical manual is packed with illuminating case studies and specialised techniques using past life and regression therapy, suitable for any therapist.

Understanding Karmic Complexes - Patricia I Walsh 2009-09-01

While studying Evolutionary Astrology with Jeff Green, regression therapist Patricia Walsh realised that the potent combination of the two disciplines could help to resolve current issues which have their roots in past life experiences. The types of issues that arise in past life regressions to be healed are also the exact dynamics that Evolutionary Astrology aims to describe.

Remarkable Healings - Shakuntala Modi 1998-04-01

Psychiatry remains an emerging discipline. Many people suffer from ailments that have no apparent cause, no obvious cure. Quite by accident, while using hypnotherapy, Dr. Modi discovered that pastlife regression can be a beneficial treatment. Many of these patients, under hypnosis, claimed to have spirits attached to their bodies and energy fields, creating psychological and physical problems. Based on years of experience, Dr. Modi describes techniques that release these spirits, revealing how patients can sometimes recover within a few sessions. While most doctors would agree that emotional states affect our health, few would give credence to spiritual "influences." In this truly groundbreaking book, Dr. Modi presents evidence that something beyond the physical affects the health of many people, and urges medical scientists to objectively assess this revolutionary approach to mental and, often, physical illness. Pioneers have the courage to put aside the status quo and evaluate what the evidence shows, even if it defies the prevailing logic of the time. Both physicians and the general public should explore the pioneering work of Dr. Modiwork which no doubt has produced many remarkable healings.

Children's Past Lives - Carol Bowman 2012-02-01

Has your child lived before? In this fascinating, controversial, and groundbreaking book, Carol Bowman reveals overwhelming evidence of past life memories in children. Not only are such experiences real, they are far more common than most people realize. Bowman's extraordinary investigation was sparked when her young son, Chase, described his own past-life death on a Civil War battlefield--an account so accurate it was authenticated by an expert historian. Even more astonishing, Chase's chronic eczema and phobia of loud noises completely disappeared after he had the memory. Inspired by Chase's dramatic healing, Bowman compiled dozens of cases and wrote this comprehensive study to explain how very young children remember their past lives, spontaneously and naturally. In Children's Past Lives, she tells how to distinguish between a true past life memory and a fantasy, offers practical advice to parents on how to respond to a past life memory, and shows how to foster the spiritual and healing benefits of these experiences. Perhaps the most

moving, convincing, and best-documented evidence yet for life after death, Children's Past Lives will stand alongside the classics of Betty J. Eadie, Raymond Moody, and Brian Weiss in its power to comfort, uplift, and transform our thinking about life after death

The Eclectic Practitioner Becoming Holistic - Linda W. Edge 2012

Edge addresses the use of intuition and altered states of consciousness in psychotherapy and counseling. She presents a wide array of healing techniques upon an historical backdrop of the birth and development of humanistic, transpersonal, and spiritual psychologies.

Ayahuasca Awakening A Guide to Self-Discovery, Self-Mastery and Self-Care - Jessica Rochester D.Div. 2022-03-31

Journeying into the depths of Brazil's Amazon rainforest, distilling meaning from dreams, and drawing deeply from transpersonal studies, ritual entheogen use, non-ordinary states of consciousness, and scientific research are the foundations for Ayahuasca Awakening: A Guide to Self-Discovery, Self-Mastery and Self-Care. In this two-part guidebook for personal and spiritual development, Reverend Jessica Rochester, D.Div draws from her life experiences as well as the expertise of a wide variety of transpersonal and scientific professionals. Volume One: Self-Discovery and Self-Mastery explores the mystery of incarnation, the "maps" of the self, emerging paradigms of consciousness, the role of the Light and shadow in spiritual development, cycles of change, mediumship, the power of the will and restoring authenticity.

Healing Deep Hurt Within - Peter Mack 2011

It describes the amazing transformational journey of a young female patient in a hospital environment who had depression, insomnia, dissociative amnesia, suicidal thoughts, auditory hallucinations and flashbacks. When the traditional medical approach did not work she underwent regression therapy with one of the surgeons in the hospital. This rapidly brought her out of the depths of despair and helped her to move on in life. It is a story of hope, inspiration and the dedication of a doctor's courage in facing the medical community with his beliefs of the power of regression therapy

The Handbook of Contemporary Clinical Hypnosis - Les Brann 2015-06-22

Covering theory and practice, The Handbook of Contemporary Clinical Hypnosis is an up-to-date, authoritative resource to support health professionals in their use of hypnosis in clinical settings. Provides an authoritative reference for practitioners and trainees on the diverse applications of hypnosis, published under the auspices of the British Society for Clinical and Academic Hypnosis (BSCAH) Combines a theoretical framework with material on a wide range of specific disorders including anxiety, stress phobias, eczema, oncology, eating disorders and infertility Shows how to adjust hypnotic techniques for different contexts e.g. when working with children, in emergencies and via a translator Features a variety of case studies that illustrate hypnosis techniques in action

