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Furious George - George Karl 2017-01-10

The most outspoken and combative coach in NBA history—and one of the most successful, amassing more than 1,175 victories, the sixth best winning record ever—reflects on his life, his career, and his battles on and off the basketball court in this no-holds-barred memoir. A man of deep passion and intensity, George Karl earned his bad boy reputation while playing at the University of North Carolina, a rap that continued through the five years he spent with the San Antonio Spurs—and long after he stopped playing. Karl's beery nights, fistfights, and barking followed him into a thirty-five-year coaching career. In a game defined by big stakes and bigger egos, rabid fans and an unforgiving media, Karl was hired and fired a dozen times. After leading a team beset by injuries and with no superstar to its best season of all time—an achievement that earned Karl the title NBA Coach of the Year—he was dumped by the Denver Nuggets in 2013. Less than a year and a half later, Karl was at the helm of the Sacramento Kings, snarling and bellowing on the sidelines before being cut loose in May 2016. Intense, obstinate, and loud, Karl has never backed down from a confrontation, whether with management, officials, or star players, as NBA legends from Allan Iverson to Gary Payton to Carmelo Anthony to Demarcus Cousins can attest. Telling his story, Karl holds nothing back as he speaks out about the game that has defined his life, including the greed, selfishness, and ass-covering he believes are characteristic of the modern NBA player, and the rampant corruption that leads all the way to the office of the NBA commissioner, David Stern. Karl also reveals how he's learned to deal with the personalities, the pressure, and the setbacks with a resilience he acquired from his three bouts with cancer. Raw, hard-hitting, and brutally honest, *Furious George* is as thrilling, unpredictable, and entertaining as the game that has defined Karl's life.

Wise Guy - Guy Kawasaki 2019-02-26

Silicon Valley icon and bestselling author Guy Kawasaki shares the unlikely stories of his life and the lessons we can draw from them. Guy Kawasaki has been a fixture in the tech world since he was part of Apple's original Macintosh team in the 1980s. He's widely respected as a source of wisdom about entrepreneurship, venture capital, marketing, and business evangelism, which he's shared in bestselling books such as *The Art of the Start* and *Enchantment*. But before all that, he was just a middle-class kid in Hawaii, a grandson of Japanese immigrants, who loved football and got a C+ in 9th grade English. *Wise Guy*, his most personal book, is about his surprising journey. It's not a traditional memoir but a series of vignettes. He toyed with calling it *Miso Soup for the Soul*, because these stories (like those in the *Chicken Soup* series) reflect a wide range of experiences that have enlightened and inspired him. For instance, you'll follow Guy as he . . . • Gets his first real job in the jewelry business—which turned out to be surprisingly useful training for the tech world. • Disparages one of Apple's potential partners in front of that company's CEO, at the sneaky instigation of Steve Jobs. • Blows up his Apple career with a single sentence, after Jobs withholds a pre-release copy of the Think Different ad campaign: "That's okay, Steve, I don't trust you either." • Reevaluates his self-importance after being mistaken for Jackie Chan by four young women. • Takes up surfing at age 62—which teaches him that you can discover a new passion at any age, but younger is easier! Guy covers everything from moral values to business skills to parenting. As he writes, "I hope my stories help you live a more joyous, productive, and meaningful life. If *Wise Guy* succeeds at this, then that's the best story of all."

*You Have No F**king Idea* - Matt Baier 2017-06-13

Deadbeat Dad. Con Artist. Liar. Manipulator. If you believe the tabloid press about Teen Mom OG star Amber Portwood's fiancé Matt Baier, your opinions of him are most likely wrapped in scandalous rumors and gossip. Forget everything you think you know about the tattooed, gravel-voiced reality TV star. In *You Have No F**king Idea*, Matt breaks his silence for the first time and sets the story straight by delving into his past, present and future—fully exposing the naked truth about his

life—once and for all.

I Hope They Serve Beer In Hell - Tucker Max 2012-03-01

The "highly entertaining and thoroughly reprehensible" #1 New York Times bestseller—now with sixteen pages of photos and a new introduction (The New York Times). My name is Tucker Max, and I am an asshole. I get excessively drunk at inappropriate times, disregard social norms, indulge every whim, ignore the consequences of my actions, mock idiots and posers, sleep with more women than is safe or reasonable, and just generally act like a raging dickhead. But, I do contribute to humanity in one very important way: I share my adventures with the world. --from the Introduction Actual reader feedback: "I find it truly appalling that there are people in the world like you. You are a disgusting, vile, repulsive, repugnant, foul creature. Because of you, I don't believe in God anymore. No just God would allow someone like you to exist." "I'll stay with God as my lord, but you are my savior. I just finished reading your brilliant stories, and I laughed so hard I almost vomited. I want to bring that kind of joy to people. You're an artist of the highest order and a true humanitarian to boot. I'm in both shock and awe at how much I want to be you."

Thing of Beauty - Stephen Fried 2011-12-06

At age seventeen, Gia Carangi was working the counter at her father's Philadelphia luncheonette, Hoagie City. Within a year, Gia was one of the top models of the late 1970's, gracing the covers of *Cosmopolitan* and *Vogue*, partying at New York's Studio 54 and the Mudd Club, and redefining the industry's standard of beauty. She was the darling of moguls and movie stars, royalty and rockers. Gia was also a girl in pain, desperate for her mother's approval—and a drug addict on a tragic slide toward oblivion, who started going directly from \$10,000-a-day fashion shoots to the heroin shooting galleries on New York's Lower East Side. Finally blackballed from modeling, Gia entered a vastly different world on the streets of New York and Atlantic City, and later in a rehab clinic. At twenty-six, she became one of the first women in America to die of AIDS, a hospital welfare case visited only by rehab friends and what remained of her family. Drawing on hundreds of interviews with Gia's family, lovers, friends, and colleagues, *Thing of Beauty* creates a poignant portrait of an unforgettable character—and a powerful narrative about beauty and sexuality, fame and objectification, mothers and daughters, love and death.

Architects After Architecture - Harriet Harriss 2020-12-15

What can you do with a degree in architecture? Where might it take you? What kind of challenges could you address? *Architects After Architecture* reframes architecture as a uniquely versatile way of acting on the world, far beyond that of designing buildings. In this volume, we meet forty practitioners through profiles, case studies, and interviews, who have used their architectural training in new and resourceful ways to tackle the climate crisis, work with refugees, advocate for diversity, start tech companies, become leading museum curators, tackle homelessness, draft public policy, become developers, design videogames, shape public discourse, and much more. Together, they describe a future of architecture that is diverse and engaged, expanding the limits of the discipline, and offering new paths forward in times of crisis. Whether you are an architecture student or a practicing architect considering a change, you'll find this an encouraging and inspiring read. Please visit the *Architects After Architecture* website for more information, including future book launches and events: architectsafterarchitecture.com

Simple Green Smoothies - Jen Hansard 2015-11-03

Jen Hansard and Jadah Sellner are on a fresh path to health and happiness—deprivation not included. In their book, *Simple Green Smoothies*, these two friends invite you into a sane and tasty approach to health that will inspire and energize you on your own journey toward a happier life. The *Simple Green Smoothies*' lifestyle doesn't involve counting calories or eliminating an entire food group. Instead, it encourages you to make one simple change: drink one green smoothie a day. *Simple Green Smoothies* includes a 10-day green smoothie kick-start

to welcome you into the plant-powered lifestyle, with shopping lists included. Follow it up with 100+ delicious recipes that address everything from weight loss to glowing skin to kid-friendly options. Hansard and Sellner are two moms raising their own families on healthy, whole-food recipes. They've seen the amazing health benefits of green smoothies firsthand—from losing 27 pounds to getting more energy. Their wildly popular website has changed the lives of over 1 million people and made them the #1 green smoothie online resource. Simple Green Smoothies will empower you to take control of your health in a fun, sustainable way that can transform you from the inside out. Ready to join the plant-powered party?

[Here's the Story](#) - Maureen McCormick 2009-10-06

Marcia! Marcia! Marcia! Marcia Brady, eldest daughter on television's *The Brady Bunch*, had it all—style, looks, boys, brains, and talent. No wonder her younger sister Jan was jealous! For countless adolescents across America who came of age in the early 1970s, Marcia was the ideal American teenager. Girls wanted to be her. Boys wanted to date her. But what viewers didn't know about the always-sunny, perfect Marcia was that offscreen, her real-life counterpart, Maureen McCormick, the young actress who portrayed her, was living a very different—and not-so-wonderful—life. Now, for the very first time, Maureen tells the shocking and inspirational true story of the beloved teen generations have invited into their living rooms—and the woman she became. In *Here's the Story*, Maureen takes us behind the scenes of America's favorite television family, the Bradys. With poignancy and candor, she reveals the lifelong friendships, the hurtful jealousies, the offscreen romance, the loving support her television family provided during a life-or-death moment, and the inconsolable loss of a man who had been a second father. But *The Brady Bunch* was only the beginning. Haunted by the perfection of her television alter ego, Maureen landed on the dark side, caught up in a fast-paced, drug-fueled, star-studded Hollywood existence that ultimately led to the biggest battle of her life. Moving from drug dens on Wonderland Avenue to wild parties at the Playboy mansion and exotic escapades on the beaches of Hawaii, this candid, hard-hitting memoir exposes a side of a beloved pop-culture icon the paparazzi missed. Yet it is also a story of remarkable success. After kicking her drug habit, Maureen battled depression, reconnected with her mother, whom she nursed through the end of her life, and then found herself in a pitched battle for her family in which she ultimately triumphed. There is no question: Maureen McCormick is a survivor. After fifty years, she has finally learned what it means to love the person you are, insight that has brought her peace in a happy marriage and as a mother. *Here's the Story* is the empowering, engaging, shocking, and emotional tale of Maureen McCormick's courageous struggle over adversity and her lifelong battle to come to terms with the idea of perfection—and herself.