When Technology Fails - Matthew R. Stein 2008

There's never been a better time to "be prepared." Matthew Stein's comprehensive primer on sustainable living skills—from food and water to shelter and energy to first-aid and crisis-management skills—prepares you to embark on the path toward sustainability. But unlike any other book, Stein not only shows you how to live "green" in seemingly stable times, but to live in the face of potential disasters, lasting days or years, coming in the form of social upheaval, economic meltdown, or environmental catastrophe. When Technology Fails covers the gamut. You'll learn how to start a fire and keep warm if you've been left temporarily homeless, as well as the basics of installing a renewable energy system for your home or business. You'll learn how to find and sterilize water in the face of utility failure, as well as practical information for dealing with water-quality issues even when the public tap water is still flowing. You'll learn alternative techniques for healing equally suited to an era of profit-driven malpractice as to situations of social calamity. Each chapter (a survey of the risks to the status quo; supplies and preparation for short- and long-term emergencies; emergency measures for survival; water; food; shelter; clothing; first aid, low-tech medicine, and healing; energy, heat, and power; metalworking; utensils and storage; low-tech chemistry; and engineering, machines, and materials) offers the same approach, describing skills for self-reliance in good times and bad. Fully revised and expanded—the first edition was written pre-9/11 and pre-Katrina, when few Americans took the risk of social disruption seriously—When Technology Fails ends on a positive, proactive note with a new chapter on "Making the Shift to Sustainability," which offers practical suggestions for changing our world on personal, community and global levels.

M.E.H. V. L.H. - 1996

Soul Visioning - Susan Wisehart 2008

Discover Your Soul's Wisdom and Transform Your Life You have the power to create a life of passion and purpose by following the wisdom of your soul. Using breakthrough methods such as energy psychology, guided journeys, forgiveness practices, and past-life and life-between-lives regression, Susan Wisehart shares practical step-by-step techniques to heal the unconscious beliefs that block your awareness of your true spiritual identity and life purpose in this unique wellness book. The Soul Visioning journey connects you with your Higher Self to guide you into the ideal expression of your soul in your work, relationships, health, finances, and spirituality. Dramatic and inspiring case studies with long-term follow-up interviews reveal how people have transformed their lives using these powerful methods. Several guided audio journeys to help you connect with your soul's wisdom are available on the author's website as a CD or free MP3 downloads. Praise: "Inspiring true-life stories and practical leading-edge strategies teach you how to change unconscious limiting beliefs and create a joyous, soul-guided life."--Debbie Ford, New York Times best-selling author of Why Good People Do Bad Things: How to Stop Being Your Own Worst Enemy "This is a divinely inspired gift of a book for those who are ready to be happy."--Sonia Choquette, author of Trust Your Vibes and Your Heart's Desire

Hypnotherapy: A Client-Centered Approach - Mary Lee LaBay 2003-01-31

Explores various clinical techniques used to help patients overcome fear, chronic pain, and addiction.

Regression Therapy: Special instances of altered state work - Winifred Blake Lucas 1993

"At last, the fruits of research in this fascinating field have been harvested by a wise therapist for other professionals. This clear & comprehensive book will appeal to lay readers, as well."--Marilyn Ferguson, Brain-Mind Bulletin. In Volume I, thirteen of the foremost past-life therapists present individual sections on theory & examines in mini-treatises the approach of experts to pre- & peri-natal experiences, early childhood traumas & abuse, exploration of the interlife & the future, & dialogues with the unborn soul. "Winifred Lucas has pulled together information & concepts from many different authors in order to give depth & understanding to regression therapy. This compendium of information is invaluable."--Gladys Taylor McGarey, M.D., Scottsdale Holistic Medical Group. Dr. Lucas is a diplomate of the American Board of Professional Psychology & for forty-five years has conducted a private practice & research. Her book is currently in its second printing. Available from Deep Forest Press, P.O. Drawer 4, Crest Park, CA 92326 (909-337-1179) or from Devorss, Bookpeople, or New Leaf Distributors.