Confessions of an Heiress - Paris Hilton 2012-12-25

Socialite, fashion icon, television and movie star, recording artist and just plain celebrity: Twenty-two year old Paris Hilton is the great granddaughter of hotel magnate Conrad Hilton and is estimated to be worth \$30 million. The world first became aware of Paris Hilton through a *Vanity Fair* profile in 2000. Since then, she has graced the pages of countless magazines, newspapers, and tabloids; modeled on the runways of top designers; appeared on television shows as herself ('Saturday Night Live', MTV Music Awards) and as fictional characters (the new *Sky One* show 'Las Vegas'); had small parts in movies like 'The Cat in the Hat', 'Win a Date with Tad Hamilton' and the upcoming 'The Hillz'; has begun work on an album; and starred in a hit reality series, 'The Simple Life' (shown here on Channel 4). She has been romantically linked with current boyfriend Nick Carter of the Backstreet Boys, Rick Solomon (of the notorious sex tape), and Deryck Whibley of Sum 41. 'I think the biggest misconception about me is that I'm this spoiled brat. But I'm not. I'm the total opposite.'

Wildflower - Drew Barrymore 2016-05-17

Actress Drew Barrymore shares funny, insightful, and profound stories from her past and present—told from the place of happiness she's achieved today—in this heart-stirring New York Times bestseller that *InStyle* called “deeply thoughtful and fun.” *Wildflower* is a portrait of Drew's life in stories as she looks back on the adventures, challenges, and incredible experiences she's had throughout her life. It includes tales of living in her first apartment as a teenager (and how laundry may have saved her life), getting stuck under a gas station overhang on a cross-country road trip, saying good-bye to her father in a way only he could have understood, and many more journeys and lessons that have led her to the successful, happy, and healthy place she is today.

Blind Faith - Ellen Wittlinger 2012-07-03

What do you say to someone whose mother is dying? Nathan and his adorable little sister just moved in across the street from Liz Scattergood, and both of them could use a friend. Liz just isn't sure she's the right person. Liz has been coping with tough questions all summer. Ever since Liz's grandmother Bunny died, Liz's mother hasn't been the same; she's even started attending a spiritualist church that claims it can contact Bunny on the Other Side. Liz isn't sure she believes it, but she does know the service gives her mother comfort -- something no one else can seem to do at all. As Liz and Nathan become closer, and the summer draws nearer to its bitter end, questions of faith, mortality, and spirituality come to the forefront of their intimate friendship. There are no easy answers, but together they may nonetheless find hope, comfort, and love.

Sliding Into Home - Kendra Wilkinson 2010-07-06

KENDRA BARES ALL Fans of the E! smash hit series *The Girls Next Door* fell in love with sporty Playboy beauty Kendra Wilkinson's care-free spirit, infectious laugh, and down-to-earth nature. Now that she's moved out of the world's most famous bachelor pad and into her own delightfully chaotic world on Kendra as wife to NFL star Hank Baskett and mother to their newborn son, we've watched her hilarious antics as she adjusts to domestic life. But how much do we really know about the fun-loving star? In this humorous and optimistic, sometimes heartbreaking, but always unfailingly honest memoir, Kendra reveals the highs and lows of her extraordinary journey. She wasn't always the quintessential girl next door. Before she was a reality television superstar, Hugh Hefner's girlfriend, or one of the most popular Playboy cover models ever, Kendra was an athletic tomboy whose father walked out on her family when she was a little girl. She grew into a rebellious teenager with a serious drug habit before she quit cold turkey and beat the odds to graduate from a high school that almost didn't give her a second (or third, or fourth) chance. Following her rocky teenage years, an out-of-the-blue phone call from Hugh Hefner changed everything. Kendra dishes candidly about life in the Playboy Mansion: the sex, the parties, the show, and even her relationships with her *Girls Next Door* costars—Hef, Holly, and Bridget. She tells the true story about how she and Hank met and built a relationship in secret while she was still Hef's girlfriend and a public face of Playboy. Finally, she reflects on the slew of unexpected changes in the short space of a year that have brought her sliding into home from Playboy party girl to wife and mother with a blooming Hollywood career. If you think you've seen all of Kendra, think again. She's only warming up. . . .

Women of a Certain Age - Jodie Moffat 2018-03-01

Anne Aly, Liz Byrski, Sarah Drummond, Mehreen Faruqi, Goldie Goldbloom, Krissy Kneen, Jeanine Leane, Brigid Lowry and Pat Torres are among fifteen voices recounting what it is like to be a woman on the other side of 40. These are stories of identity and survival, and a celebration of getting older and wiser, and becoming more certain of who you are and where you want to be.

Lessons of the Heart - Jodie Larson 2016-03-14

The first time we met, James Dumont knocked me off my feet. He's sexy and smart, the classic good guy.... Exactly what I want, and everything I've ever dreamed of. The most perfect guy at Somerset High School. He even makes sixth-period Geography interesting. Everyone says high school is tough. Fighting my attraction to James? That's the hardest part, because this guy, my perfect match, the one who makes my heart overrule my head... He's my teacher. What if the greatest lesson you could learn in school couldn't be found in a book?

Little Girl Lost - Drew Barrymore 1991

She was a modern-day Shirley Temple, but at the age of nine Drew Barrymore was drinking alcohol. At ten she took up marijuana, and by twelve she began snorting cocaine. Here is her gripping, heart-wrenching story--a story of a childhood gone awry and a young woman battling to restore order to her chaotic life.

The Bed of Procrustes - Nassim Nicholas Taleb 2010-12-02

In this profound and playful book, Nassim Nicholas Taleb presents his ideas about life in the form of aphorisms, the world's earliest - and most memorable - literary form. Procrustes was a character from Greek mythology who abducted travellers and invited them to spend the night in a special bed, which they had to fit to perfection. They never did. Those who were too tall had their legs chopped off; those who were too short were stretched. Every aphorism here is about a Procrustean bed of sorts - we humans, facing the limits of our knowledge, the unseen and the unknown, resolve the tension by squeezing life and the world into crisp commoditized ideas, reductive categories, specific vocabularies and pre-packaged narratives. Only by embracing the unexpected - and

accepting what we don't know - can we see the world as it really is.

Dirty Daddy - Bob Saget 2014-04-08

Millions of viewers know and love Bob Saget from his role as the sweetly neurotic father on the smash hit *Full House*, and as the charming wisecracking host of America's Funniest Home Videos. And then there are the legions of fans who can't get enough of his scatological, out-of-his-mind stand-up routines, comedy specials, and outrageously profane performances in such shows as HBO's *Entourage* and the hit documentary *The Aristocrats*. In his bold and wildly entertaining publishing debut, he continues to embrace his dark side and gives readers the book they have long been waiting for—hilarious and often dirty. Bob believes there's a time and a place for filth. From his never-before-heard stories of what really went on behind the scenes of two of the most successful family shows of all times, with co-stars like John Stamos and Mary-Kate and Ashley Olsen, to his tales of legendary friends and colleagues like Rodney Dangerfield, Richard Pryor, Don Rickles, and other show business legends, Saget opens up about some of his personal experiences with life and death, his career, and his reputation for sick humor—all with his highly original blend of silliness, vulgarity, humor and heart, and all framed by a man who loves being funny above all else.

The Woods at Barlow Bend - Jodie Cain Smith 2014-09-10

One shot fired deep in the pine forests of her youth was all it took to change Hattie's life forever. At the age of fourteen, Hattie learns that her mother, Addie, is dead, and her father, Hubbard, stands accused of Addie's murder, along with countless other shocking betrayals.

Overnight, Hattie becomes mother to her three siblings while still very much a child herself. The life she had dreamt of now seems impossible to achieve. How will Hattie break away from the father who prevents her from living the life she desperately wants? Will her heart ever be able to heal in the height of The Great Depression?

UnSweetined - Jodie Sweetin 2009-11-03

In the vein of Nic Sheff's "Tweak" and Tori Spelling's "sTori Telling," *UnSweetined* reveals the former "Full House" star's harrowing journey from her role as America's sweetheart on a popular television show to her struggle with substance abuse. color photo insert.

The Secret's Out - Farrah Abraham 2015-02-16

Second in the *Celebrity Sex Tape* trilogy The journey... Sexual fantasies come to life. The woman... I find myself in a constant struggle between living out my sexual fantasies and not wanting to feel regret. All I want is to be loved and happy. Friends, family, co-workers, and even nobodies always try to give me advice. But I know what I want and I'm not going to lose sight of my happy ending, to hell with what other people think. I know who I am. I'm just not who everyone thinks I am. The star... To the world I'm just another hungry starlet with shaky romances, backstabbing friends and an addiction to partying. But I'm on a journey to find myself and I'm doing it my way. Sometimes it feels like the world is against me but that won't stop me from getting the lifestyle I've always wanted. An Exotika(r) contemporary erotica story from Ellora's Cave from the New York Times bestselling author of *My Teenage Dream* End

Aaron Hernandez's Killing Fields - Dylan Howard 2019-11-05

Further Details into the Criminal Life of a Former Football Star From teenage gang member to \$40 million star of the New England Patriots, from All-American college player to drug addict, murderer, dead by suicide in his jail cell at age twenty-seven . . . you think you know the Aaron Hernandez story? You don't. For the first time, Aaron Hernandez's Killing Fields will reveal the real, hitherto unknown motive for the killing of Odin Lloyd—the only crime for which Hernandez was ever convicted and a revelation so shocking it will shake the foundations of the NFL itself. It will also unpick a pattern of violence and brutality stretching back to his time as a teenager at the University of Florida, revealing further shooting victims, evidence of his involvement in the double murder of Daniel Abreu and Safiro Furtado in 2012, and, in a world exclusive, a compelling case for a fourth murder victim, shot just eleven days before the slaying of Odin Lloyd. Featuring new interviews with serving police investigators, prosecutors, psychologists, attorneys—as well as key witnesses including Hernandez's drug dealer, a male stripper he hired days before the killing of Lloyd—plus extensive testimony from relatives of Hernandez's victims, *Killing Fields* is the exhaustive, definitive account of the rise and fall of a man undone by his own appetite for violence, gangsterism, power, drugs, and self-destruction. This is the real Aaron Hernandez story—and perhaps just the beginning of a whole new murder investigation.