The Art of Hypnotherapy - C. Roy Hunter 2010-05-13

Now in its fourth edition, this classic text presents a comprehensive overview of client-centred hypnosis based on the teachings of Charles Tebbetts. Since the person undergoing hypnosis is the one with the power to change him/herself, the hypnotherapist acts as the facilitator, tailoring the hypnosis session to the client. All of the techniques found in The Art of Hypnotherapy, including regression therapy and parts theory, centre on this concept. The Art of Hypnotherapy shows students how all hypnotic techniques revolve around four main therapeutic objectives: Suggestion and Imagery; Discover the Cause; Release; and Subconscious Relearning. New features in this edition include an arrangement of techniques from simple to complex, so that those using hypnosis in a limited way easily learn the applicable technique; a chapter on the common application of hypnotherapy now includes new sections on anger, impotence, stuttering, and tinnitus, and the chapters on anchoring and triggers have been updated, with sections on how to help a client establish a safe place, and why this is important.

Transpersonal Psychotherapy - Seymour Boorstein 1996-01-01
Breaches the wall between the psychotherapeutic and the sacred as respected pioneers in the field give their vision of the synergistic potential in these two powerful traditions.

The Art of Hypnotic Regression Therapy - C. Roy Hunter 2012-08-31
Hypnotic Regression Therapy, or HRT, is a type of hypnotherapy in which, following the induction of a good trance state, specialized suggestions are given to guide the client in reviewing and emotionally reframing earlier experiences that have either caused or contributed to the client's current symptoms. HRT is considered one of the most valuable hypnotherapy techniques available today, yet it remains controversial, partly due to inadequate training of psychotherapists and hypnotherapists which has contributed to numerous cases of false

memory syndrome.

Healing Your Past Lives - Roger J. Woolger 2010-11-01

Could our memories of past-life experiences offer a key to unlocking the mysteries and questions we struggle with today? According to Dr. Roger Woolger, the answer is yes—and anyone can learn to explore these extraordinary memories to retrieve valuable healing insights. With *Healing Your Past Lives*, Woolger gathers together an astonishing two decades of research that he has conducted with hundreds of patients, to offer a clear account of past lives—including many specific techniques to begin investigating them. Readers join Woolger to discover: How past-life memories can help resolve cases of depression, anxiety, and other inexplicable symptoms World teachings and clinical evidence on past lives Six guided past-life practices on CD, and much more

Deep Healing and Transformation - Hans TenDam 2015-12-03

This is a text book used in training programs around the world. It describes a methodical way of working that transcends ordinary psychotherapy while retaining a professional attitude. It avoids artificial hypnotic inductions and psychic interventions, but ties in directly with the experiences of the client. The style is down-to-earth, to-the-point, practical and fearless

Personal Spirituality - Daniel J. Benor 2006

Dr. Benor addresses his explorations from the standpoint of an advocate, but one who is an open-minded explorer, neither from a religious nor a conventional medical perspective. The breadth and depth of the research reports in this volume, on the psychic, intuitive and spiritual aspects of healing will engage even the knowledgeable reader. This book is destined to take its place among the most influential and controversial in the field of claims, reports, and experiences of unconventional healing and spiritual awareness.

Frontiers of Knowledge: Scientific and Spiritual Sources for a New Era - Douglas Kinney 2014-06-06

Frontiers of Knowledge is the story of unfolding developments that are revolutionizing our understanding of ourselves and our place in the

universe. We are birthing a new era in which our ideas about the nature and source of reality are swiftly changing. Insights from quantum physics suggest that the basis of our physical world is actually mental—conscious thoughts. Other discoveries are causing us to redefine our concepts of mind and the elusive thing we call consciousness. All strongly hint that spirituality is the underlying source of everything. Frontier scientists and scientifically trained researchers are providing us with a rich and expanding base of knowledge through systematic investigations of startling phenomena that have been observed in quantum physics, cosmology, biology, psychology, disease and healing, death, near-death experiences, reincarnation experiences, and those occurring in spiritual hypnosis on the nature of the spiritual realm. New concepts of reality are especially needed to explain the incredibly finetuned characteristics and the mysterious nature of our physical universe. Ninety-five percent of the universe's energy and mass are a mystery to scientists, and for the moment, we resort to naming them dark matter and dark energy. The last time a comparable knowledge revolution occurred was in the late sixteenth century when astronomers determined that the planets revolved around the sun, not the earth. Historians call it the Copernican Revolution because it led to modern Western science. From one perspective, the new era predicted in this book—a revolution in its own right—can be considered the completion of the quantum revolution by defining and explaining the role of consciousness in our universe. An underlying aspect of this new revolution is the sense that humanity is moving into a new era of rapidly expanding knowledge of the human spirit (our soul aspect) and non-physical realities. Until now, this emerging knowledge has not been organized into a coherent and comprehensive structure. Frontiers of Knowledge provides the first outline of this new structure of reality.

The Hypnotic Use of Waking Dreams - Paul Schenk 2006-11-29

Near-death experiences can be profound and life changing. Through hypnotically facilitated waking dreams Schenk shows clients how they can benefit from the life changing effects of a near-death experience without the life-threatening cardiovascular crisis.