The Reason - Lacey Sturm 2014-09-30

The day Lacey Sturm planned to kill herself was the day her grandmother forced her to go to church, a place Lacey thought was filled

with hypocrites, fakers, and simpletons. The screaming match she had with her grandmother was the reason she went to church. What she found there was the Reason she is alive today. With raw vulnerability, this hard rock princess tells her own story of physical abuse, drug use, suicide attempts, and more—and her ultimate salvation. She asks the hard questions so many young people are asking—Why am I here? Why am I empty? Why should I go on living?—showing readers that beyond the temporary highs and the soul-crushing lows there is a reason they exist and a purpose for their lives. She not only gives readers a peek down the rocky path that led her to become a vocalist in a popular hardcore band, but she shows them that the same God is guiding their steps today.

Balancing It All - Candace Cameron Bure 2014-01-01

"How do you do it all?" That's the question that wife, mom, actress, and best-selling author Candace Cameron Bure is often asked. And it's a question that women everywhere are asking themselves as we seek to balance all of our roles, responsibilities, and opportunities. So, how do we do it? Working since the age of 5, Candace has been in a balancing act for nearly her entire life. She is the first to tell you that there is no miracle formula for perfect execution in every area of your life, but there definitely are some lessons to be learned, lessons that come to life in Candace's story. Come along and dig into Candace's story from her start in commercials, the balance-necessitating years on *Full House*, to adding on the roles of wife and mom while also returning to Hollywood. Insightful, funny, and poignant, Candace's story will help you balance it all.

Miles to Go - Miley Cyrus 2009-03-03

"There are multiple sides to all of us. Who we are and who we might be if we follow our dreams." -Miley Cyrus Three years ago, Miley Cyrus was a virtual unknown. Her life in rural Tennessee was filled with family, friends, school, cheerleading, and the daily tasks of living on a farm. And then came a little show called *Hannah Montana*. Almost overnight, Miley would rocket to superstardom, becoming a television and singing phenomenon. Quiet days were replaced with sold-out concerts, television appearances, and magazine shoots. But through it all, Miley has remained close to her family and friends and has stayed connected to the Southern roots that made her so strong. In *Miles to Go*, Miley offers an honest, humorous, and often touching story of one girl's coming-of-age—from private moments with her pappy to off-roading with her dad, Billy Ray, to her run-ins with mean girls. Miley talks about suffering through drama and heartbreak and coming out the other end unscathed (relatively). And now for the first time, she will discuss it all—the milestones still left to reach (driver's license! voting!), dreams to live out (travel to Asia! find true love!), and the lessons to be learned (remembering to enjoy every moment!). This is a truly unique look inside the world of one of today's biggest and brightest stars as she tackles looking back and moving forward.

Between Breaths - Elizabeth Vargas 2016-09-13

Beloved former ABC 20/20 anchor Elizabeth Vargas reveals her alcohol addiction and anxiety disorder in a shockingly honest and emotional memoir. Winner of the Books for a Better Life Award in the First Book category Instant New York Times and USA Today Bestseller From the moment she uttered the brave and honest words, "I am an alcoholic," to interviewer George Stephanopoulos, Elizabeth Vargas began writing her story, as her experiences were still raw. Now, in *BETWEEN BREATHS*, Vargas discusses her accounts of growing up with anxiety—which began suddenly at the age of six when her father served in Vietnam—and how she dealt with this anxiety as she came of age, eventually turning to alcohol for a release from her painful reality. The now-A&E Network reporter reveals how she found herself living in denial about the extent of her addiction, and how she kept her dependency a secret for so long. She addresses her time in rehab, her first year of sobriety, and the guilt she felt as a working mother who could never find the right balance between a career and parenting. Honest and hopeful, *BETWEEN BREATHS* is an inspiring read.

Melissa Explains It All - Melissa Joan Hart 2013-10-29

Melissa Joan Hart explained it all—from dating to bullies—in her groundbreaking role as Clarissa Darling on *Clarissa Explains It All*. She cast a spell on millions more viewers as Sabrina, the Teenage Witch. Now, in *Melissa Explains It All*, Melissa tells the frank and funny behind-the-scenes stories from her extraordinary past and her refreshingly normal present. Melissa has been entertaining audiences most of her life; when there were no girls named Melissa on her favorite show, the forceful four year old decided she'd get on television her way. From that moment on, Melissa has shown a singular determination and focus—whether it's for booking three national commercials so her dad would

build her a tree house or for nailing the audition for Clarissa. From her first commercial to her current starring role in ABC Family's hit *Melissa and Joey*, Hart never let fame go to her head. She always had one foot in Hollywood and one foot in reality—and still does. Melissa makes us laugh along with her as she talks about: --guest appearances in shows like *Saturday Night Live* and *The Equalizer* --auditioning for *Punky Brewster* and *Clarissa* --her early Broadway days --wacky parties she's thrown and attended -- the actors who influenced her and whom she befriended, worked with and competed against --her experiences both on and off-set--with *Sabrina's Salem the Cat* and *Elvis the Alligator* on *Clarissa* --how she met the love of her life at the Kentucky Derby *Melissa Joan Hart* explains all that she's learned along the way--what's kept her grounded, normal and working when others have not been so fortunate--and that she's the approachable, hilarious girl-next-door her fans have always thought she'd be.

Basketball Junkie - Chris Herren 2011-05-10

I was dead for thirty seconds. That's what the cop in Fall River told me. When the EMTs found me, there was a needle in my arm and a packet of heroin in the front seat. At basketball-crazy Durfee High School in Fall River, Massachusetts, junior guard Chris Herren carried his family's and the city's dreams on his skinny frame. His grandfather, father, and older brother had created their own sports legends in a declining city; he was the last, best hope for a career beyond the shuttered mills and factories. Herren was heavily recruited by major universities, chosen as a McDonald's All-American, featured in a *Sports Illustrated* cover story, and at just seventeen years old became the central figure in *Fall River Dreams*, an acclaimed book about the 1994 Durfee team's quest for the state championship. Leaving Fall River for college, Herren starred on Jerry Tarkanian's Fresno State Bulldogs team of talented misfits, which included future NBA players as well as future convicted felons. His gritty, tattooed, hip-hop persona drew the ire of rival fans and more national attention: *Rolling Stone* profiled him, *60 Minutes* interviewed him, and the Denver Nuggets drafted him. When the Boston Celtics acquired his contract, he lived the dream of every Massachusetts kid—but off the court Herren was secretly crumbling, as his alcohol and drug use escalated and his life spiraled out of control. Twenty years later, Chris Herren was married to his high-school sweetheart, the father of three young children, and a heroin junkie. His basketball career was over, consumed by addictions; he had no job, no skills, and was a sadly familiar figure to those in Fall River who remembered him as a boy, now prowling the streets he once ruled, looking for a fix. One day, for a time he cannot remember, he would die. In his own words, Chris Herren tells how he nearly lost everything and everyone he loved, and how he found a way back to life. Powerful, honest, and dramatic, *Basketball Junkie* is a remarkable memoir, harrowing in its descent, and heartening in its return.

Bob Saget's Tales from the Crib - Bob Saget 1991

Photographs of babies with humorous captions poke fun at television serials, men's and women's clubs, extraterrestrials, and other aspect of adults' and children's lives

High on Arrival - Mackenzie Phillips 2011-08-04

Not long before her fiftieth birthday, Mackenzie Phillips walked into Los Angeles International Airport. She was on her way to a reunion for *One Day at a Time*, the hugely popular 70s sitcom on which she once starred as the lovable rebel Julie Cooper. Within minutes of entering the security checkpoint, Mackenzie was in handcuffs, arrested for possession of cocaine and heroin. Born into rock and roll royalty, flying in Learjets to the Virgin Islands at five, making pot brownies with her father's friends at eleven, Mackenzie grew up in an all-access kingdom of hippie freedom and heroin cool. It was a kingdom over which her father, the legendary John Phillips of *The Mamas & the Papas*, presided, often in absentia, as a spellbinding, visionary phantom. When Mackenzie was a teenager, Hollywood and the world took notice of the charming, talented, precocious child actor after her star-making turn in *American Graffiti*. As a young woman she joined the nonstop party in the hedonistic pleasure dome her father created for himself and his fellow revelers, and a rapt TV audience watched as Julie Cooper wasted away before their eyes. By the time Mackenzie discovered how deep and dark her father's trip was going, it was too late. And as an adult, she has paid dearly for a lifetime of excess, working tirelessly to reconcile a wonderful, terrible past in which she succumbed to the power of addiction and the pull of her magnetic father. As her astounding, outrageous, and often tender life story unfolds, the actor-musician-mother shares her lifelong battle with personal demons and near-fatal addictions. She overcomes seemingly impossible obstacles again and again and journeys toward redemption

and peace. By exposing the shadows and secrets of the past to the light of day, the star who turned up *High on Arrival* has finally come back down to earth -- to stay.

Getting Off - Erica Garza 2018-01-09

"Erica Garza has written a riveting, can't-look-away memoir of a life lived hardcore...In an era when predatory male sexual behavior has finally become a topic of urgent national discourse...*Getting Off* makes for a wild, timely read" (Elle). A fixation on porn and orgasm, strings of failed relationships and serial hook-ups with strangers, inevitable blackouts to blunt the shame—these are not things we often hear women share publicly, and not with the candor, eloquence, and introspection Erica Garza brings to *Getting Off*. What sets this courageous and riveting account apart from your typical misery memoir is the absence of any precipitating trauma beyond the garden variety of hurt we've all had to endure in simply becoming a person—reckoning with family, learning to be social, integrating what it means to be sexual. Whatever tenor of violence or abuse Erica's life took on through her behavior was of her own making, fueled by fear, guilt, self-loathing, self-pity, loneliness, and the hopelessness those feelings brought on as she runs from one side of the world to the other in an effort to break her habits—from East Los Angeles to Hawaii and Southeast Asia, through the brothels of Bangkok and the yoga studios of Bali to disappointing stabs at therapy and twelve-steps back home. In these remarkable pages, Garza draws an evocative, studied portrait of the anxiety that fuels her obsessions, as well as the exhilaration and hope she begins to feel when she suspects she might be free of them. *Getting Off* offers a brave and necessary voice to our evolving conversations about addiction and the impact that internet culture has had on us all—"a profoundly genuine, gripping story that any reader can appreciate" (Vice). "In reading Garza's insight into her own experiences, we better understand ourselves" (The New York Times Book Review).

The Great Book of Chocolate - David Lebovitz 2004-04-15

A compact connoisseur's guide, with recipes, to today's cutting-edge array of chocolates and chocolate makers from former *Chez Panisse* pastry chef David Lebovitz. In this compact volume, David Lebovitz gives a succinct cacao botany lesson, explains the process of chocolate making, runs through chocolate terminology and types, presents information on health benefits, offers an evaluating and buying primer, profiles the world's top chocolate makers and chocolatiers (with a whole chapter dedicated to Paris alone!), and shares dozens of little-known factoids in sidebars throughout the book. *The Great Book of Chocolate* includes more than 50 location and food photographs, and features more than 30 of Lebovitz's favorite chocolate recipes, from *Black-Bottom Cupcakes* to *Homemade Rocky Road Candy*, *Orange and Rum Chocolate Mousse Cake* to *Double Chocolate Chip Espresso Cookies*. His extensive resource section (with websites for international ordering) can bring the world's best chocolate to every door. A self-avowed chocoholic, Lebovitz nibbles chocolate every day, and with *The Great Book of Chocolate* in hand, he figures the rest of us will too.

My Sister Jodie - Jacqueline Wilson 2013-09-26

There's no one quite like my big sister Jodie . . . Quiet, cautious Pearl has always adored her bold, brash, bad big sister Jodie. When their parents get new jobs at a grand, fusty old boarding school, Melchester College, the girls have to move there - and when they arrive, things start to change. Jodie has always been the leader - but now it's Pearl who's making new friends. Jodie just seems to be getting into more and more trouble - arguing with Mum, scaring the little children, flirting with the gardener. She really doesn't fit in with the posh teenagers at the school. Pearl begins to wonder if she needs Jodie as much as she used to. But when Firework Night comes around and a tragic event occurs, Pearl realises quite how much Jodie means to her . . . A touching, powerful story from the mega-bestselling Jacqueline Wilson, told with warmth and sensitivity.

Trapped - Lori L. Stephens 2011-03-07

At age 14, Lori Stephens was thrown out into the streets by her mother. This was the beginning of a life no one deserves to endure, ever. Through her struggle to stay alive, in a world she barely understood. Lori survived the next 30 years of drug and alcohol addiction, homelessness, rape, domestic violence, assault, conflict with the Law and jail. See how she was forced to resort to physical violence to stay alive. How she escaped with the courage and the will to stay alive, out of the toughest trap from which one might ever have to escape. And her heroism to help others do the same, are all described profoundly in this book, and can only inspire and encourage every person in their daily lives.

No Sugar - Jack Davis 1986

Commissioned for the 1985 Perth Festival, this is the spirited story of the Millimurra family's stand against government 'protection' policies in 1930s Australia.

Yes, My Accent Is Real - Kunal Nayyar 2016-07-26

In the spirit of Mindy Kaling's bestseller *Is Everyone Hanging Out Without Me?* or Judd Apatow's *Sick in the Head*, a collection of humorous, autobiographical essays from Kunal Nayyar, best known as Raj on CBS's #1 hit comedy *The Big Bang Theory*. Of all the charming misfits on television, there's no doubt Raj from *The Big Bang Theory*—the sincere yet incurably geeky Indian astrophysicist—ranks among the misfittingest. Now, we meet the actor who is every bit as loveable as the character he plays on TV. In this revealing collection of essays written in his irreverent, hilarious, and self-deprecating voice, Kunal Nayyar traces his journey from a little boy in New Delhi who mistakes an awkward first kiss for a sacred commitment, gets nosebleeds chugging Coca-Cola to impress other students, and excels in the sport of badminton, to the confident, successful actor on the set of TV's most-watched sitcom since *Friends*. Going behind the scenes of *The Big Bang Theory* and into his personal experiences, Kunal introduces readers to the people who helped him grow, such as his James Bond-loving, mustachioed father. Kunal also walks us through his college years in Portland, where he takes his first sips of alcohol and learns to let loose with his French, 6'8" gentle-giant roommate, works his first-ever job for the university's housekeeping department cleaning toilets for minimum wage, and begins a series of romantic exploits that go just about as well as they would for Raj. (That is, until he meets and marries a former Miss India in an elaborate seven-day event that we get to experience in a chapter titled "My Big Fat Indian Wedding.") Full of heart, but never taking itself too seriously, this witty collection of underdog tales follows a young man as he traverses two continents in search of a dream, along the way transcending culture and language (and many, many embarrassing incidents) to somehow miraculously land the role of a lifetime.

No Pain, No Gains - Chip Gaines 2021-03-16

A New York Times bestseller! In a world that feels increasingly disconnected, it's time to reclaim a life of rich, authentic connection—because we are all made better when we trust one another and work together. In his most vulnerable book to date, Chip Gaines opens up about his lifelong pursuit of building relationships with people from all walks of life. Chip emphasizes the importance of seeing people for who they are and not for what they can do for you, enabling you to build a strong community and a life of meaning, joy, and connection. How does it happen? By being intentional about choosing the company you keep. Chip explains the value of seeking out people who are electrified by living according to their purpose, who will stand beside you as you tackle new challenges, and who bet on each other instead of the status quo. The key is being true to yourself, figuring out what you want to do with your life, and finding people who will lift you up along the way. *No Pain, No Gains* will open your eyes to valuable lessons, including how to: Find the risks worth taking Value what you bring to the table Resist the status quo Look outside yourself and your circle and foster connections with others Get comfortable with being uncomfortably kind Live life fully awake, not asleep at the wheel A good life doesn't always come easy, but that's because the good stuff never does. It requires faith in people. It requires faith in yourself. It requires hope. And it requires a willingness to grow even when it hurts. In *No Pain, No Gains*, through hard-won lessons and personal stories all told with his trademark blend of wit and wisdom, Chip Gaines will coach you on how to make your life rich and your relationships run deep.

Things I Should Have Said - Jamie Lynn Spears 2022-01-18

Now a National Bestseller! In this intimate memoir, actress and musician Jamie Lynn Spears opens up for the first time, telling her unfiltered story on her own terms. You've read the headlines, but you don't know Jamie Lynn Spears. The world first met Jamie Lynn as a child star, when it was her job to perform, both on set and for the press. She spent years escaping into different characters on *All That* and *Zoey 101*. But as she grew up, faced a teen pregnancy, raised her daughter on her own, pursued a career, and learned to stand on her own two feet, the real

Jamie Lynn started to take center stage— a raw, blemished, and imperfect woman, standing in her own power. Despite growing up in one of America's most tabloid-famous families, Jamie Lynn has never told her story in her own words. In *Things I Should Have Said*, she talks frankly about the highs and lows, sharing what it was like traveling the world as a kid, how she moved into acting and performing herself, what life as a child star took from her, and the life-changing reality of becoming a teen mom. She talks about how she finally found love and how the mistakes she has made have taught her more than anything else. She also shares vulnerably about how the ATV accident that nearly took her daughter's life brought her back to her faith and caused her to reevaluate and redirect her life. Frank, courageous, and inspiring, *Things I Should Have Said* is a portrait of a wife, momma, sister, daughter, actress, and musician doing the best she could to show up for herself and teach her daughters to have the courage to love every part of themselves, too.

Chocolate - Sandra Boynton 1982

Demonstrates the nearly infinite variety of expressions of the chocolate lover's passion and gives numerous helpful hints, including how to grow chocolate at home

[The Essential Vegan Keto Cookbook](#) - Editors of Rodale Books 2018-11-20

65 delicious, easy-to-prepare ketogenic recipes for vegans, who can now enjoy the benefits of the diet that is taking the world by storm Who says vegans can't go keto? The most talked-about diet in the world is now reaching a whole new audience with *THE ESSENTIAL VEGAN KETO COOKBOOK*. Featuring 65 low-carbohydrate, high-fat, moderate-protein, vegan recipes, readers who assumed ketogenic eating was off-limits for their lifestyle can now prepare easy, delicious, keto-compliant meals. Try sunflower seed waffles, Tex-Mex cauliflower steaks with guacamole, creamy "cheeseball" bites, and delicious desserts like a macadamia nut mug cake. Including 40 photos, an overview of the ketogenic diet and its main health benefits, and tips on how to meet and track macros, this cookbook includes everything vegans need to know to prepare keto-friendly recipes, without any of the overwhelming extras.

[Full Circle](#) - Andrea Barber 2019-11-12

She grew up in front of the world on the beloved sitcom *Full House*, but then actress Andrea Barber abruptly left Hollywood. Why did she leave and what did she do for twenty years out of the spotlight before returning to television? This is her funny and inspiring memoir of fame, heartache, resilience—and the reboot of a lifetime . . . When Kimmy Gibbler burst into the Tanners' home on *Full House* in 1987, audiences immediately connected with the confident and quirky pre-teen character, played by ten-year-old actress Andrea Barber. During an eight-season run on one of the most popular series of the '80s and '90s, Andrea came of age in front of millions. But she was as far removed from her character as a girl can get. The introverted young star was plagued with self-doubt, insecurities, and debilitating anxieties that left her questioning her identity after the show's cancellation. Andrea wouldn't return to the public eye until 2016, for *Fuller House*. So what happened in those intervening decades that Andrea jokingly calls "the lost years"? For starters, Andrea never stopped working. But it was on a series of life-changing transitions: earning a college degree, then a Master's, building a career in international education, getting married, and starting a family. She also faced some unforeseeable transitions: navigating a sudden divorce after nearly twelve years of marriage, and second-guessing her capabilities as a single mother. But it was her devastating bout with post-partum anxiety and depression that derailed Andrea's life—and became a crucial turning point. *Full Circle* is a raw, refreshingly honest look into the life of a celebrity who has never been fully comfortable in the spotlight. Here Andrea shares her deeply personal struggles with mental health in a way she has never done before. She opens up about fighting her way back and finding solace—while finding herself—all before her life came full circle with her costars and lifelong friends on *Fuller House*. Sharing her journey from child star, to champion of mental health, and back to stardom, Andrea writes in a way that feels like catching up with an old friend. You'll laugh, reminisce, and finally get to know the woman behind the zany next door neighbor.